Base Menu Spreadsheet

Campbell County School District

Weighted Values

Nov 1, 2026 thru Nov 30, 2026

Menu Name: 7-12 Breakfast

Include Cost: Yes

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990242 Sausage, Egg & Cheese English Muffin 25-26	1 Sand	1	344	*7.00	683	2.50	*0.50	18.90	*0.00	*162	25.50	*3.00	20.40	$0.000
995656 Hashbrown Patty	1 Patty	1	240	2.00	540	*N/A*	*N/A*	12.00	*N/A*	*N/A*	30.00	2.00	2.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000437 Peaches, Diced (C)	1 Cup	1	106	0.00	12	*N/A*	*N/A*	0.28	0.00	0	26.79	2.60	1.01	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2419	*9.00	*2973	*126.49	*84.49	*59.17	*0.00	*222	399.96	*36.58	*92.36	$0.000
% of Calories				*3.35%		*20.92 %	*13.97 %	*22.0%	*0.0%		66.1%		*15.3%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Tuesday - 11/03/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000169 Breakfast Burrito 7 -12 25-26	2 Burritos	1	440	8.00	620	2.00	2.00	18.00	0.00	80	50.00	8.00	20.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
990200 Tropical Mixed Fruit (C)	1 Cup	1	200	0.00	0	38.00	*N/A*	0.00	0.00	0	40.00	2.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2369	*8.00	*2358	*163.99	*85.99	*45.99	*0.00	*140	407.68	*38.99	*88.95	$0.000
% of Calories				*3.04%		*27.69 %	*14.52 %	*17.5%	*0.0%		68.8%		*15.0%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Wednesday - 11/04/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
999730 Chex Mix, Straw Yogurt 26-27	1 Bag	1	120	1.00	55	6.00	*N/A*	3.00	0.00	0	23.00	2.00	2.00	$0.000
000438 Diced Pears (C)	1 Cup	1	120	0.00	20	22.00	*N/A*	0.00	0.00	0	28.00	4.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			1969	*1.00	*1813	*151.99	*83.99	*30.99	*0.00	*60	368.68	*34.99	*70.95	$0.000
% of Calories				*0.46%		*30.88 %	*17.06 %	*14.2%	*0.0%		74.9%		*14.4%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Thursday - 11/05/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
995740 Omelet, Cheddar 7 -12 25-26	2 Omelets	1	95	3.00	270	1.00	0.00	7.00	0.00	130	2.00	0.00	6.00	$0.000
995598 Sausage Patty, Turkey 26-27	1 Patty	1	64	1.50	148	0.50	0.50	4.40	0.00	22	0.50	0.00	5.40	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000437 Peaches, Diced (C)	1 Cup	1	106	0.00	12	*N/A*	*N/A*	0.28	0.00	0	26.79	2.60	1.01	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			1994	*4.50	*2168	*125.49	*84.49	*39.67	*0.00	*212	346.96	*31.58	*81.36	$0.000
% of Calories				*2.03%		*25.17 %	*16.95 %	*17.9%	*0.0%		69.6%		*16.3%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Friday - 11/06/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000379 Donut, Long John Maple 24-25	1 Donut	1	345	3.50	325	34.50	33.50	9.00	0.00	0	63.00	3.00	6.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995428 Applesauce 26-27	1 Cup	1	100	0.00	20	22.00	0.00	0.00	0.00	0	24.00	2.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2174	*3.50	*2083	*180.49	*117.49	*36.99	*0.00	*60	404.68	*33.99	*74.95	$0.000
% of Calories				*1.45%		*33.21 %	*21.62 %	*15.3%	*0.0%		74.5%		*13.8%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Monday - 11/09/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
999685 Pancake on a Stick 7-12 25-26	2 Pancake	1	95	1.00	170	2.50	*N/A*	4.50	*N/A*	15	9.00	1.00	4.50	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995727 Fruit Mix 25-26	1 Cup	1	140	*N/A*	*N/A*	30.00	10.00	*N/A*	*N/A*	*N/A*	34.00	2.00	*N/A*	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			1964	*1.00	*1908	*156.49	*93.99	*32.49	*0.00	*75	360.68	*31.99	*73.45	$0.000
% of Calories				*0.46%		*31.87 %	*19.14 %	*14.9%	*0.0%		73.5%		*15.0%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Tuesday - 11/10/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990201 Scrambled Eggs 7-12	1 Cup	1	483	14.00	517	0.00	*N/A*	33.00	0.00	937	0.00	0.00	39.00	$0.000
000308 Tater Tots 25-26	1/2 Cup	1	213	2.00	307	0.00	*N/A*	12.00	0.00	0	25.33	1.33	2.67	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000438 Diced Pears (C)	1 Cup	1	120	0.00	20	22.00	*N/A*	0.00	0.00	0	28.00	4.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2545	*16.00	*2582	*145.99	*83.99	*72.99	*0.00	*997	371.01	*34.32	*110.62	$0.000
% of Calories				*5.66%		*22.95 %	*13.20 %	*25.8%	*0.0%		58.3%		*17.4%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Thursday - 11/12/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
995624 Mixed Berry Parfait 7-12	1 Parfait	1	381	*0.58	*194	36.79	*11.01	*3.45	*N/A*	*10	71.36	*4.83	*17.60	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995428 Applesauce 26-27	1 Cup	1	100	0.00	20	22.00	0.00	0.00	0.00	0	24.00	2.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2209	*0.58	*1952	*182.78	*94.99	*31.44	*0.00	*70	413.04	*35.82	*86.56	$0.000
% of Calories				*0.24%		*33.10 %	*17.20 %	*12.8%	*0.0%		74.8%		*15.7%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Friday - 11/13/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
999737 Pumpkin Bread IW Sliced K-12	1 Slice	1	261	1.51	251	22.09	22.09	8.03	0.00	0	43.17	2.01	5.02	$0.000
