CROSSINGS CHRISTIAN SCHOOL

DEVELOPING CHRIST-CENTERED SERVANT LEADERS

Position: Strength and Conditioning Coach, Teacher
Classification: Full-Time
Division: Middle and Upper School
Primary Reporting Relationship: Upper School Principal, Collaborates with all other Admin

Mission: Partner with parents and church to develop students into Christ-centered servant leaders who are academically and spiritually prepared for college and life.

Job Description: The Strength and Conditioning Coach and Teacher will work with the Athletic staff in the rehabilitation and strengthening of student-athletes, teach Middle and Upper School courses, and perform other duties as may be required and/or assigned by the Head of School, US Principal, or Athletic Director.

Employee Profile:

- Acceptance without reservation of the CCS Statement of Faith
- A strong, clear Christian testimony
- A lifestyle that displays an ongoing personal relationship with God and a commitment to serve Him daily
- Consistent participation in a local church community
- Commitment to the CCS Mission and purpose

Spiritual Profile:

- Models a consistent daily walk with Jesus Christ in speech, actions, attitudes
- Sets example of the importance of prayer, Scripture memorization and study, witnessing, and unity in Christian fellowship
- Implements biblical principles as they relate to the spiritual well-being of students, parents, and staff
- Follows Matthew 18 principle in dealing with students, parents, administration, and staff
- Shows support for the role of parents as primarily responsible before God for their children's education, and assists them in the task
- Encourages students to accept God's gift of salvation and grow in their faith
- Emphasizes to students the reality of their self-worth in Christ
- Foster spiritual growth in the lives of students through various means when appropriate and applicable

Professional Profile:

- Cooperates with the board and administration in implementing all policies, procedures, and directives governing the operation of the school in addition to direct reports as stated on the organizational chart
- Maintains a clean, attractive, well-ordered workspace
- Accepts a share of responsibility for extra duties as assigned by Head of School and/or direct supervisor
- Utilizes educational opportunities and evaluation processes for professional growth
- Seeks the counsel of administration, colleagues, and parents, and is teachable
- Provides input and recommendations for administrative and managerial functions in the school
- Attends and participates in applicable scheduled devotional, committee, and faculty meetings
- Demonstrates knowledge of procedures for dealing with emergencies
- Contributes to the general improvement of the school program
- Cultivates positive relationships with parents, teachers, coaches, and students where applicable

- Communicates with staff, students, and parents effectively, clearly, and with grace

Personal Profile:

- Demonstrates the character qualities of enthusiasm, courtesy, flexibility, integrity, gratitude, kindness, self-control, perseverance, and punctuality
- Meets everyday stress with emotional stability, objectivity, and optimism
- Exercises friendliness and consideration, treating students, parents, and staff without partiality
- Submits respectfully and is loyal to constituted authority
- Maintains a personal appearance that is a model of cleanliness, modesty, and good taste
- Uses acceptable and professional English in written and oral communication
- Develops and maintains rapport with students, parents, and staff to promote a positive learning environment
- Recognizes the need for good public relations while presenting the school in a favorable and professional manner to its constituency and the general public
- Demonstrates an appreciation and understanding of the uniqueness of the local community

Responsibilities:

- Designs and instructs curricular strength and conditioning classes for all male and female athletes
- Maintains a clean, safe, and efficient weight room, including introduction and education of lifting techniques and progressions
- Apply evidence-based strength and conditioning principles to develop age-appropriate training programs that improve athletic performance, movement competency, and injury risk reduction
- Collaborates with head coaches to plan, implement, supervise, and evaluate year-round strength and conditioning programs, including in-season, off-season, preseason, and summer training, for all school-sanctioned athletic programs
- Attends clinics and/or conventions to maintain strength and conditioning license (NSCA/CSCS Certification)
- Works in cooperation with the sports medicine or athletic training staff in the rehabilitation and strengthening of injured athletes
- Sets clear expectations for attendance, effort, discipline, and commitment as aligned with the standards of the CCS Athletic Department
- Creates a competitive, energetic, documented, and motivating environment where athletes are excited to train and take pride in their development
- Establishes baseline and periodic assessments for strength, speed, power, and other relevant indicators
- Collaborate with coaches to establish needs and/or areas of emphasis and improvement as it relates to specific athletes and sports

Required Skills and Abilities:

- Bachelor's Degree in Education or related field
- Master's Degree preferred
- Has or will obtain CSCS/NSCA or related certification
- Preference for prior multi-sport participation
- Minimum of 3 years teaching/coaching experience (prefer Head Coaching experience)
- Has or will obtain an ACSI Administrative Certificate within first 2 years
- Has or will obtain a CDL within 2 years
- Maintain current CPR, AED, and first aid certifications, as required by the school or district