Harvest of the Month
NY Dairy
November

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

UPK BREAKFAST

NOVEMBER

2 **Bagel, Cream Cheese** String Cheese 1% Milk, Fruits	3 **No School** Supt Conference Day	4 **Yogurt Cup w/ Granola,** 1% Milk, Fruit Juice	5 **Assorted Cereal** Assorted Fruits 1% Milk	6 **Assorted Muffin** String Cheese, 1%Milk, Fruit Juice
9 **Bagel, Cream Cheese** String Cheese 1% Milk, Fruits	10 **Assorted Slice Bread** 1% Milk, Assorted Fruits	11 **No School**	12 **Assorted Cereal** Assorted Fruits 1% Milk	13 **Assorted Muffin** String Cheese 1% Milk, Fruits
16 **Bagel, Cream Cheese** String Cheese 1% Milk, Fruits	17 **Assorted Slice Bread** 1% Milk, Assorted Fruits	18 **Yogurt Cup w/ Granola,** 1% Milk, Fruit Juice NY FOOD DAYS	19 **Assorted Cereal** Assorted Fruits 1% Milk	20 **Assorted Muffin** String Cheese, 1%Milk, Fruit Juice
23 **Bagel, Cream Cheese** String Cheese 1% Milk, Fruits	24 **Assorted Slice Bread** 1% Milk, Assorted Fruits	25	26 **No School**	27
30 **Bagel, Cream Cheese** String Cheese 1% Milk, Fruits				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

This institution is an equal opportunity provider.