SOUTH PARK MIDDLE SCHOOL BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	**3** NO SCHOOL	**4** Apple Strudel Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**5** French Toast Sticks W/ Sausage Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**6** Dutch Waffle Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
9 Mini Cinni Rolls Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**10** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**11** NO SCHOOL	**12** Sausage Egg & Cheese Sandwich Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**13** WG Donut Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
16 Strawberry Toaster Pastry Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**17** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**18** Cinnamon Rolls Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**19** Steak Egg & Cheese Sandwich Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**20** Mini Blueberry Donut Holes Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
23 Glazed Dunker Sticks Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**24** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**25** Sausage Egg & Cheese Sandwich Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**26** NO SCHOOL	**27** NO SCHOOL
30 NO SCHOOL	**1** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**2** Egg & Cheese Sandwich Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**3** Dutch Waffle Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**4** WG Donut Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk

MAKE IT A MEAL!
Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.04

Available Daily
Assorted Cereals
Assorted Benefit Bars
Assorted Pop Tarts

Fruit Selection
Apple, Orange, Banana, Canned Applesauce, Pears, Peaches

Students may choose two ½ cup servings.

Milk Selection
1% White Milk, Chocolate, Vanilla, Strawberry

Your Dining Services Team
Donna Nassan
General Manager
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donna.nassan@sparksd.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES