

Also available daily:		Choose your Meal:						LUNCH PRICES			
Milk: 2%, Whole, Low-fat Chocolate Milk		Choice of Entrée - All Entrées contain the required serving of both protein and grains. Choice of up to 2 Vegetables & up to 2 Fruits. You must take at least 1 Fruit or 1 Vegetable.						Student	Free		
								Entrée Only	\$3.75		
								Adult Lunch	\$5.05		
A la Carte		November 2		November 3		November 4		November 5		November 6	
Hershey's Ice Cream novelties are available for purchase for \$1.25 each!  Cash only - EZSchool pay is not available for ice cream purchases at the Intermediate School.		Whole Grain Breaded Chicken Nuggets (5)		Breaded Whole Grain Mozzarella Sticks (5) with Marinara		Eggo Mini Pancakes with 4oz Yogurt		ACT 80 DAY		IN-SERVICE DAY	
		-OR-		-OR-		-OR-					
		Turkey and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Chef Salad with Whole Grain Dinner Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Ham and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices				
		Baked Beans		Steamed Broccoli		Steamed Carrots		SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY	
		Apple Crunchables	Sliced Peaches	Sliced Pears	Red Grapes	Sliced Peaches	Orange Wedges				
		November 9		November 10		November 11		November 12		November 13	
		Macaroni and Cheese with Whole Grain Soft Pretzel Stick		Cheeseburger on Whole Grain Roll		Walking Tacos with Brown Rice		Chicken Patty Sandwich on Whole Grain Roll		DOMINO'S PIZZA DAY  Hot and fresh Cheese Pizza made and delivered by Dominos! Served with choice of Baby Carrots with Ranch Dressing, Garden Salad, Fresh Apple Slices and 100% Fruit Italian Ice.	
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Turkey and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Chef Salad with Whole Grain Dinner Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Ham and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Grilled Chicken Salad with Whole Grain Goldfish Crackers	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices				
Steamed Broccoli		Baked Beans		Steamed Corn/Lettuce Tomato Cups		Green Beans		2nd: Uncrustable Lunch Pack			
Sliced Pears	Grapes	Mixed Fruit	Fresh Apple Slices	Banana	Pineapple Tidbits	Sliced Peaches	Banana	November 20			
November 16		November 17		November 18		November 19		November 20			
Wildcat Snack Wrap		Popcorn Chicken		Hot Dog on Whole Grain Roll		Thanksgiving Dinner Roasted Turkey with Gravy and Stuffing Dinner Roll & Pumpkin Pie		Tony's French Bread Pizza			
-OR-		-OR-		-OR-		-OR-		-OR-			
Turkey and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Chef Salad with Whole Grain Dinner Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Ham and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices		Minc'd Bologna Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices		
Steamed Cauliflower		Steamed Corn		Baked Beans		Mashed Potatoes/Corn		Sweet Potato Tots			
Sliced Pears	Fresh Apple Slices	Sliced Peaches	Grapes	Orange Wedges	Craisins	Applesauce with Cinnamon		Applesauce Cup	Orange Wedges		
November 23		November 24		November 25		November 26		November 27			
Spaghetti with Meatballs and Whole Grain Texas Toast		Whole Grain Breaded Corn Dogs									
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Turkey and Cheese Sandwich on Whole Grain Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices	Chef Salad with Whole Grain Dinner Roll	Whole Grain Uncrustable with String Cheese, Cheez-its and Apple Slices								
Steamed Broccoli		Tater Tots									
Berries with Whipped Topping	Applesauce Cup	Sliced Peaches	Pineapple Tidbits								
November 30											
 This institution is an equal opportunity employer and provider.		SCHOOL CLOSED 									
		Mrs. Kristi Long – Director of Food Services – 570.966.8241 Mrs. Stacy Boop – Head Cook									

