PANTHER NATION

NRHEG Public Schools

SCHOOL AND COMMUNITY ACTIVITIES AND INFORMATION

PROUDLY EMBRACING THE COMMUNITIES OF: NEW RICHLAND, HARTLAND, ELLENDALE, AND GENEVA

2026-2027

NOVEMBER - FEBRUARY ACTIVITIES

FOR ADULTS & CHILDREN



Community EDUCATION
NRHEG Public Schools

Stay Connected with the NRHEG School District!

www.nrheg.k12.mn.us

FACEBOOK

NRHEG Elementary School
NRHEG Secondary School
NRHEG Community Education
NRHEG ECFE

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DISTRICT CONTACT INFORMATION:

Our Mission: *Empowering students with knowledge and skills to succeed.*

Our Vision: *To be the school district of choice, inspiring excellence in academics, arts, and activities.*

DISTRICT OFFICE: Superintendent: Michael Meihak mmeihak@nrheg.k12.mn.us Admin. Assistant: Sarah Wacholz. swacholz@nrheg.k12.mn.us Phone: 507-465-3205 Fax: 507-465-8633	**COMMUNITY EDUCATION:** Director: Macy Whiteside mwhiteside@nrheg.k12.mn.us Phone: 507-417-2667 Fax: 507-465-8633 Assistant: Stacy Hutchens: shutchens@nrheg.k12.mn.us
ELEMENTARY SCHOOL: Elementary Principal: Dr. Kimberly Meyer kimmeyer@nrheg.k12.mn.us Admin. Assistant: Jean Greenwood jgreenwo@nrheg.k12.mn.us Phone: 507-684-3181 Fax: 507-684-2108	**SECONDARY SCHOOL:** Secondary Principal: Grant Berg gberg@nrheg@nrheg.k12.mn.us Admin Assistant: Jordan Carroll jcarroll@nrheg.k12.mn.us Phone: 507-465-3205 Fax: 507-465-8633

ATHLETICS / ACTIVITIES: Athletic Director: Dan Stork dstork@nrheg.k12.mn.us Phone: 507-417-2628	**TRANSPORTATION:** Site Manager: Dan Schmidt dschmidt@nrheg.k12.mn.us Phone: 507-417-2644	**FOOD SERVICE:** Director: Sarah Meihak smeihak@nrheg.k12.mn.us Phone: 507-417-2633

How to Become a Community Education Instructor:
Do you have a special talent or skill to share with others?

Every year NRHEG Community Education seeks individuals to hire as independent contractors to instruct our classes (youth or adult). While some of our instructors are professionals, we actively recruit people who have hobbies or expertise in an area, which can be developed into a class or workshop! Currently, we are looking for a co-dance instructor for our Youth Dance Program (serves approx. 65 children per season) located in New Richland or Ellendale for our surrounding communities!

Call Macy at (507) 417-2667, email: mwhiteside@nrheg.k12.mn.us or stop in-person (Monday-Thursday 8:00-3:00pm at the New Richland Secondary School) to learn more about our instructor qualifications and responsibilities.

NRHEG District Newsletter November 2026

A Letter from the Superintendent

A Great Start. Let's Keep It Going.



We have a lot to feel good about at NRHEG. Our school year is off to a great start, and it has been exciting to see our students learning, growing, and finding their place. That growth takes many forms: stronger academic skills, more confidence, new friendships, greater responsibility, and the willingness to try something difficult. There is plenty to be proud of, and plenty more to look forward to.

The excitement of a new school year has settled into familiar routines, and the long days of winter are approaching. This is when we need to be intentional about keeping our energy and expectations strong. It can be tempting to settle in and simply get through the next few months until spring brings a fresh round of excitement. But these months matter. Every lesson, every conversation, and every opportunity to encourage or challenge a student can make a difference. Our students deserve our best effort in the middle of winter just as much as they do on the first day of school.

