Harvest of the Month
NY Dairy
November

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

K-5 BREAKFAST

Confident Learner ★ Responsible Citizen ★ Critical Thinker ★ Adaptable Innovator ★ Effective Communicator

NOVEMBER

2 **Cereal Bar & Yogurt Cup,** Assorted Cereal & String Cheese, Pop- Tart, 1% Milk, Fruits	3 **No School** Supt Conference Day	4 **Maple Butter Snack'n Waffle** Assorted Cereal, String Cheese, Pop-Tart 1% Milk, Fruits	5 **Egg & Cheese Breakfast Roll** Assorted Cereal, String Cheese, Pop-Tart 1% Milk, Fruits	6 **Assorted Sliced Bread** Assorted Cereal & String Cheese, Pop-Tart 1% Milk, Fruit
9 **Bagel, Cream Cheese** Yogurt, Granola String Cheese 1% Milk, Fruits	10 **Egg & Cheese Sandwich Roll** Assorted Cereal & String Cheese, Pop -Tart 1% Milk, Fruits, Juice	11 **No School**	12 **Maple Pancake Chicken Sausage & Cheese Sandwich** Assorted Cereal & String Cheese Pop-Tart, 1% Milk, Fruits	13 **Assorted Muffin** Assorted Cereal & String Cheese, Pop-Tart 1% Milk, Fruits
16 **Cereal Bar & Yogurt Cup,** Assorted Cereal & String Cheese, Pop-Tart, 1% Milk, Fruits	17 **Egg & Cheese Sandwich, Croissant** Assorted Cereal, String Cheese, Pop-Tart 1% Milk, Fruits	18 **Maple Butter Snack'n Waffle** Assorted Cereal, String Cheese, Pop-Tart 1% Milk, Fruits NY FOOD DAYS	19 **Egg & Cheese Breakfast Roll,** Assorted Cereal, String Cheese, Pop-Tart 1% Milk, Fruits	20 **Assorted Sliced Bread** Assorted Cereal & String Cheese, Pop-Tart 1% Milk, Fruit
23 **Bagel, Cream Cheese** Yogurt, Granola String Cheese 1% Milk, Fruits	24 **Egg & Cheese Sandwich Roll** Assorted Cereal & String Cheese, Pop -Tart 1% Milk, Fruits, Juice	25	26 **No School**	27
30 **Cereal Bar & Yogurt Cup,** Assorted Cereal & String Cheese, Pop-Tart, 1% Milk, Fruits				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

This institution is an equal opportunity provider.