GSIS KNIGHTS

Gyeonggi Suwon International School Menu

NOVEMBER

	Mon (11.2)	Tue (11.3)	Wed (11.4)	Thu (11.5)	Fri (11.6)
KOREAN MENU	• Rosé Braised Chicken w/ Flat Glass Noodles (1,2,4,5,12,13) • Vegetable Rice w/ Seaweed Flakes (4) /White Rice • Bean Sprout Soup(1,2,4,5,12,13) • Flat Dumplings w/ Spicy Vegetable Salad (2,4,5,8,12,13,15,17) • Pickled Radish (17) • Kimchi / White Kimchi (7)	• Braised Pork and Kimchi (1,2,4,5,8,12,13,19) (ES- Dumpling Soup (1,2,4,5,8,12,13,19)) • White Rice • Steamed Egg (1,2,4,5,8,12) • Soy-Braised Beans (4,5) • Seasoned Mung Bean Sprouts w/ Crab Meat (1,4,5,12) • Radish Kimchi/White Kimchi (7)	• Braised Pork Ribs (1,2,4,5,8,12,13) (ES-Braised Boneless Pork Ribs (1,2,4,5,8,12,13)) • White Rice • Korean Soybean Paste Soup (1,2,4,5,12,13) • Zucchini Pancakes (4,5) • Yuzu Green Salad (4,5) • Radish Kimchi / White Kimchi (7)	• Stir-Fried Pork &Aged Kimch (1,2,4,5,7,12,13) (ES-ES-Soy Sauce Stir-Fried Pork (1,2,4,5,12,13)) • White Rice • Soft Tofu Soup (1,2,4,5,12,13) • Stir-Fried Shredded Potatoes (4) • Seasoned Swiss Chard (4,5) • Radish Kimchi / White Kimchi (7)	• Korean Chicken Noodle Soup (1,2,4,5,12,13) • Multi-grain rice/White rice • Steamed Dumplings (1,2,4,5,8,13) • Lotus Root Salad & Sesame Dressing (1,2,4,5) • Fresh Kimchi / White Kimchi (7)
International Menu	• BBQ Pork Chop Steak (1,2,4,5,8,10,12,13,17) • White Rice • Cream Mushroom Soup (1,2,4,5,12,13,19) • Couscous Salad (4,5,10,17)	• Grilled Chicken Tacos (1,2,4,5,12,13) • Sour Cream (2) & Salsa Sauce (4,5,10) • Shoestring Fries (4) & Ketchup (10) • Cucumber & Tomato Salad (4,5,10,17)	• Made-to-Order Yaki Soba (1,4,5,10,12,13,15) • Potato Croquettes (4,5) • Japanese-Style Cucumber Salad (4,5,10,17)	• Curry Oven Roasted Chicken (1,2,4,5,10,12,13,15,17) • White Rice • Cream Onion Soup (1,2,4,5,12,13) • Sautéed Vegetables (4,5)	• Roast Pork (4,8) & Gravy Sauce (1,2,4,5,10,13,15,17) • White Rice • Corn Chowder (1,2,4,5,12,13,15) • Mushroom & Onion (4,5,19)

	Mon (11.9)	Tue (11.10)	Wed (11.11)	Thu (11.12)	Fri (11.13)
KOREAN MENU	• Korean Spicy Stir-Fried Chicken (1,2,4,5,12,13) (ES- Korean Spicy Stir-Fried Chicken (1,2,4,5,12,13)) • White Rice • Dried Pollock Soup (1,2,4,5,12,13) • Buckwheat Crepe (1,2,4,5,7,8,13,16) • Stir-Fried Seaweed Stems (4,5) • Kimchi / White Kimchi (7)	• Charcoal Grilled Pork Stir-Fried Pork (1,2,4,5,8,12,13) (ES-Soy Sauce Stir-Fried Pork (1,2,4,5,8,12,13)) • White Rice • Swiss Chard Soybean Paste Soup (1,2,4,5,12,13) • Roasted Green Seaweed • Seasoned Soybean Sprouts (4,5) • Kimchi / White Kimchi (7)	• Boneless Korean BBQ Chicken (1,2,4,5,12,13) (ES-Boneless Teriyaki Chicken (1,2,4,5,12,13)) • White Rice • Seaweed Soup (1,2,4,5,12,13) • Braised Fish Cake Balls (4,5) • Pickled Stem Lettuce (4,5) • Kimchi / White Kimchi (7)	• Korean Army Stew (1,2,4,5,7,8,10,12,13) • Multi-grain rice/White rice • Breaded Fish Cutlet (4,5) & Tartar Sauce (1,2,4,5) • Braised Potatoes (4,5) • Kimchi / White Kimchi (7)	• Spicy Charcoal-Grilled Squid Rice Bowl (1,2,4,5,12,13,14) (ES-Soy Sauce Charcoal-Grilled Squid Rice Bowl (1,2,4,5,12,13,14)) • White Rice • Kelp Radish Soup (1,2,4,5,12,13) • Fried Egg (1,4) • Stir-Fried Zucchini (4,5) • Kimchi / White Kimchi (7)
International Menu	• Pork Fricassee (1,2,4,5,8,12,13) • White Rice • Grilled Vegetables (4)	• Cream Lemon Chicken (1,2,4,5,12,13) • White Rice • Yellow Peach Salad (9)	• Pork Vindaloo Curry (1,2,4,5,12,13,15) • Turmeric Rice / White Rice • Pita Bread (5) • Indian-Style Salad (2,4)	• Grilled Chicken (4,12) & Chimichurri Sauce (4) • White Rice • Cream Soup (1,2,4,5,12,13) • Sautéed Mixed Vegetables (4)	• Chashu Ramen (1,2,4,5,8,12,13,15) • Okonomiyaki (1,2,4,5,12,13,14,15) • Pickled Shallots & Pickled Ginger (17)

