



NOVEMBER 2026

Sheehan & Lyman Hall High Schools

Don't Forget! ALL students can
receive a full, balanced breakfast this year
AT NO CHARGE!!
Join us every day---

Monday

Breaded Chicken Drumstick
Whipped Potatoes/Gravy
Warm Biscuit
Fruit Choices
Milk Choice

Tuesday

Election Day
No School

Wednesday

Burger Bar
Beef Patty on Bun with
Cheese, Lett, Tom, Pickle
Oven Fries
Fruit Choices Milk Choice

Thursday

Grilled Chicken Club on
Hard Roll
Tater Square Potatoes
Fruit Choices
Milk Choice

Friday

Twisty Cheese Stuffed
Bread Sticks w/Marinara
Caesar Salad
Fruit Choices
Milk Choice

Fire Chicken Fingers
Spicy Curly Fries
Garlic Bread Stick
Fruit Choices
Milk Choice

Penne Pasta with
Meat Balls & Marinara
Italian Veggie Blend
Fruit Choices
Milk Choice

Veterans Day
No School

Mandarin Orange Chicken
Over Steamed Brown Rice
Oriental Blend Vegetables
Fruit Choices
Milk Choice

Sal's Garlic Pizza Slice
Garden Salad
Fruit Choices
Milk Choice

Crispy Chicken Tenders
w/Dips
Warm Dinner Roll
Steamed Broccoli
Fruit Choices Milk Choice

Walking Taco with
Doritos, Cheese, Lett & Tom
Salsa, Sour Cream
Fruit Choices
Milk Choice

Burger Bar
Beef Patty on Bun with
Cheese, Lett, Tom, Pickle
Oven Fries
Fruit Choices Milk Choice

French Toast Sticks
Chicken Sausage Patties
Potato Rounds
Fruit Choices
Milk Choice

Wild Mike's Pizza Bites
Caesar Salad
Fruit Choices
Milk Choice

Baked Mac & Cheese
Garlic Texas Toast Slice
Capri Veggie Blend
Fruit Choices
Milk Choice

Mini Mega Chicken Chunks
Warm Dinner Roll
Kernel Corn
Fruit Choices
Milk Choice

Early Dismissal
French Bread Pizza
Garden Salad
Fruit Choices
Milk Choice

Thanksgiving Day
No School

Thanksgiving Break
No School

Breaded Chicken Drumstick
Smile Fries
Warm Biscuit
Fruit Choices
Milk Choice

Daily Options: Pizza of the Day, Assorted Deli Sandwiches and Wraps, Hot Sandwiches, and Assorted Chef Salads

Rainbow Fresh Veggie Choices Daily **Milk Choices:** 1% White, Fat Free Chocolate & Lactaid **Fresh, Canned & Dried Fruit Choices**

This institution is an equal opportunity provider