November 2026



Southgate Community Schools

Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	3 NO SCHOOL!	4 FRENCH TOAST GRAHAMS (2) CHEESE CUBES (1) RAISINS (1) CHOICE OF MILK (1)	5 CINNAMON TOAST CRUNCH BAR (2) YOGURT CUP (1) FRESH APPLE (1) CHOICE OF MILK (1)	6 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
9 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	10 PUMPKIN BREAD (2) CHEESE CUBES (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	11 WG BAGEL (2) YOGURT CUP (1) DRIED CHERRY CRAISINS (1) CHOICE OF MILK (1)	12 WG MUFFIN (1) TIGER GRAHAMS (1) CLEMENTINE (1) CHOICE OF MILK (1)	13 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
16 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	17 BANANA BREAD (2) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	18 BLUEBERRY BREAD (2) GO-GURT (1) CRUNCHABLES (1) CHOICE OF MILK (1)	19 SOFT BAKED BAR (2) CHEESE CUBES (1) FRESH APPLE (1) CHOICE OF MILK (1)	20 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
23 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	24 MINI BLUEBERRY LOAF (1) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	25 THANKSGIVING BREAK!		
30 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)				

REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!
(ITEM NUMBERS ARE IN BRACKETS)

WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!

STUDENTS CAN TAKE UP TO ONE CUP OF FRUIT FOR BREAKFAST.
FRUIT IS PACKAGED IN 1/2 CUP SERVINGS.