Our school board will have a new look as new members join, but its work remains the same: representing our communities and making thoughtful decisions that serve our students. Part of that responsibility is providing financial oversight and planning for the district's future. As costs continue to rise and funding struggles to keep pace, that work will require many thoughtful considerations, some immediate and some long-term. Through it all, providing the best education we can for our students will remain the priority, and we will keep our communities informed along the way.

Before we know it, we will reach the halfway point of the school year and ask where the time has gone. Let's remember to appreciate the days along the way. Celebrate the progress. Enjoy the concert, the game, the classroom accomplishment, or the conversation around the supper table. Those everyday moments deserve our attention.

Our promise is to give our best every day, keep looking for ways to improve, and never become satisfied with doing something simply because that is how it has always been done. Together, our staff, families, students, and communities can keep building on NRHEG's proud tradition through improvement, respect, and Panther Pride.

Thank you for being part of that work. Proud to be a Panther!

Mike Meihak
Superintendent

What can be found on our website, nrheg.k12.mn.us/pages/NRHEG

*Important information for Parents & Students like our: *Back to School Information *Student Handbooks *School Supply Lists *JMC Parent Access *High School Registration Manual *1:1 Mobile Device Orientation, Forms & Fees *Activities Calendar *Staff directory with Phone Numbers & Email Addresses *Meet the Teachers *Lunch Payment *Lunch Menus *Announcements *Forms from the Nurse *Inclement Weather Information *Contact Us *Transpiration Information *Environmental, Health & Safety Notices *Employment*

Select District or Select a School, navigate the site or for assistance call Sarah Wacholz at 507-465-3205 for help locating just what you are looking for. It's all THERE!



What is Community Education?

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.

Services

LIFE LONG LEARNING

Youth & Adult Programming
Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

Early Childhood Services

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

Facilities Rental
Need gathering space? We have it!

Youth Development Scholarships: Through the generous donation from the EF Johnson Foundation, we are able to offer $75.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at mwhiteside@nrheg.k12.mn.us! *Income eligibility based off of the free/reduced lunch scale.*

SCHOLARSHIP

Facility Scheduling & Requests

Requests for the use of school facilities are made through the Community Education Office.

Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education.

A minimum of three week notice for use of facilities is required.

BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call:
507-417-2667

email: mwhiteside@nrheg.k12.mn.us

BIRTHDAY PARTY GYM RENTAL

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is $65 for 2 hours of gym time for free play/games and cafeteria time to eat.

Call 507-417-2667 or email mwhiteside@nrheg.k12.mn.us to check on gym availability (Ellendale or New Richland) and to schedule your party!

COOKIES with SANTA





Saturday, November 28, 2026
9:30 AM - 12:00 PM

Stop by any time!
Santa & Mrs. Claus will join us from 10:00-11:30 AM.

Bring your camera & take a picture with Santa & Mrs. Claus (10:00-11:30 AM)

ACTIVITIES WILL INCLUDE...

- Letters to Santa
- Crafts
- Cookie Decorating
- Reindeer Food
- Gift Market
- Fun Games

New Richland School • 306 Ash Ave. South. (enter door #1E)



GRANDPARENT'S NIGHT

Children Ages: 2 ½ - 5 YEARS OLD

A special time for grandma and/or grandpa (or special grandparent-like friend) to spend time with their favorite preschooler!

We will play board games, read books, have a snack, and make a craft together while making each other feel extra-special, as usual!

NEW RICHLAND
Thursday, Jan. 28
6:00 - 7:15 p.m.
Enter through Door #1E
Pre-registration due by January 21.

ELLENDALE
Thursday, Feb. 11
6:00 - 7:15 p.m.
Enter through north doors, #1N.
Pre-registration due by February 4.

AGES:
2 ½ - 5 YEARS OLD

COST:
FREE!

MUST PRE-REGISTER so we can get an attendance number for planning purposes.



IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at www.nrheg.k12.mn.us under the community education tab.

help me CONNECT

A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.

MINNESOTA Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/

help me GROW

Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

- Help Me. Grow provides. Resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.
- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service. agencies.

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.

