November 2026

Heartland Therapeutic Menu
Council Bluffs School District

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fruit Loop Breakfast *Italian Cheesy Pull Apart** Broccoli-Carrots Apple Slices-Craisins Scooby Snacks	**3** Cereal, Trix Bar *BBQ Rib- Bun Green Beans Cucumbers-Carrots Mandarin Oranges Raisels	**4** Mini Cinni's *Chicketii- Garlic Knot Corn Cucumbers Frozen Slushie Fresh Fruit	**5** Cereal, Muffin *Pork Choppette- Bun Baked Beans Cherry Tomatoes Pineapple Craisins Doritos	**6** Cereal, French Toast Bread *Wild Mike Cheese Bites** Green Beans Carrots Mandarin Oranges Chocolate Chex Mix
9 Fruit Loop Breakfast *Fiestada Hot Pocket Broccoli-Carrots Apple Fruit Cup Doritos	**10** Bagel- Cream Cheese *Cheeseburger- Bun Corn Broccoli-Carrots Mandarin Oranges Whole Fruit	**11** Chocolate Mini Donuts *Mandarin Orange Chicken w/ Veggie Fried Rice Carrots Sticks Cherry Tomatoes Pears Rosie Applesauce	**12** Cereal, Blueberry Muffin *Crunchy Chicken- Bun Fiesta Black Beans Red/Green Peppers Fresh Fruit Juice	**13** Cereal, Oat Bar *Pork Tamale Green Beans Cherry Tomatoes Banana- Apple Slices Sun Chips
16 Strawberry Poptart Breakfast *Chicken Tenders- Roll Carrots-Broccoli Sealed Fruit Cup Craisins	**17** Powdered Sugar Donuts *Crispitos- Cheese Sauce Black Bean Salsa Broccoli Pineapple Raisels Tortilla Chips	**18** Snackin Maple Waffle *Turkey Tacos Corn Broccoli-Carrots Peaches, Whole Fruit Bug Bites	**19** Cereal, Cheerio Bar *Cheeseburger- Bun Baked Beans Cherry Tomatoes Apple of the Month Juice Cup	**20** Cereal, Frenchtoast Snackbread *Beef & Cheese Pupusa Seasoned Potato Wedges Carrots Strawberry Fruit Cocktail Fresh Fruit
23 Fudge Poptart Breakfast *Italian Cheesy Pull Apart** Carrots-Broccoli Sealed Fruit Cup Craisins	**24** Strawberry Pancake Bowl *Sloppy Joe- Bun Baked Beans Carrots Pears Fresh Fruit	**25** No School	**26** No School	**27** No School
30 Fruit Loop Breakfast *Fiestada Hot Pocket Broccoli-Carrots Pear Cup Raisins Sun Chips				

Did you know?

The full moon on November 24, 2026, is traditionally called the Beaver Moon. In 2026, this will be the second of three "supermoons," appearing larger and brighter than usual.

CBCSD Nutrition Services has awarded its first local food contract to partner with FarmTable Food Hub and Wisconsin's Richland Hills Farms. Through this new bid award, the District will source fresh, locally grown Midwest sliced apples for students. The partnership integrates farm-fresh fruit into both the National School Lunch and National School Breakfast Programs, strengthening regional agriculture while providing healthy meals.

See ** for meat free option
*Milk Offered Daily
*Menu Subject to Change Without Notice
*This Institution is an Equal Opportunity Provider
*Council Bluffs Schools Participates in the Fresh Fruit and Vegetable Program