Step 2 Progress Toward LWP Goals & Compliance with LWP Form

1. Goals for Nutrition Promotion and Education

a. The district will promote healthy food and beverage choices for all students, as well as encourage participation in school meal programs by such methods as implementing evidence-based healthy food promotion techniques through the school meal programs and promoting foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards.

Progress

b. The health curriculum will include information on good nutrition and healthy living habits.

Progress: Our health curriculum includes information on nutrition and healthy living habits.

c. Teachers will incorporate information on nutrition and wellness into the classroom curriculum as appropriate.

Progress: Nutrition and wellness are incorporated into the curriculum PK-12.

d. The district will collaborate with public and private entities to promote student wellness.

Progress

e. Water will be made available to students throughout the school day.

Progress: Water is made available in various locations throughout the school building throughout the school day.

2. Goals for Physical Activity

a. The school district's curriculums shall include instruction on physical activity and habits for healthy living.

Progress: Our curriculum includes instruction on physical activity and habits for healthy living in various curiculum and content areas.

b. Students will be encouraged to engage in physical activities throughout the school day and will be provided with opportunities to do so.

Progress: Students are encouraged to engage in physical activities

c. The district encourages parents and guardians to support their children's participation in physical activity, to be physically active role models, and to include physical activity in family events.

Progress

3. Goals for Other School-Based Activities Designed to Promote Student Wellness

a. The district will participate in state and federal child nutrition programs as appropriate.

Progress

b. The district will provide professional development, support, and resources for staff about student wellness.

Progress

c. Students will be provided sufficient time in which to eat school-provided meals.

Progress

d. The district's lunchrooms will be attractive and well-lighted.

Progress

e. The district will allow other health-related entities to use school facilities for activities such as health clinics and screenings so long as the activities meet the district's requirements and criteria for the use of facilities.

Progress

f. The district may partner with other individuals or entities in the community to support the implementation of this policy.

Progress

g. The district will strive to provide physical activity breaks for all students, recess for elementary students, and before and after school activities, as well as encourage students to use active transport (walking, biking, etc.)

Progress

h. The district will use evidence-based strategies to develop, structure, and support student wellness.

Progress