TEEN VENTURES

WEST FARGO PUBLIC SCHOOLS

November
2026

WEST FARGO

As cold & flu season gets underway, keep this guide handy.

Primary Care Visit

Virtual Video Visit

E-Visit



Get care for symptoms such as:

- ☐ Cold or flu
- ☐ Sore throat
- ☐ Eye redness
- ☐ Earache
- ☐ Rash
- ☐ Insect bite or sting
- ☐ Painful urination
- ☐ Frequent urination

Urgent Care or Walk-in Care

24/7 Video Visit On Demand



Get care for the same symptoms as above and:

- ☐ Minor burns or cuts
- ☐ Minor sprains or strains
- ☐ Minor fractures (In-person only)

Call 9-1-1

Go to the Emergency Room



Get care for severe symptoms such as:

- ☐ Trouble breathing
- ☐ Chest pain
- ☐ Severe pain or serious injury
- ☐ Severe stomach pain
- ☐ Sudden numbness or weakness
- ☐ Fainting
- ☐ New confusion
- ☐ Suicidal thoughts

Not sure what to do?

1-800-714-4646
Speak with a nurse from our Nurse Care Line.

EssentiaMyChart.org
See your online care options.

EssentiaHealth.org/CareNow
Learn more about same-day care.

Essentia Health

Waterford | UPSTART

Build Strong Skills for **Kindergarten**

At Home, No-Cost



Waterford Upstart gives North Dakota families a no-cost way to build reading, math, and science skills at home through fun, personalized learning. With just 15 minutes a day, 5 days a week, children can build essential skills and confidence for kindergarten success.

North Dakota Families Are Seeing Results



"As a busy working mom, it helped me so much to know my child was learning. I could feel relaxed while she learned. Waterford helped my daughter develop those foundational reading and writing skills."

Rosina Appiah, North Dakota Parent

95% of caregivers feel more confident about their child starting kindergarten after using Waterford

Limited Spaces Available — Sign Up by November 30
See if your child qualifies and enroll today.

For North Dakota children born between 8/1/2021 and 7/31/2022 who will enter kindergarten in 2027, with priority given to children attending LE Berger.

Enroll Today

Sylvan Learning℠



Grateful for Their Growth

OFFERED SERVICES

- READING
- MATH
- WRITING
- STUDY SKILLS
- HOMEWORK SUPPORT
- ACT PREP

November Special

Mention "AD-Ventures" to learn more about our special offer!

VISIT OUR WEBSITE

(701) 499 - 4300

sylvan@sylvanfargo.com

3033 Brandt Drive S., Suite A
Fargo, ND 58104

Keep your student on track this school year.

Learning Should Be Personal.™

The Power of a Single Yes

A SINGLE YES CAN CHANGE A LIFE.



Nexus Family Healing is seeking compassionate individuals and families to become Host Home providers for youth with disabilities in North Dakota.

By opening your home and sharing everyday life, you can help build:

- Independence
- Meaningful relationships
- Confidence and life skills
- A true sense of belonging

Host Home providers offer a safe, supportive family environment while helping youth thrive in their community.

LEARN MORE ABOUT BECOMING A HOST HOME PROVIDER

Call: 701-280-9545
Text: 701-850-9335
Visit: NexusFamilyHealing.org

Nexus FAMILY HEALING

NexusFamilyHealing.org



2026 - 2027

VACATION PLANNING GUIDE

It's never too soon to start looking forward to small vacations! To maximize your time with your children, we've compiled the dates of our school holidays as you plan time away.

FIRST DAY OF SCHOOL

Aug 27, 2026 Grades 1-12
Sep 1, 2026 Kindergarten

FALL BREAK

Nov 25-27, 2026

WINTER BREAK

Dec 24, 2026 - Jan 3, 2027

SNOW MAKEUP DAY

Mar 29, 2027

LAST DAY OF SCHOOL

May 27, 2027

WEST FARGO PUBLIC SCHOOLS

Learner Holidays

Educator PD Days

We encourage you to plan your vacations ahead using the dates below, ensuring your learner can be in school and make the most of their learning!

Attendance Matters. We look forward to a fantastic year!

Sep 7, 2026
Sep 18, 2026
Oct 15, 2026
Oct 16, 2026
Nov 11, 2026
Jan 18, 2027
Feb 15, 2027
Mar 11, 2027
Mar 12, 2027
Mar 26, 2027

WHEN IS SICK TOO SICK FOR SCHOOL?

I should be at school if...

I have a runny nose with clear discharge.

I have a tickle in my throat.

I have not vomited or had diarrhea in 24 hours and did not need medicine.

I have not consumed any fever-reducing medication in the last 24 hours and have not had a fever during this time.

I should be at home if...

I have a temperature of 100.4 degrees or more.

I have a sore throat and fever.

I have an uncontrolled cough and difficulty breathing.

I have an undiagnosed rash and/or sores.

I have vomited or had diarrhea in the past 24 hours.

I have eyes that are red and sore, with yellow or green discharge.

I should contact my doctor if...

I have a temperature of 100.4 degrees or more for more than two days.

I have had a sore throat and fever for several days.

I have been vomiting or having diarrhea for more than two days.

I have a fever and now have a rash and/or sores.

I have been coughing for more than a week and it isn't getting better.

More Than

A SCHOOL. A COMMUNITY.

WEST FARGO PUBLIC SCHOOLS

RENT OUR SCHOOL FACILITIES







Our gyms, commons, and library spaces are perfect for, practices, tournaments, meeting, workshops, and so much more!

AVAILABLE
SEPTEMBER 16th - MAY 14th

50% STUDENT DISCOUNT
Organizations with at least 85% currently enrolled WFPS students qualify for discounted rental rates and scheduling priorityt!

LEARN MORE & APPLY
Click here

(701)499-9977 facilityrentals@west-fargo.k12.nd.us