2026-2027 Fitness Center & Nutrition Meal Discounts

http://www.mcsig.com/

(831)755-8055

Fitness Center	Discount Summary
Show your MCSIG health insurance card to claim your discount. **Rates and fees listed are subject to change by each gym or club to their discretion without notice.**	
Anytime Fitness **Locations:**26536 Carmel Rancho Blvd, Carmel 510 Canal St. Suite M, King City 120 General Stilwell, Suite 200, Marina 399 Lighthouse Ave, Monterey 1146 Forest Ave, Pacific Grove 17547 Vierra Canyon Rd, Prunedale 1128 S Main St, Salinas 1594 N Sandborn Road, Salinas 2209 H Dela Rosa Sr. St, Soledad https://www.anytimefitness.com/	• Enrollment: $0 • Key fob: $0 • 1st month free, thereafter, $20.99 Bi-weekly on a 12-month commitment w/$35 bi-annual maintenance fee
Boxing Strong **Locations:**2700 Garden Road, Monterey 8 57 Industrial Dr., Ste A, Hollister https://boxingstrong.com/	• 10% off Boxing Monthly memberships • 20% off Muay Thai/ Kickboxing ◦ Discount code: **MCSIG**
Carmel Barre 3730 The Barnyard Ste G21, Carmel, CA 93923 (831) 238-9766 https://www.carmelbarre.com/	10 % off on all packs and memberships • CARMEL VALLEY: 4 Class/Monthly Membership - $108 • BIXBY CREEK: 8 Class/Monthly Membership - $184 • MONTEREY BAY: The Ultimate Unlimited Membership - $235
Chamisal Tennis & Fitness Club Location:185 Robley Rd., Salinas https://chamisal.com/	• Fitness: MCSIG initiation fee 50% OFF • Tennis: MCSIG initiation fee 50% OFF
Club Pilates Pacific Grove 188 Country Club Gate Center, Pacific Grove, CA https://www.clubpilates.com/location/pacificgrove	• Enrollment: $0 • 10% discount on all memberships for MCSIG members: • 4 Pack Membership MCSIG members pay $134 • 8 Pack Membership (8 classes/mo.) MCSIG members pay $206 • Unlimited Membership (unlimited/mo.) MCSIG member pays $260 **Pricing is subject to change, however the 10% off promotion would remain valid.**

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Clubhouse 831 125 Ocean View Blvd., Pacific Grove https://www.clubhouse831.com/	• 10% off all academy classes • $10 off all camps and clinics
Fitness Your Way Tivity Health network includes more than 800 fitness locations in California. https://bsca.fitnessyourway.tivityhealth.com/	$25 initiation (one-time fee) and $25 per month, per person 1. Go to fitnessyourway.tivityhealth.com/bsc. 2. Click Enroll 3. Complete the five easy steps to enrollment. **OR** you can enroll over the phone at **(833) 283-8387,** Monday through Friday, 5 a.m. to 5 p.m. Pacific time
Grit + Tonic 476 Tyler Street, Monterey, CA 93940 Call/Text: 831.200.3320 https://www.gritandtonicpilates.com/memberships	5 Class Pack $185 Tonic 8- $270/ Month *Minimum 3-month commitment
Gold's Gym **Locations:** 935 W Alisal St., Salinas 1510 Del Monte Center, Monterey 120 Westridge Dr., Watsonville 1525 Cushman St., Hollister 8795 San Ysidro Ave., Gilroy Ca https://www.goldsgym.com/salinas	• 2-year agreement: ◦ $0 enrollment ◦ $69 processing fee ◦ $40 per month • 1- year agreement: ◦ $0 enrollment ◦ $69 processing fee ◦ $45 per month • Month to Month: ◦ $49 enrollment ◦ $69 processing fee ◦ $50 per month *Membership includes access to all locations.*
HEXBOX 1760 Fremont Blvd #D3, Seaside https://www.hexboxfitness.com/	• 10% off all Unlimited Access and Standard Access Memberships
HOTWORX 1105 Broadway Ave Ste 101, Seaside https://www.hotworx.net/studio/seaside	• $99 Registration fee • $84 Montly Fee ◦ 10% Monthly Discount on all retail
INSHAPE FITNESS Locations: 1502 N. Main St., Salinas 1040 N. Davis Rd., Salinas, CA 2370 Fremont St., Monterey 1100 41st Ave., Capitola https://www.inshape.com	• Corporate Promo Code: **MCSIG027** • 20% Discount off Recurring Monthly Membership Dues • $1.00 Enrollment Fee

