

Wallkill HS

11/02/2026 - 11/06/2026

Welcome to our
Lunch Cafe

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



2 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🌱
Tomato Sauce
Sauteed Spinach
Fresh Orange 🍊

3 **SCHOOL CLOSED TODAY**

4 BLT Burger
freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun P 🌱 🍌 🍅
Iceberg Lettuce
Sliced Tomatoes
Oven Baked Fries
Fresh Apple 🍏

5 Nachos Grande 🌱
Sour Cream
Yellow Rice
Seasoned Black Beans
Tomato Salad 🍅
Fresh Apple 🍏

6 Honey Chipotle Chicken Homemade 🌱
Hawaiian Pineapple
Fried Rice 🍌
Adobe Guacamole
Dip 🌱 🍌
Sauteed Kale
Chili Roasted Corn
Fresh Orange 🍊

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



For Menu Questions
please contact
Marilyn Digregorio @

digregoriom@
whitsons.com



Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱 🍌

SCHOOL CLOSED TODAY

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱 🍌

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱 🍌

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱 🍌

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

SCHOOL CLOSED TODAY

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

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warm spicy chicken breaded cutlet prepared in-house

New Specials **EVERY WEEK!**
visit us at: www.fdmaelplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Italian Stallion Panini
freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce P 🌱 🍌

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Italian Stallion Panini
freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce P 🌱 🍌

Available Daily: Made to Order and **ALWAYS Fresh!**



Garden Salad Entree
fresh garden salad topped with meat 🌱 🍌
Dinner Rolls 🍌
Fruity Granola
Parfait 🌱 🍌 🍏

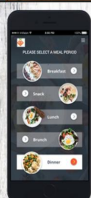
SCHOOL CLOSED TODAY

Garden Salad Entree
fresh garden salad topped with meat 🌱 🍌
Fruity Granola
Parfait 🌱 🍌 🍏
Dinner Rolls 🍌

Garden Salad Entree
fresh garden salad topped with meat 🌱 🍌
Fruity Granola
Parfait 🌱 🍌 🍏
Dinner Rolls 🍌

Garden Salad Entree
fresh garden salad topped with meat 🌱 🍌
Fruity Granola
Parfait 🌱 🍌 🍏
Dinner Rolls 🍌

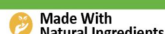
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at
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the App Store or Google Play, and
view your menu on your mobile device
anywhere.

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WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM



Wallkill HS

11/09/2026 - 11/13/2026

Welcome to our
Lunch Cafe

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



9 Fluffy Whole Grain Waffles
warm whole grain waffles
Syrup
Sausage Patty
Crispy Potato Puffs
BRUNCH FOR LUNCH TODAY!

10 Buffalo Chicken Sauce & Toss
popcorn chicken glazed with Buffalo sauce
Seasoned Rice
Chilled Red Pepper Strips
Buttered Corn
Chickpea Salad
Fresh Green Grapes



12 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Carrot Sticks
Oven Baked Fries
Fresh Orange

YARD BIRD
The Original Chicken Sandwich

13 Baked Pasta with Homemade Meat Sauce
Homemade Garlic Naan
Tomato Salad
Spiced Roasted Green Beans w/ Parmesan
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball



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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

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golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup



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golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich



Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich

Available Daily: Made to Order and ALWAYS Fresh!



Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
Dinner Rolls
Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
Fruity Granola Parfait



Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
Dinner Rolls
Fruity Granola Parfait

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tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
Dinner Rolls
Fruity Granola Parfait

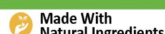
Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls



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Wallkill HS

Welcome to our
Lunch Cafe

11/16/2026 - 11/20/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



16 Buffalo Chicken Mac & Cheese
pasta in cheese sauce, topped with buffalo style chicken
Steamed Peas
Applesauce

17 Nachos Grande **Beef**
Sour Cream
Yellow Rice
Seasoned Black Beans
Tomato Salad
Fresh Apple

18 Chicken Parmesan Over Pasta
oven baked chicken topped with sauce and melted cheese, all over pasta
Side Garden Salad
Steamed Carrots
Fresh Pear



19 BBQ Style Chicken Wings
Wing Shack Chicken Wings
Buffalo Chicken Wings
Celery
Garlic Parmesan Fries
Watermelon Slices

20 Roasted Turkey with Gravy
oven roasted turkey breast smothered with gravy
Dinner Rolls
Mashed Potatoes
Glazed Carrots
Apple Cobbler

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp



Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Honeyfire Kitchen Chicken Wrap
Chicken wrapped in a tortilla with lettuce and tomato, drizzled with honeyfire sauce

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Chicken wrapped in a tortilla with lettuce and tomato, drizzled with honeyfire sauce

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Chicken wrapped in a tortilla with lettuce and tomato, drizzled with honeyfire sauce

Offering New Specials EVERY WEEK!
To see our menus, visit us at: www.fdmealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar American Combo Sandwich **P**

Deli Bar American Combo Sandwich **P**

Deli Bar American Combo Sandwich **P**

Deli Bar American Combo Sandwich **P**

Deli Bar American Combo Sandwich **P**



Available Daily: Made to Order and ALWAYS Fresh!



Chicken and Strawberry Salad
fresh strawberries with chicken over greens

Chicken and Strawberry Salad
fresh strawberries with chicken over greens

Chicken and Strawberry Salad
fresh strawberries with chicken over greens

Chicken and Strawberry Salad
fresh strawberries with chicken over greens

Chicken and Strawberry Salad
fresh strawberries with chicken over greens



Dinner Rolls
Fruity Granola
Parfait

Dinner Rolls
Fruity Granola
Parfait

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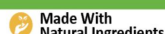
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Wallkill HS

Welcome to our
Lunch Cafe

11/23/2026 - 11/27/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

23

24

25

26

27



No

Homemade Pesto
Pasta with Chicken 🍝
Roasted Squash
Steamed Broccoli
Applesauce 🍏

SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



L

Meatball Pizza
freshly prepared cheese
pizza topped with
meatballs 🍕

SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY

U

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



N

Beef Hot Dog on Bun
juicy beef hot dog on a
soft bun 🌭

Offering New S...
To see... us a
www.fdmaealplanner.com

SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY

C

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



H

Turkey Club Wrap
turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla 🌯

SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY

Available Daily: Made to Order and ALWAYS Fresh!



Garden Salad Entree
fresh garden salad
topped with meat 🍷
Dinner Rolls 🍞
Fruity Granola
Parfait 🥤

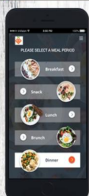
SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY



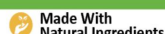
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Wallkill HS

Welcome to our
Lunch Cafe

11/30/2026 - 11/30/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



30 Baked Chicken Tenders
crispy chicken tenders
perfect for dipping in your favorite sauce
Vegetable Rice Pilaf
Green Beans
Strawberries 🍓



Meatball Pizza
freshly prepared cheese
pizza topped with
meatballs 🍕

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmealplanner.com

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Smash Cheeseburger on Bun
homemade beef patty
topped with melted
cheese and onion on a
toasted bun 🍔

Available Daily: Hamburgers, Cheeseburgers, & Chicken Patties



Turkey Club Wrap
turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla 🌯

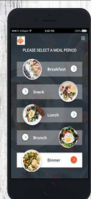
Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along



Garden Salad Entree
fresh garden salad
topped with meat 🥗
Dinner Rolls 🍞
Fruity Granola
Parfait 🥤



Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain



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