NOVEMEBER 2026 MIDDLE SCHOOL Lunch

pcs FOOD & NUTRITION

All lunch includes an Entrée, Choice of Vegetables, Choice of Fruits/Juice*, and Choice of Milk

**Must choose at least 1 fruit/vegetable, may choose up to 2 servings of each.* *Milk Choices include Low Fat White, Fat Free Chocolate, Fat Free Skim*

DAILY LUNCH CHOICES

May Choose 1 Entrée:

Hot Entrée,
Entrée Salad or Cold Sandwich,
PBJ Sandwich

FOLLOWING MAY VARY BY CAFÉ

Oven Fresh Pizza (*Cheese or Pepperoni*),
Chicken Sandwich (*Crispy, Spicy, Grilled*),
Grilled Hamburger (*Cheeseburger also available*)

Must Choose at least 1:*

Assorted Vegetables
Assorted Fruit or Juice
**(may choose up to 2 servings each of fruits & veggies with meal)*

May Choose 1 Milk:

Low Fat White,
Fat Free Chocolate,
Fat Free Skim

☆A la carte Smart Snacks available for purchase☆

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

For most updated menus and nutrition information, Visit MealViewer.com or download the app.
MealViewer

Menus are subject to change! We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Macaroni & Cheese with Garlic Breadstick** or **Chicken Corn Dog** Grilled Chicken Caesar Salad Sweet Potato Fries Baby Carrot Dippers	**3** **Taco Tuesday: Beef or Fish** or **Cheese Pizza Crunchers** Deli Turkey & Cheese Sandwich Santa Fe Black Beans Cucumber Slices	**4** **Crispy or Spicy Breaded Chicken Sandwich** or **Mozzarella Cheesy Bread** Crispy Chicken Entrée Salad Marinara Sauce Cup Crispy Crinkle Fries Romaine Side Salad	**5** **New Orleans Grilled Chicken and Noodles** or **Pepperoni Calzone** *(beef)* Crispy Chicken Wrap Marinara Sauce Cup Steamed Broccoli Florets Cucumber Slices	**6** **Cheese or Pepperoni Pizza** *or* **Spicy Buffalo Chicken & Cheese Pocket with Cheetos** Yogurt & Cheese Plate Mixed Vegetables Baby Carrot Dippers
9 **Chicken Parm Bites Pasta with Garlic Breadstick** or **Grilled Cheese Sandwich** Grilled Chicken Caesar Salad Steamed Broccoli Florets Baby Carrot Dippers	**10** **Grilled Hamburger or Cheeseburger on Bun** or **Cheesy Bean Burrito Basket with Chips and Salsa** Deli Turkey & Cheese Sandwich Country Baked Beans Cucumber Slices	**11** **No School For Students** 	**12** **Teriyaki Beef Dippers with Rice** or **Meat Lover's Stromboli** Grilled Chicken Caesar Wrap Marinara Sauce Cup Mixed Vegetables Cucumber Slices	**13** **Cheese or Pepperoni Pizza** or **Crispy Alaskan Fish Sticks** Yogurt & Cheese Plate Green Beans Baby Carrot Dippers
16 **Cheesy Tortellini Alfredo with Garlic Breadstick** or **Chicken Corn Dog** Grilled Chicken Caesar Salad Sweet Potato Fries Baby Carrot Dippers	**17** **Loaded Beef & Cheese Nachos** or **Cheese Pizza Crunchers** Deli Turkey & Cheese Sandwich Santa Fe Black Beans Cucumber Slices	**18** **Thanksgiving Meal** **Roasted Turkey with Gravy, Stuffing and Roll** or **Mozzarella Cheesy Bread** Crispy Chicken Entrée Salad Marinara Sauce • Green Beans Sweet Potato • Mashed Potatoes Cookie • Romaine Side Salad	**19** **Manager's Choice** or **Pepperoni Calzone** *(beef)* Crispy Chicken Wrap Marinara Sauce Cup Mixed Vegetables Cucumber Slices	**20** **Manager's Choice** *or* **Cheese or Pepperoni Pizza** Yogurt & Cheese Plate Steamed Corn Kernels Baby Carrot Dippers
23	24	25	26	27
30 **Tangerine Chicken with Rice** or **Grilled Cheese Sandwich** Grilled Chicken Caesar Salad Mixed Vegetables Baby Carrot Dippers	**1** **Manager's Choice** **Specialty Burger** or **Cheesy Bean Burrito Basket with Chips and Salsa** Deli Turkey & Cheese Sandwich Country Baked Beans Cucumber Slices	**2** **Chicken & Waffle** or **Max Cheesy Breadsticks** Crispy Chicken Entrée Salad Marinara Sauce Cup Steamed Corn Kernels Romaine Side Salad	**3** **Pasta and Beef Meatballs with Garlic Breadstick** or **Meat Lover's Stromboli** Grilled Chicken Caesar Wrap Marinara Sauce Cup Steamed Broccoli Florets Cucumber Slices	**4** **Cheese or Pepperoni Pizza** **Crispy Alaskan Fish Sticks** Yogurt & Cheese Plate Green Beans Baby Carrot Dippers



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