FOOD ALLERGY NOTICE

1 Egg 2 Milk 3 Peanut 4 Soybean 5 Wheat 6 Mackerel 7 Shrimp 8 Pork 9 Peach 10 Tomato 11 Walnut 12 Chicken 13 Beef 14 Squid 15 Shellfish 16 Buckwheat 17 Sulfite 18 Crab 19 Mushroom 20 Apple

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NOVEMBER

	Mon (11.16)	Tue (11.17)	Wed (11.18)	Thu (11.19)	Fri (11.20)
KOREAN MENU	• Shabu Dumpling Hot Pot (1,2,4,5,8,12,13) (ES- Shabu Dumpling Soup (1,2,4,5,8,12,13)) • Multi-grain rice/White rice • Kimchi Pancake (4,5,7) (ES-Shredded Potato Pancake (4,5)) • Seasoned Broccoli w/ Sesame Dressing (1,4,5) • Cucumber Salad (4,5,17) • Radish Kimchi / White Kimchi (7)	• Spicy Stir-Fried Chicken w/ Cheese (1,2,4,5,12,13) (ES- Soy Sauce Grilled Chicken w/ Cheese (1,2,4,5,12,13)) • Multi-grain rice/White rice • Bean Sprout Soup (1,2,4,5,12,13) • Soft Tofu (4) & Soy Sauce (4,5) • Braised Lotus Root (4,5) • Kimchi / White Kimchi (7)	• Jeonju Bibimbap (4,5) / White Rice • Fried Egg (1,4) • Radish Soup w/ Perilla Seeds (1,2,4,5,12,13,16) • Homemade Korean Grilled Patties (1,2,4,5,12,13,15) • Seasoned Chicory Salad (4,5) • Kimchi / White Kimchi (7)	• Garlic Bossam (4,5,8) (ES-Bossam (4,5,8)) • White Rice • Young Napa Cabbage Soybean Paste Soup (1,2,4,5,12,13) • Spicy Buckwheat Noodles (1,2,4,5,12,13,16) (ES-Soy Sauce Buckwheat Noodles (1,2,4,5,12,13,16)) • Spicy Seasoned Dried Radish (7) (ES-Pickled Radish (4,5)) • Kimchi / White Kimchi (7)	• Andong-Style Braised Chicken (1,4,5,12,13) (ES-Boneless Braised Chicken (1,4,5,12,13)) • White Rice • Beef & Radish Soup (1,4,5,12,13) • Stir-Fried Fish Cakes (4,5) • Young Radish Greens w/Soybean Paste (4,5) • Kimchi / White Kimchi (7)
International Menu	• Half-and-Half Tacos (2,4,5,8,12) • Sour Cream (2) & Salsa Sauce (4,5,10) • Potato Wedges (4) & Ketchup (10) • Pickled Cabbage (17)	• Black Bean Sauce Noodles (1,2,4,5,8,12,13) • Fried Dumplings (4,5,8) • Chinese-Style Cucumber Salad (4,5,17)	• Aglio e Olio (1,4,5,8,10,12,13) • Rusk (1,4,5,12) • Caesar Salad (1,2,4,5,8,10,13)	• Malatang (1,2,4,5,8,12,13) (ES-White Malatang (1,2,4,5,8,12,13)) • Egg Fried Rice/ (1,4)/White Rice • Zha Cai (4)	• Tomato Pasta (1,2,4,5,8,10,12,13) • Pizza Slice (1,2,4,5,10) & Garlic Sauce (1,4,5) • Homemade Pickles (17)