999682 Go-Gurt Tube SS 26-27	1 Tube	1	47	0.30	30	5.30	3.30	0.70	*N/A*	2	7.70	*N/A*	2.30	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000437 Peaches, Diced (C)	1 Cup	1	106	0.00	12	*N/A*	*N/A*	0.28	0.00	0	26.79	2.60	1.01	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2143	*1.81	*2031	*151.38	*109.38	*37.00	*0.00	*62	395.34	*33.59	*77.28	$0.000
% of Calories				*0.76%		*28.26 %	*20.42 %	*15.5%	*0.0%		73.8%		*14.4%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Monday - 11/16/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
995740 Omelet, Cheddar 7 -12 25-26	2 Omelets	1	95	3.00	270	1.00	0.00	7.00	0.00	130	2.00	0.00	6.00	$0.000
995598 Sausage Patty, Turkey 26-27	1 Patty	1	64	1.50	148	0.50	0.50	4.40	0.00	22	0.50	0.00	5.40	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000438 Diced Pears (C)	1 Cup	1	120	0.00	20	22.00	*N/A*	0.00	0.00	0	28.00	4.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2008	*4.50	*2176	*147.49	*84.49	*39.39	*0.00	*212	348.18	*32.99	*80.35	$0.000
% of Calories				*2.02%		*29.38 %	*16.83 %	*17.7%	*0.0%		69.4%		*16.0%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Tuesday - 11/17/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000169 Breakfast Burrito 7 -12 25-26	2 Burritos	1	440	8.00	620	2.00	2.00	18.00	0.00	80	50.00	8.00	20.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995428 Applesauce 26-27	1 Cup	1	100	0.00	20	22.00	0.00	0.00	0.00	0	24.00	2.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2269	*8.00	*2378	*147.99	*85.99	*45.99	*0.00	*140	391.68	*38.99	*88.95	$0.000
% of Calories				*3.17%		*26.09 %	*15.16 %	*18.2%	*0.0%		69.0%		*15.7%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Wednesday - 11/18/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990254 Breakfast Pizza 7-12	2 Slices	1	420	7.00	640	10.00	*N/A*	16.00	0.00	110	50.00	4.00	20.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000437 Peaches, Diced (C)	1 Cup	1	106	0.00	12	*N/A*	*N/A*	0.28	0.00	0	26.79	2.60	1.01	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2255	*7.00	*2390	*133.99	*83.99	*44.27	*0.00	*170	394.46	*35.58	*89.96	$0.000
% of Calories				*2.79%		*23.77 %	*14.90 %	*17.7%	*0.0%		70.0%		*16.0%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Thursday - 11/19/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
995465 Biscuits & Gravy 7-12	2 Biscuits	1	420	12.15	808	6.05	*N/A*	18.72	0.00	0	55.60	4.05	9.10	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000438 Diced Pears (C)	1 Cup	1	120	0.00	20	22.00	*N/A*	0.00	0.00	0	28.00	4.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2268	*12.15	*2566	*152.04	*83.99	*46.72	*0.00	*60	401.28	*37.04	*78.05	$0.000
% of Calories				*4.82%		*26.81 %	*14.81 %	*18.5%	*0.0%		70.8%		*13.8%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Friday - 11/20/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000379 Donut, Long John Maple 24-25	1 Donut	1	345	3.50	325	34.50	33.50	9.00	0.00	0	63.00	3.00	6.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995727 Fruit Mix 25-26	1 Cup	1	140	*N/A*	*N/A*	30.00	10.00	*N/A*	*N/A*	*N/A*	34.00	2.00	*N/A*	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2214	*3.50	*2063	*188.49	*127.49	*36.99	*0.00	*60	414.68	*33.99	*74.95	$0.000
% of Calories				*1.42%		*34.05 %	*23.03 %	*15.0%	*0.0%		74.9%		*13.5%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Monday - 11/23/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
999730 Chex Mix, Straw Yogurt 26-27	1 Bag	1	120	1.00	55	6.00	*N/A*	3.00	0.00	0	23.00	2.00	2.00	$0.000
995428 Applesauce 26-27	1 Cup	1	100	0.00	20	22.00	0.00	0.00	0.00	0	24.00	2.00	0.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			1949	*1.00	*1813	*151.99	*83.99	*30.99	*0.00	*60	364.68	*32.99	*70.95	$0.000
% of Calories				*0.46%		*31.19 %	*17.24 %	*14.3%	*0.0%		74.8%		*14.6%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Tuesday - 11/24/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990242 Sausage, Egg & Cheese English Muffin 25-26	1 Sand	1	344	*7.00	683	2.50	*0.50	18.90	*0.00	*162	25.50	*3.00	20.40	$0.000
995656 Hashbrown Patty	1 Patty	1	240	2.00	540	*N/A*	*N/A*	12.00	*N/A*	*N/A*	30.00	2.00	2.00	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995727 Fruit Mix 25-26	1 Cup	1	140	*N/A*	*N/A*	30.00	10.00	*N/A*	*N/A*	*N/A*	34.00	2.00	*N/A*	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2453	*9.00	*2961	*156.49	*94.49	*58.89	*0.00	*222	407.18	*35.99	*91.35	$0.000
% of Calories				*3.30%		*25.52 %	*15.41 %	*21.6%	*0.0%		66.4%		*14.9%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
999685 Pancake on a Stick 7-12 25-26	2 Pancake	1	95	1.00	170	2.50	*N/A*	4.50	*N/A*	15	9.00	1.00	4.50	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
000437 Peaches, Diced (C)	1 Cup	1	106	0.00	12	*N/A*	*N/A*	0.28	0.00	0	26.79	2.60	1.01	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			1930	*1.00	*1920	*126.49	*83.99	*32.77	*0.00	*75	353.46	*32.58	*74.46	$0.000
% of Calories				*0.47%		*26.22 %	*17.41 %	*15.3%	*0.0%		73.3%		*15.4%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

