

Lunch Menu

Pre-K Menu

November
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Nachos with Cheese  
Salsa
Sour Cream
Black Beans
Cucumber Coins
Buttered Corn
Fresh Orange 

MEATLESS MONDAY

Tuesday

3  **SCHOOL CLOSED TODAY**

Wednesday

4 Homemade Pasta & Meatballs 
Fresh Baby Carrots
Ranch Dressing
Steamed Broccoli
Fresh Strawberries 

Thursday

5 Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
Dinner Rolls 
Oven Baked Fries
Green Beans
Pineapple 

Friday

6 Classic Cheese Pizza  
Roasted Squash
Fresh Banana 


9 Fluffy Whole Grain Pancakes 
Sausage Patty
Crispy Potato Puffs 
Applesauce 

MEATLESS MONDAY

IT'S BRUNCH FOR LUNCH TIME

10 Crispy Popcorn Chicken
Brown Rice
Green Beans
Fresh Blueberries



11  **IT'S VETERANS DAY**

12 NY Beef Burger
beef burger on a freshly toasted bun 
Sweet Potato Fries
Fresh Apple 

13 Classic Cheese Pizza  
Side Salad
Italian Dressing 
Watermelon Slices 

16 Two Cheese Grilled Cheese Meltdown Café 
Oven Baked Fries 
Steamed Carrots
Applesauce 

MEATLESS MONDAY



17 Turkey & Cheese Sandwich
Grape Tomatoes
Fresh Orange 

18 Wing Shack Chicken Wings
breaded chicken wings baked to perfection 
Sweet Corn
Fresh Apple 

Boneless

19 Roasted Turkey with Gravy
Dinner Rolls 
Mashed Potatoes
Spiced Roasted Green Beans w/ Parmesan
Apple Cobbler 



20 Classic Cheese Pizza  
Caesar Salad 
Fresh Banana 

23 **NO LUNCH EARLY DISMISSAL**

MEATLESS MONDAY



24 Applesauce 
Homemade Baked Pasta with Cheese  
Steamed Peas

25 **SCHOOL CLOSED TODAY**

26  **THANKSGIVING DAY**

27 **SCHOOL CLOSED TODAY**

30 Fluffy Whole Grain Waffles 
Sausage Patty
Crispy Potato Puffs 
Applesauce 

MEATLESS MONDAY



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices

We are now ALL free!

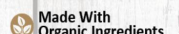
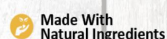
Milk: \$0.75

If you have any questions or would like more information please Contact

Food Service Director

Marilyn Digregorio at

845-895-7192



All grains offered are whole grain

Sloppy Joe- ground beef
Meatball Sub- chicken meatballs
Soft Taco- seasoned ground beef Or chicken