

Also available daily:		Choose your Meal:						LUNCH PRICES					
Assorted Milk: Milk: 2%, Whole, Low-fat Chocolate Milk		Choice of Entrée - All Entrées contain the required serving of both protein and grains. Choice of up to 2 Vegetables & up to 2 Fruits. You must take at least 1 Fruit or 1 Vegetable.						Student		Free			
								Entrée Only		\$3.75			
								Adult Lunch		\$5.05			
		November 2		November 3		November 4		November 5		November 6			
		Whole Grain Breaded Chicken Nuggets (5)		Breaded Whole Grain Mozzarella Sticks (5) with Marinara		Eggo Mini Pancakes with 4oz Yogurt		ACT 80 DAY SCHOOL CLOSED TODAY		IN-SERVICE DAY SCHOOL CLOSED TODAY			
		-OR-		-OR-		-OR-							
		Turkey and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Ham and Cheese Sandwich on Whole Grain Roll						Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices	
		Baked Beans		Steamed Broccoli		Steamed Carrots							
		Apple Crunchables		Sliced Peaches		Sliced Pears		Red Grapes		Sliced Peaches		Orange Wedges	
		November 9		November 10		November 11		November 12		November 13			
		Macaroni and Cheese with Whole Grain Soft Pretzel Stick		Cheeseburger on Whole Grain Roll		Walking Tacos with Brown Rice		Chicken Patty Sandwich on Whole Grain Roll		Tony's French Bread Pizza			
		-OR-		-OR-		-OR-		-OR-		-OR-			
		Turkey and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Chef Salad with Whole Grain Dinner Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Ham and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices	
Grilled Chicken Salad with Whole Grain Goldfish Crackers		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Minced Bologna Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Steamed Broccoli		Baked Beans			
Sliced Pears		Grapes		Mixed Fruit		Fresh Apple Slices		Banana		Pineapple Tidbits			
November 16		November 17		November 18		November 19		November 20					
Wildcat Snack Wrap		Popcorn Chicken		Hot Dog on Whole Grain Roll		Thanksgiving Dinner Roasted Turkey with Gravy Dinner Roll & Pumpkin Pie		Mickey's Pizza on Whole Grain Crust					
-OR-		-OR-		-OR-		-OR-		-OR-					
Turkey and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Chef Salad with Whole Grain Dinner Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices		Ham and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices			
Steamed Cauliflower		Steamed Corn		Baked Beans		Mashed Potatoes/Corn		Sweet Potato Tots					
Sliced Pears		Fresh Apple Slices		Sliced Peaches		Grapes		Orange Wedges		Craisins			
November 23		November 24		November 25		November 26		November 27					
Spaghetti with Meatballs and Whole Grain Texas Toast		Whole Grain Breaded Corn Dogs				Thanksgiving Break							
-OR-		-OR-											
Turkey and Cheese Sandwich on Whole Grain Roll		Whole Grain Uncrustable with String Cheese, Cheez its and Apple Slices											
Steamed Broccoli		Tater Tots											
Berries with Whipped Topping		Applesauce Cup											
November 30		SCHOOL CLOSED											
 This institution is an equal opportunity employer and provider.													



Mrs. Kristi Long – Director of Food Services – 570.966.8241

Mrs. Lisa Underhill – Head Cook