Early Childhood SCREENING

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507-417-2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: March 12 & April 17, 2027 at the United Methodist Church in Ellendale

NRHEG ECFE
Early Childhood Family Education

Strong Families Brighter Futures
Support ♥ Play ♥ Learn ♥ Connect

ECFE is a NRHEG Public Schools program for families with children birth to age 5 (not yet enrolled in kindergarten).

We provide parenting information and support through classes, preschool options, and activities that help children build school readiness skills while families make connections.

WHAT HAPPENS AT ECFE?

Parent-Child Activity Time
Explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher.

Parent Education Time
Connect with other parents and caregivers while a licensed parent educator shares information about child development, parenting techniques, and common concerns.

Children's Activity Time
Children learn with early childhood staff, practice social skills, enjoy snacks, crafts, stories, music, and more time playing with peers.



FEATURED CLASS – REGISTER TODAY!

Adventures in Parenting

A FUN, SUPPORTIVE ECFE CLASS FOR PRESCHOOLERS AGES 2½–5 and their parents, grandparents, or caregivers.

Children will play, create, learn, and make friends while adults connect and share ideas about the topics that matter most to families.

PARENT DISCUSSION TOPICS MAY INCLUDE:
- ♥ Child development
- ♥ School readiness
- ♥ Temperament
- ♥ Guiding behavior
- ♥ Sibling relationships
- ♥ Parenting challenges & more!

THURSDAYS
March 11 & 18
April 1, 8, 22 & 29
May 6

TIME
5:45 – 7:15 pm

LOCATION
New Richland Secondary School, Room #C115
Enter through the south doors #2S by the playground.

NRHEG School Age Care





PLAY • LEARN • MAKE FRIENDS • BELONG

HOURS:
6:45 am – 5:45 pm
Monday – Friday

NEW RICHLAND & ELLENDALE SCHOOLS

Register anytime!

Ages 3 years through 5th grade



All-Day Care for Ages 3–5
Available for children ages 3–5 years old in New Richland & Ellendale (enrolled in Panther Preschool)



Before & After School Care
For B/K – 5th grade in Ellendale and New Richland Schools

- ★ Preschool aged Before & After-School all-day Care
- ★ B/K – 5th grade Before & After-School Care
- ★ Kindergarten Readiness Support
- ★ Homework help upon request
- ★ Fun, Recreational Activities
- ★ Breakfast & Snacks Included
- ★ Care on Non-School & Summer Days
- ★ Arts & Crafts



Cost varies based on your hours needed per week.

Please call or email Macy for more information.
507-417-2667 | mwhiteside@nrheg.k12.mn.us

Visit our website:
www.nrheg.k12.mn.us/Page/3214
Ages 3 years through 5th grade.
New Richland and Ellendale schools.

Ellendale Elementary School Information

REMINDERS OF UPCOMING DATES & EVENTS:







NOVEMBER

5 & 6 – no school (teacher planning & staff development day)
10 & 12 – Parent/Teacher Conferences
26 & 27 No School – Thanksgiving

DECEMBER

14 – Holiday Concert, 6:00pm for grades B/K-2, 7:00pm for grades 3-5
23 – Jan. 1 No School, Winter break

JANUARY

1 – No School, Winter break
22 – No School (teacher planning day)

FEBRUARY

9 & 11 – Parent/Teacher Conferences
15 – No School, President's Day



AFTER-SCHOOL LEGO® CLUB

Grades: 1-5

Calling all LEGO® Masters! We can't wait to see all your magnificent creations at LEGO® Club

What is LEGO® Club? Our LEGO® Club is all about sharing your ideas and creating new and fantastical creatures, vehicles, and structures. There will be time for imaginative creations along with individual and group challenges and contests to put your STEAM skills to the test!

Fall/Winter Session Dates:

Grades 1-2: Tues. Jan 5, Feb. 9, March 9
Grades 3-5: Thurs. Jan. 21 & Feb. 18, Fri. March 19

Time: 3:05-4:15pm.

Location: Ellendale Media Center.

Cost: $5.00 per person for all 3 sessions

Register by: Monday December 28







Grades: 3-5 Instructor: Macy W.

