SOUTH PARK HIGH SCHOOL LUNCH MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **NO SCHOOL**	**3** **NO SCHOOL**	**4** General Tso's Chicken Teriyaki Chicken Over Brown Rice **Steamed Broccoli** **Mandarin Oranges**	**5** Philly Beef or Chicken Hoagie **Glazed Carrots** **Peaches**	**6** Pierogies W/ Keilbasa **Steamed Green Beans** **Cucumber Slices**
9 Pasta Bar Meat Sauce/Marinara Alfredo **Green Beans** **Romaine Salad**	**10** Nacho Bar Beef/Chicken/Pork Rice/Black Beans **Seasoned Corn** **Corn & Bean Salsa**	**11** **NO SCHOOL**	**12** Chicken & Mashed Potato Bowl with Roll **Mashed Potatoes** **Baby Carrots**	**13** Loaded Tator Tots Beef/Chicken Cheddar Cheese **Chic Pea Salad** **Red Pepper Strips**
16 Chicken Parm Alfredo Noodles **Broccoli** **Baby Carrots**	**17** Soft Taco Taco Pizza **Black Beans/Corn** **Strawberry Spinach Salad**	**18** Hot Dog Bar W/Hot Dog Sauce Mac and Cheese **Curly Fries** **Coleslaw** **Baked Beans**	**19** Fall Feast Turkey/Stuffing/Corn Mashed Potatoes/ Sweet Potatoes **Pumpkin Fluff**	**20** Breakfast For Lunch French Toast Sticks/Sausage **Hashbrowns** **Warm Apples**
23 Turkey and Biscuit **Mashed Potatoes** **Baby Carrots**	**24** Nacho Bar Beef/Chicken/Pork Rice/Black Beans **Seasoned Corn** **Fresh Pico de Gallo**	**25** **HALF DAY**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
30 **NO SCHOOL**	**1** Chicken/Beef/Pork Burrito **Black Beans/Salsa** **Pears**	**2** 3-Bean Chili W/Warm Cornbread Noodles/Cheddar Cheese **Romaine Tossed Salad** **Fresh Cauliflower**	**3** BYO Burger Assorted Toppings Mac and Cheese **Baked Beans** **Pineapple**	**4** Buffalo Chicken Torita Chips **Seasoned Corn** **Applesauce**

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$2.90
Adult	$4.00

Available Daily

Fresh Salad Bar
PB&J Craveable
Fresh Cheese and Pepperoni Pizza

Fruit & Veggie Selection

Apples, Oranges, Bananas, Grapes, Applesauce, Peached, Pears, Broccoli, Carrots, Peppers, Tomatoes, Cauliflower

Students may choose two ½ cup servings

Milk Selection

1% White, Chocolate, Vanilla, Strawberry

Your Dining Services Team

Donna Nassan
General Manager
412.655.3111 ext. 2030
donna.nassan@sparksd.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES