

This institute is an equal opportunity provider and employer.

November 2026

MS/HS Cafeteria Breakfast



BREAKFAST

Served daily: chilled/fresh fruit, assortment of juice & milk

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Breakfast Option 1: Bagel w/Cream Cheese Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: French Toast Roll-Up Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Sausage Waffle Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Egg Omelet w/Hash Brown Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)
9	10	11	12	13
Breakfast Option 1: Cinnamon Roll Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Strawberry Cream Cheese Bagel Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Pizza Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Bread Slice (assorted) Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Pancake on a Stick Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)