The school year is now in full swing and that may mean your child will be home alone for an extended period of time until you get home from work or an outing. Whether left alone for an hour or a few hours a day, your child should feel comfortable being alone. This workshop for children will address several topics relating to being "Home Alone". You also get your own first aid kit to bring home with you!

Date: Tuesday, Feb. 23

Location: Ellendale Media Center

Time: 3:15-5:15pm

Cost: $28 per student

Register by: Wed. Feb. 15

NRHEG Sideline Cheer FUNDRAISER

DATE NIGHT

Daycare

Teat yourseli to a kids free Night

Bring your kids to hang out with he sideline cheer team. We will be playing games, watching movies, doing crafts and even having pizza and pop corn.

From grades Kindergarten to 6th grade

1 Kid = $25

1 Kid $25 + Siblings each $15 = Deal

4pm To 7pm	NRHEG Secondary School	Dec 12th



Cheer Camp

Our Sideline Cheer Camp offers learning sideline and crowd cheers and learning to stunt. You will also be cheering during a NRHEG Girls Basketball Game, with the sideline cheer team.
They will cheer until half time with the cheer team on the stage.
Camp is open to 2nd- 6th grade. Learn and cheer with the team!
25$ Per Kid
Use QR Code to sign up!

Contact information:
Mercedes Dettler
6053765200
Mdettler@nrheg.k12.mn.us

PRACTICE: FEB 4 3:30 TO 5
GAME: FEB 5TH 6:00

Practice: NRHEG Elemeray Cafeteria
Game: NRHEG HS Gym Meet in Commons

NRHEG Sideline Cheer FUNDRAISER



Urban Air
ADVENTURE PARK
APPLE VALLEY, MN

YOUTH BUS TRIP

MONDAY, MARCH 15TH
(NON-SCHOOL DAY)

2ND–6TH GRADE

10:15 AM – 12:45 PM
AT URBAN AIR – APPLE VALLEY, MN

BUS SCHEDULE

Leaves New Richland at 8:30 AM
(east side of the school)

Pickup in Ellendale at 8:50 AM
(east side of the school)

Return to Ellendale approximately 2:15 PM

Return to New Richland approximately 2:30 PM

ULTIMATE WRIST BAND
INCLUDES ALL ATTRACTIONS:

- Trampolines
- Ninja Warrior Course
- Ropes Course
- Zip Line
- Climbing Walls
- Warrior Battle Beam
- Wipeout
- Tubes Playground
- Drop Zone
- Dodgeball
- Slam Dunk Zone
- Sky Rider Coaster
- Virtual Reality

$47 PER PERSON

COST INCLUDES:

2 slices of pizza | Chips | A bottle of water

Kids can bring extra money for concessions if they want.

WE NEED A MINIMUM OF 51 PARTICIPANTS REGISTERED IN ORDER TO GO!

Tell your friends so they can sign up too!

PAPER WAIVER REQUIRED

A paper waiver must be signed if you plan to register.

Paper waivers are located in the Ellendale School Office, in the New Richland Community Ed Office, or email Macy at **mwhiteside@nrheg.k12.mn.us.**

ADULT CHAPERONES NEEDED!

If you are interested in volunteering and are selected as a chaperone, you will receive one free child admission!

MINI HOOPER Basketball

SUNDAY SESSIONS



We are so excited to announce the third year of our Mini Hoopers Sunday Sessions!

Our goal is to introduce young athletes to the game of basketball by teaching the fundamental skills and basic rules of the game while helping them develop a love for basketball. We also want to encourage hard work, great sportsmanship, teamwork, and most importantly, have fun!

This year's program includes eight Sunday practices held from November through January. We have built in a few Sundays off to accommodate holidays and other scheduling conflicts.

We can't wait to get our Mini Hoopers back in the gym and begin another fun season!

DATES	November 22nd December 6th, 13th, and 20th January 10th, 17th, 24th, 31st
TIME	1:30 – 3:00 pm
LOCATION	NRHEG Middle School Gym *Enter Door 6W on the West Side of the School*
COST	$40



REGISTER HERE

- Please click the registration button to si… your child up for Mini Hoopers.
  Registration is not complete until payn…
- Please send your check to NRHEG Community Education, attention Macy Whiteside, or drop it off at the school office.