	Mon (11.23)	Tue (11.24)	Wed (11.25)	Thu (11.26)	Fri (11.27)
KOREAN MENU	• Spicy Stir-Fried Pork (1,2,4,5,8,12,13) (ES-Soy Sauce Stir-Fried Pork (1,2,4,5,8,12,13)) • White Rice • Soybean Paste Stew (1,2,4,5,12,13) • Stir-Fried Zucchini & Crab Meat (1,4,5,18) • Cabbage Wraps & Ssamjang (4,5) • Kimchi / White Kimchi (7)	• Fish Cake Udon Hot Pot (1,2,4,5,12,13) • White Rice • Fried Chicken (1,2,4,5,12) • Stir-Fried Eggplant w/ Toban Djan Sauce (4,5) (ES- Stir-Fried Eggplant (4,5)) • Pickled Radish (17) • Radish Kimchi / White Kimchi (7)	• Sweet & Crispy Chicken (1,2,4,5,12) • White Rice • Udon Soup Broth (1,2,4,5,7,12,13) • Stir-Fried Shredded Potatoes (4) • Seasoned Tofu & Crown Daisy (4) • Radish Kimchi / White Kimchi (7)	• Spicy Braised Chicken (1,2,4,5,12,13) (ES-Soy Sauce Braised Boneless Chicken (1,2,4,5,12,13)) • White Rice • Young Radish Soybean Paste Soup (1,2,4,5,12,13) • Cucumber & Chive Salad (4,5) • Seasoned Eggplant (4,5) • Kimchi / White Kimchi (7)	• Spicy Beef & Green Onion Soup (1,2,4,5,12,13) (ES-Beef and Green Onion Soup (1,2,4,5,12,13)) • White Rice • Braised Tofu (4,5) • Stir-Fried Oyster Mushrooms (4,5) • Radish Kimchi / White Kimchi (7)
International Menu	• Made-to-Order Chicken Pad Thai (1,2,4,5,12,13,15) • Vegetable Spring Rolls (4,5) • Chickpea Salad (4,5,10,17)	• BBQ Pork (1,2,4,5,8,10,12,13,17) • White Rice • Potato Soup (1,2,4,5,12,13) • Coleslaw (1,4,5)	• Beef Rice Noodle (1,2,4,5,12,13) • Samosa (4,5) • Som Tum (4,5,10)	• Pork Cutlet (4,5,8) & Sauuce (4,5,10,15) • White Rice • Cream Pumpkin Soup (1,2,4,5,12,13) • Beans & Onions (4)	• Grilled Chicken Leg (4,5,12) (ES-Grilled Boneless Chicken (4,5,12)) & Gravy Sauce (1,2,4,5,10,13,15,17) • Mashed Potatoes (2,4) • Sweet Corn Soup (1,2,4,5,12,13) • Mini Strawberry Pie (1,2,4,5) • Grilled Vegetables (4)

FOOD ALLERGY NOTICE

1 Egg 2 Milk 3 Peanut 4 Soybean 5 Wheat 6 Mackerel 7 Shrimp 8 Pork 9 Peach 10 Tomato 11 Walnut 12 Chicken 13 Beef 14 Squid 15 Shellfish 16 Buckwheat 17 Sulfite 18 Crab 19 Mushroom 20 Apple

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NOVEMBER

	Mon (11.30)				
KOREAN MENU	• Chicken Mayo Rice Bowl (1,2,4,5,12,13) • Tteokbokki (1,2,4,5,12,13) (ES-Tteokbokki (1,2,4,5,12,13)) • Udon Soup Broth (1,2,4,5,7,12,13) • Fried Seaweed Rolls (4,5,13) • Seasoned Pickled Radish (17) • Fried Kimchi (4,7) / White Kimchi (7)				
International Menu	• Cream Curry Udon (1,2,4,5,10,12,13,15) • Chicken Karaage (1,4,5,12) • Japanese Salad (1,2,4,5)				

FOOD ALLERGY NOTICE

1 Egg 2 Milk 3 Peanut 4 Soybean 5 Wheat 6 Mackerel 7 Shrimp 8 Pork 9 Peach 10 Tomato 11 Walnut 12 Chicken 13 Beef 14 Squid 15 Shellfish 16 Buckwheat 17 Sulfite 18 Crab 19 Mushroom 20 Apple