



K-3 Breakfast

November
2026

Variety of Fresh Fruits and Vegetables Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Strawberry Pop-Tart, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	3 Mini Maple Waffle, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	4 Apple Frudel, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	5 Blueberry Muffin, WG Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Donut, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
9 Chocolate Chocolate Chip Muffin Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	10 Mini Trix French Toast, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	11 Lucky Charms Cereal Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	12 Mini Cinnamon Caramel Rolls Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 Strawberry Cream Cheese Filled Bagel Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
16 Strawberry Pop-Tart, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	17 Mini Maple Waffle, WG Syrup Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	18 Apple Frudel, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	19 Blueberry Muffin Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Donut, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
23 No School	24 No School	25 No School	26 No School	27 No School
30 Strawberry Pop-Tart, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	1			

PRICES

Breakfast	Free
Additional Breakfast	\$1.25
Milk Only	\$.75
Adult Breakfast	\$3.00

EXTRA INFO

Any questions please call the Food Service
Director Lucy DuHaime at 216-291-2099 or
email Duhaime@seelschools.org



Your **MENUS** plus more
information on our app
Taher Food4Life®



www.taher.com