STUNT ★ JUMP ★ CHEER

A COMMUNITY EDUCATION CHEER SKILLS CLASS



Calling all kids in grades 2–6 who want to learn more about cheer!

Join us for Stunt, Jump & Cheer, a fun, hands-on Community Education class where participants will learn and practice beginner cheerleading skills, including stunts, jumps, motions, cheers, and teamwork.

No previous cheer experience is necessary!

PARTICIPANTS WILL:

- Learn beginner stunts
- Practice jumps and motions
- Learn cheers
- Build teamwork and confidence
- Have fun with cheer!



GRADES
2–6th grade

FEE
$60.00
Includes a T-shirt and bow!
Checks made out to "NRHEG Cheer Boosters"

PRACTICE DATES
Tuesday, January 5
Meet in the Ellendale Cafeteria
Tuesday, January 12
Meet in the Ellendale North Gym
3:30 – 5:30 p.m.

GAME NIGHT SHOWCASE
Thursday, January 14
You get to show off your stunts and kicks at the JV Girls Basketball Game!
Game starts at 5:45 p.m.
Be there at 6:00 p.m.

WHAT TO BRING
- Wear clothes for physical activity
- Tennis shoes
- Bring a water bottle and snack.

REGISTER HERE!
Registration deadline: Tuesday, December 1

BEAUTY Basics

BEAUTY & GLAM SESSION
FOR GIRLS IN GRADES 1–5



THURSDAY, DECEMBER 3
3:30 – 5:00 PM

Join Lori Arnold with Mary Kay for a fun, after-school glam session!

No makeup experience needed — just come ready to have fun!

WHAT YOU'LL DO:

- Learn the basics of taking care of your skin
- Practice simple, healthy skincare habits
- Try some cute, age-appropriate makeup
- Experiment with fun colors and products
- Enjoy a relaxed afternoon with friends!





LOCATION: New Richland Community Education Office, Room #C113

COST: $25 per person

$20 goes toward a product purchase of your choice. Additional products will also be available for purchase after class.

REGISTER BY NOV. 25

Hosted by Lori Arnold with Mary Kay

SKINCARE ♥ MAKEUP ♥ CONFIDENCE ♥ FUN.

DISCOVER Your Glow

BEAUTY & GLAM SESSION
FOR GIRLS IN GRADES 6–12

SKINCARE ♥ MAKEUP ♥ CONFIDENCE ♥ FUN

TUESDAY, MARCH 2
3:30 – 5:00 PM

Hosted by Lori Arnold with Mary Kay

Discover your glow — skincare and age-appropriate glam session!

WHAT YOU'LL DO:

- Learn simple skincare basics
- Practice healthy skin habits
- Try a light, natural glam look
- Experiment with eyeshadow
- Add a touch of blush
- Finish with lip gloss



LOCATION: New Richland Community Education Office, Room #C113

COST: $25 per person

$20 goes toward a product purchase of your choice. Additional products will also be available for purchase after class.

REGISTER BY FEB. 22

Hosted by Lori Arnold with Mary Kay

Come learn a few beauty basics, discover what works for you, and have some fun with friends!



TRAP SHOOTING

Grades 6-12

Available in both fall and spring. Athletes must have a valid firearm safety certificate or be working toward one. A league-approved safety certification is also available. Athletes must provide an appropriate firearm and safety equipment. Team fees cover targets, jerseys, registration, and other miscellaneous expenses.

FALL LEAGUE

Begins in mid-Sept and runs for 6 weeks. No state shoot at the end. Great for students wanting to try the sport before Spring League.

SPRING LEAGUE

Weekly shoots begin the first week of April and continue through the MSHSL State Tournament in late June.

LOCATION

All shoots are held at the Owatonna Gun Club, 2 miles south of Hope. State shoots are held in Alexandria, MN, and the tournament is in Prior Lake. Some spring invitationals are also held at other area clubs.

