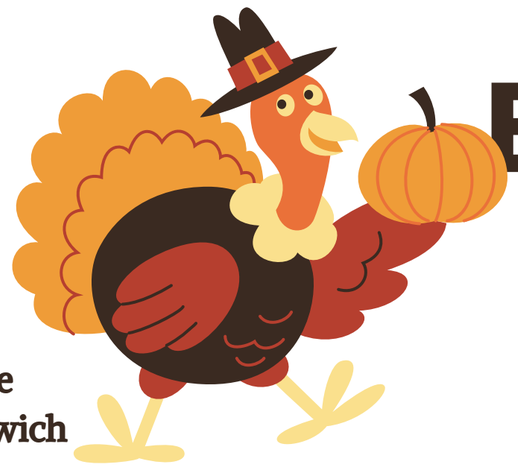
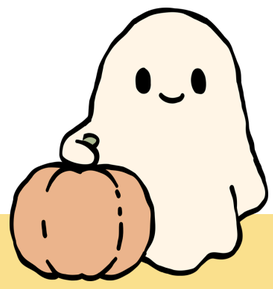
AVAILABLE DAILY:

- Milk
  - 1% White
  - 1% Lactose-free White
  - 1% Chocolate
  - Fat-free Strawberry
- Alternative Entrees
  - Entree Salad w/Meat and Cheese
  - SoyButter and Grape Jelly Sandwich



Early Learning Center
K-1 Lunch



October 26 Chicken Nuggets Cornbread Muffin Green Beans Baby Carrots Apple Sauce	27 Rotini with Meat Sauce Ram Strong Salad Cucumber Slices Orange Wedges	28 French Toast Sticks Sausage Hash Brown Caramel Apple Cup Sun Splash Juice	29 Cheeseburger Baked French Fries Celery Sticks Diced Mixed Fruit	30 BBQ Riblette Sandwich Baked Beans Broccoli Bites Peach Smoothie
November 2 Stuffed Crust Pizza Glazed Carrots Cucumber Slices Diced Pears	3 No School Professional Development Day	4 Teriyaki Chicken over Rice Steamed Peas Celery Sticks Grapes	5 Crispy Chicken Sandwich Green Beans Romaine Calm Salad Apple Slices	6 Chicken Alfredo Steamed Broccoli Assorted Fresh Vegetables Apple Juice
9 Beef Soft Taco Cut Corn Cucumber Slices Diced Peaches	10 Chicken Tenders Blueberry Muffin Mashed Sweet Potato Celery Sticks Orange Wedges	11 Turkey Hot Dog Baked Beans Baby Carrots Pineapple Tidbits	**Thankful Lunch** Chicken Drumstick Mashed Potatoes with Gravy Green Beans Cornbread Very Berry Juice Orange Sherbet	13 Pepperoni Pizza Stuffer Cheesy Steamed Cauliflower Broccoli Bites Apple Slices
16 Chicken Nuggets BLT Pasta Salad Green Beans Baby Carrots Caramel Apple Cup	17 Walking Taco Refried Beans with Cheese Celery Sticks Grapes	18 Galaxy Pepperoni or Cheese Pizza Cut Corn Goin' Strong Smoothie Orange Wedges	19 General Tso's Chicken and Rice Bowl Steamed Broccoli Cucumber Slices Strawberry Cup	20 Cheeseburger Sweet Potato Puffs Assorted Fresh Vegetables 100% Fruit Punch
	24 No School Thanksgiving Break	25 No School Thanksgiving Break	26 No School Thanksgiving Break	27 No School Thanksgiving Break

Menu subject to change without notice due to availability

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Questions and comments may be directed to:
ELC Kitchen Manager
Cynthia Conley
854-4511 ext. 4141