Monday - 11/30/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990201 Scrambled Eggs 7-12	1 Cup	1	483	14.00	517	0.00	*N/A*	33.00	0.00	937	0.00	0.00	39.00	$0.000
000308 Tater Tots 25-26	1/2 Cup	1	213	2.00	307	0.00	*N/A*	12.00	0.00	0	25.33	1.33	2.67	$0.000
990198 Cereal, Variety 7-12 25-26	2 Cereals	1	1100	0.00	1150	60.00	60.00	17.00	0.00	0	232.00	26.00	22.00	$0.000
995442 Yogurt, Greek Variety 26-27	1 Cup	1	260	*N/A*	155	34.00	23.00	0.00	*N/A*	15	36.00	2.00	27.00	$0.000
995428 Applesauce 26-27	1 Cup	1	100	0.00	20	22.00	0.00	0.00	0.00	0	24.00	2.00	0.00	$0.000
999729 Toast & SF Jam 26-27	1 Slice	1	89	*0.00	*123	*0.99	*0.99	*0.49	*0.00	*0	17.68	*0.99	*3.95	$0.000
999668 Milk, Whole 26-27	1 Carton	1	150	0.00	120	11.00	0.00	8.00	0.00	35	12.00	0.00	8.00	$0.000
000081 Milk Chocolate 1% 25-26	1 Carton	1	130	0.00	190	18.00	*N/A*	2.50	0.00	10	20.00	0.00	8.00	$0.000
Weighted Daily Average			2525	*16.00	*2582	*145.99	*83.99	*72.99	*0.00	*997	367.01	*32.32	*110.62	$0.000
% of Calories				*5.70%		*23.13 %	*13.31 %	*26.0%	*0.0%		58.1%		*17.5%	
Weekly Nutrient Guideline			450 - 600	<10	<=640		<10							

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages		2203	*5.97	*2262	*152.00	*91.73	*44.21	*0.00	*216	383.92	*34.68	*84.23	$0.000
% of Calories			*2.44%		*27.60 %	*16.66%	*18.1%	*0.0%		69.7%		*15.3%	

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.