Questions? Contact Dan Sorum

507-417-2627

dsorum@nrheg.k12.mn.us

To be placed on the team mailing list, contact Mr. Sorum with your contact information at any time during the year. Registration is conducted through the team, so do not bring fees or forms to the district office.

SECONDARY SCHOOL INFORMATION

REMINDERS OF UPCOMING DATES & EVENTS







NOVEMBER

5 & 6 – No school (teacher planning & staff development day)
26 & 27 No School – Thanksgiving

DECEMBER

7 – Band/Choir Concert
23 – Jan. 1 No School, Winter break

JANUARY

1 – No School, Winter break
22 – No School (teacher planning day)

FEBRUARY

15 – No School, President's Day

WINTER SPORTS

Information for 7-12TH Grade Students



BOYS BASKETBALL
GIRLS BASKETBALL
BOYS AND GIRLS WRESTLING
SIDELINE CHEER
BOYS/GIRLS HOCKEY (co-op with Waseca)
GYMNASTICS (co-op with Waseca)
DANCE (co-op with Albert Lea)

Registration information has been sent out through JMC email for all 9-12th grade families.

More information can be found at:
https://secondary.nrheg.k12.mn.us/ - click on Athletics/Activities

NRHEG PICKLEBALL ★ LEAGUE ★

ADULT PICKLEBALL LEAGUE

WEDNESDAY NIGHTS

STARTING DECEMBER 2ND

6:00 PM

GOOD GAMES.
GREAT PEOPLE.
STRONGER COMMUNITY.



8-WEEK REGULAR SEASON
Play every team in your group (2 games per night, with a break in between games).

2-WEEK PLAYOFFS
All teams make the playoffs!

3 SKILL LEVELS
Beginner, Intermediate, Advanced

T-SHIRTS
Will be available for purchase soon!

IMPORTANT DATES & LOCATION

OPTIONAL PRACTICE WEEKS	November 11th, 18th, and 25th
COMPETITION WEEKS	December 2nd, 9th, 16th January 6th, 13th, 20th, 27th February 3rd
PLAYOFF WEEKS	February 10th and 17th
LOCATION	New Richland School
REGISTRATION DEADLINE	November 20th, 2026

REGISTRATION DETAILS

$15 PER PERSON

- **Registration deadline: November 20th, 2026.**
- **Minimum of 6 teams needed for the league to take place.**
- **Maximum of 16 teams can register.**
- **Teams will be scheduled according to experience levels (Beginner, Intermediate, Advanced) the best we can, while still building a league schedule that leads to an end of season tournament. This will be dependent on interest level and registration numbers.**

YOU PROVIDE YOUR OWN PADDLES
Balls will be available.

SCHEDULES
Made after registration is complete and provided to each team's contact person.

MAKE-UP GAMES
Can be rescheduled for a mutually agreed upon date and time. A substitute player, of equal or lesser ability, may be used in order to play the game on the scheduled night.

COURT TIME
We will also look to offer additional court time on nights/Saturdays or Sundays during the season when space allows.

SCAN TO REGISTER

Registration and payment details are available online.
Sign up today – spots are limited!

NRHEG PICKLEBALL ★ LEAGUE ★

ADULT PICKLEBALL LEAGUE

TEAM REGISTRATION FORM

REGISTRATION DEADLINE: NOVEMBER 20, 2026

Completed forms can be sent to:
Michael Meihak
306 Ash Ave. S., New Richland, MN 56072
or dropped off at the district office.

TEAM INFORMATION

Team Name: _____

Skill Level (check one): ☐ Beginner ☐ Intermediate ☐ Advanced

We will do our best to schedule teams according to experience levels, while still building a league schedule that leads to an end of season tournament. Final divisions will be based on registration numbers.