Consult your physician before starting any diet or exercise program. If you don't see your club listed, ask the club manager if corporate rates are available, then contact MCSIG Wellness Coordinator, Danielle Caoili-Sila, at dcaoilisila@mcsig.com to see if a discount can be arranged. Please go to www.mcsig.com for the most updated list. MCSIG does not endorse or assume responsibility for any of the clubs listed herein and does not pay any portion of the fees.

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THE LAB 2024 Del Monte Ave Ste. B & C, Monterey https://www.thelabmonterey.com/	**Gym + Recovery** • 12-month commitment- $275/month • Month-to-month - $375/month
MAXFIT MEALS 520 Fremont St., Monterey 341 Monterey St., Salinas 120 General Stilwell Suite 108, Marina https://maxfitmeals.com/	• 15 % Discount on all meals plans purchased online • Meals begin at $9.99 and range to $16.99 • Utilize Verify pass to upload plan documents https://verifypass.com/auth/9285e19a51 ***DOES NOT INCLUDE INSTORE PURCHASES**
Montage Wellness Center Locations: 2920 2nd Ave., Marina 1910 North Davis Rd., Salinas https://www.montagewellnesscenter.com	Please call the Peninsula Wellness Center/Salinas Wellness Center for special MCSIG rates. Marina - (831) 883-5656 Salinas - (831) 622-6900
Monterey Sports Center 301 Franklin St., Monterey https://monterey.gov/your_city_hall/departments/parks_and_recreation/monterey_sports_center/index.php	• 1-year Membership (Single): $624 • Monthly Auto-Pay Program: $52.00 per month
Planet Fitness Salinas 1210 Northridge Mall, Salinas https://www.planetfitness.com/gyms/salinas-ca	• $24.99/month Black Card Membership – 12-month commitment • $20/month Classic Membership - NO Commitment • $15/month Classic Membership – 12-month commitment $49 annual fee applies to all 3 memberships
Pilates Glow Studio 1962 Main St, Watsonville, CA 95076 https://pilatesglowstudio.com/	• 10% off any membership with a 3 month minimum commitment
POWERHOUSE GYM 1406 Freedom Blvd, Watsonville, CA 95076 http://www.powerhousewatsonville.com/	• $25 enrollment fee • $39.95 Monthly Fee • $39 Annual Fee ◦ 1 year membership agreement
Ragnarok Athletics 2260 N.Fremont St., STE 2, Monterey https://www.ragnarokathletics.com/	• $150 month for a class pass for a month
Salinas Family YMCA 117 Clay St., Salinas https://www.centralcoastymca.org	• $100 Entry fee is waived for MCSIG members. • Adult Rate: $58/month • Family Rate (2 Adults & Children under 18): $102/month

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Salty Soul Sanctuary Carmel Plaza 3rd Floor Ocean & Mission, Carmel by the Sea https://www.saltysoulsanctuary.com/	• $112/ Unlimited Monthly Membership (*3-month commitment) • With unlimited monthly membership 10% off all retail, 20% off all workshops/events • $200 10 Class pack (6-month expiration) • MCSIG discount applies to both yoga and pilates
Toadal Fitness Locations: 269 Mount Hermon Rd, Scotts Valley 716 Ocean St, Santa Cruz 1200 17th Ave Ste 108, Santa Cruz 29292 Mission St, Santa Cruz 6200 Soquel Dr, Aptos 25 Penny Ln, Watsonville https://www.toadalfitness.com/	Enrollment fee: • $0 on 24-month membership (regularly $49) • $25 on 12-month membership (regularly $99) • $75 on month-to-month membership (regularly $199) • Monthly Fee: $39 to $55 based on membership type

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