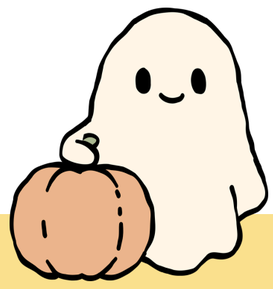
Middle School Lunch



AVAILABLE DAILY:

- Milk
  - 1% White
  - 1% Lactose-free White
  - 1% Chocolate
  - Fat-free Strawberry
- Alternative Entrees
  - Entree Salad w/Meat and Cheese
  - SoyButter and Grape Jelly Sandwich
- Assorted Fruit Options
- Assorted Fresh Vegetables



October 26 Chicken Nuggets Cornbread Muffin Green Beans	27 Rotini with Meat Sauce Garlic Bread Side Salad	28 French Toast Sticks Sausage Hash Browns Spiced Apples	29 Deluxe Steakburger Baked French Fries	30 Chicago-style Beef Sandwich Baked Beans Coleslaw Orange Sherbet
November 2 Stuffed Crust Pizza Glazed Carrots	3 No School Professional Development Day	4 Salisbury Steak Dinner Roll Mashed Potatoes BLT Salad	5 Deluxe Spicy Chicken Sandwich Goin' Strong Smoothie	6 Chicken Alfredo Steamed Broccoli Thankful Lunch
9 Pepperoni Stuffed Sandwich Marinara Cup	10 Beef or Chicken Soft Taco Cut Corn	11 Turkey Hot Dog Baked Beans Potato Salad	12 Tangerine Chicken over Rice California Blend	13 Turkey w/Gravy or Chicken Drumstick Mashed Potatoes Green Beans Cornbread w/Butter Confetti Cookie
16 Chicken Nuggets Cornbread Muffin Green Beans Corn on the Cob	17 Walking Taco Refried Beans with Cheese	18 Galaxy Pepperoni or Cheese Pizza Cheesy Broccoli 100% Juice Slushy	19 New Orleans Chicken and Rice Bowl Fried Cabbage	20 Deluxe Steakburger Baked French Fries
	24 No School Thanksgiving Break	25 No School Thanksgiving Break	26 No School Thanksgiving Break	27 No School Thanksgiving Break

Menu subject to change without notice due to availability

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Questions and comments may be directed to:
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Dannette Taylor-Addison
854-0017 ext. 3016