PLAYER 1 – TEAM CONTACT (Must be at least 18 years old)

Name: _____

Phone: _____ Email: _____

PLAYER 2

Name: _____

Phone: _____ Email: _____

INFORMATION & AGREEMENT

- Registration fee is $15 per person (payment details available online or with form submission).
- Minimum of 6 teams are needed for the league to take place.
- Maximum of 16 teams can register.
- Games will be played on Wednesday nights starting December 2, 2026 (2 games per night, with a break in between).
- Optional practice weeks: November 11th, 18th, and 25th.
- Competition weeks: December 2nd, 9th, 16th, January 6th, 13th, 20th, 27th, February 3rd.
- Playoff weeks: February 10th and 17th.
- Schedules will be made after registration is complete and provided to each team's contact person.
- Make-up games can be rescheduled for a mutually agreed upon date and time. A substitute player, of equal or lesser ability, may be used in order to play the game on the scheduled night.
- We will also look to offer court time on available Saturdays or Sundays during the season when space allows.
- Participants must provide their own paddles. Balls will be available.
- T-Shirts will be available for purchase soon.

RELEASE & WAIVER (Both players must read and sign)

We acknowledge that participation in the NRHEG Adult Pickleball League involves physical activity and may involve risk of injury. We voluntarily assume all risks associated with participation and agree that Independent School District No. 2168, its school board members, employees, and volunteers are not liable for any injuries, loss, or damage that may occur while participating in the league.

Player 1 Signature: _____ **Date:** _____

Player 2 Signature: _____ **Date:** _____

PICKUP BASKETBALL



ALL ARE WELCOME!
Ages 13 and older

Join us for a relaxed, fun time of open gym basketball!
Games are player-run and open to anyone ages 13 and older.
Schedules could vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules.
We typically play Sundays!
Feel free to bring your own basketballs!

Check weekly times, dates & locations	$3 at the door	Ages 13 and older	Leader: John McGinnis

Please join our Facebook group **"NRHEG Pickup Basketball"** to find the times, dates and locations each week.

POWER HOUR
Total Body Fitness
STRENGTH • CARDIO • CORE • MOBILITY



ALL FITNESS LEVELS ARE WELCOME!

Join Emily for a unique & customized group workout experience!
She understands that every person is unique and every goal is personal, so by working together we can build healthy, happy people!

Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

STRENGTH TRAINING | CARDIO WORKOUTS | CORE & MOBILITY | SUPPORTIVE ENVIRONMENT | BUILD A HEALTHIER, HAPPIER YOU!

Class Sessions

Session 9:	Nov. 2 – Dec. 31	**$85** per person
Session 1:	Jan. 1 – Feb. 26	**$75** per person
Session 2:	March 1 – April 30	**$85** per person

PANTHER Walking PROGRAM



Join us for the walking program in the New Richland or Ellendale building!

You will need a **Panther walking badge**, which must be worn while walking.

Please drop off the registration form when registering so you can pick up your button.

Time:
6:45-7:30am and/or 3:30-7:30pm

Dates:
Only available on school-days.

Cost:
$5 per person each year to join regardless of when registering.

Forms can be turned in at the Ellendale or New Richland School office or call 507-417-2667.

Active Aging Programs

Catholic Charities of Southern Minnesota

STAY ACTIVE & INDEPENDENT FOR LIFE

DO YOU WISH YOU COULD IMPROVE YOUR STRENGTH, CALANCE, AND FLEXIBILITY?
DO YOU WANT TO DECREASE YOUR RISK OF FALLING?

THIS FREE EXERCISE PROGRAM IS FOR YOU!

Stay Active & Independent for Life (SAIL) is an evidence-based exercise program proven to prevent falls and improve health and well-being.

Designed for older adults, SAIL classes include strength, balance, flexibility, and moderate aerobic training. Performing exercises that improve strength, balance, and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.

Contact Kerri with questions or to pre-register: 507-458-9687
kkennedy@ccsomn.org

MONDAY - WEDNESDAY - FRIDAY
9:00-10:00 AM

TRINITY LUTHERAN CHURCH
204 FIRST STREET NW



New Richland Commercial Club Upcoming Events

TURKEY BINGO

Saturday, Nov. 14
7:00 PM
(doors open at 6:30 PM)
at New Richland City Hall

Win a turkey for your Thanksgiving dinner!

15 Games and a Black Out for $15 per card!

B I N G O

Cookies with Santa

Saturday, Nov. 28
9:30 AM – 12:00 PM
at the NRHEG Secondary School

Take your picture with Santa & Mrs. Claus anytime from 10am-11:30am!

SHOP LOCAL

Small Business Saturday

Saturday, Nov. 28

Check out all the holiday deals at your local small businesses!

NEW RICHLAND AMBULANCE

CPR & FIRST AID TRAINING

Get certified. Save a life. You'll be glad you did.

American Heart Association®

CPR & First Aid

$95 PER PERSON



If you are interested in training:

Message the New Richland Ambulance Facebook page

Email
nramb@cityofnewrichlandmn.gov

Call
507-475-8410

Community Education Registration Form
(Please 1 REGISTRATION FORM PER PERSON)

Participant Name: _____

Address: _____ City: _____ Zip code: _____

E-mail address: _____
(email is NECESSARY for updates and notifications of class information)

Phone: home_____ Work_____ Cell_____

1. Class/Activity Title: _____

Date_____ Fee_____ Session(if applicable)_____

2. Class/Activity Title: _____

Date_____ Fee_____ Session(if applicable)_____

3. Class/Activity Title: _____

Date_____ Fee_____ Session(if applicable)_____

How will your child be getting home after class/activity is complete(who will pick up)? _____

Where will my child be picked up & dropped off at (bus trips only)? _____

TOTAL AMOUNT ENCLOSED: _____ CHECK #(s) _____

PARTICIPANT EMERGENCY CONTACT INFORMATION

STUDENT GRADE:_____ AGE:_____ ALLERGIES:_____

PERTINENT MEDICAL INFORMATION: _____

1. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL PHONE: _____

2. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL PHONE: _____

RETURN FORM TO:
NRHEG Community Education
306 Ash Ave. South, New Richland, MN 56072

Make checks payable to:
NRHEG Community Education. Please send separate checks for sports/trips & enrichment classes

You will be registered when the payment is received. If the class is cancelled, all checks will be returned.

COMMUNITY ED. REGISTRATION POLICIES

REGISTRATION INFORMATION

*Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.

*Classes without enough participants will be cancelled

*Classes are filled on a first-come, first-served basis. Waiting lists will be formed once classes are full.

*Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.

*At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

REGISTRATION FEES

*Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

TRANSPORTATION

*Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.

CANCELLATIONS

*In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

SCHOLARSHIP INFORMATION

*Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to $15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than $15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person I the Community Ed office and show SCHA card at the time of registration.

SOUTH COUNTRY HEALTH ALLIANCE
Bringing Wellness Home

REFUNDS

*If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.

*In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

PHOTOGRAPHY DATA

*Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667

Does your child get FREE and reduced lunches? If so, they qualify for DISCOUNTS on our classes! Stop into the Community Ed Office (C113 Secondary Building) or email mwhiteside@nrheg.k12.mn.us today and fill out some paperwork!

That's Community Ed!

NRHEG Public School District #2168
Community Education
Macy Whiteside, Director
https://www.nrheg.k12.mn.us/domain/49
507-417-2667
mwhiteside@nrheg.k12.mn.us

$3 OFF

On any class! When registering, present or mail this coupon with your registration. Valid for one-time use only between Oct-Dec 2026 One coupon per person. Excludes previously purchased classes.

COUPON

NRHEG School District 2168
306 Ash Ave. South
New Richland, MN 56072

Non-Profit Organization
U.S. Postage Paid
Permit No. 1
New Richland, MN 56072

Postal Customer

NRHEG COMMUNITY EDUCATION

Fall/Winter 2026-2027 District Brochure

School 2026-2027 Office Hours:

District Office: School year: Monday-Friday 7:30-4:00pm.

Elementary School Office: School year: Monday-Friday 7:30-4:00pm

Community Education: School year: Monday-Friday 8:00-3:30pm.

**contact District Office if CE Office is unavailable/closed*