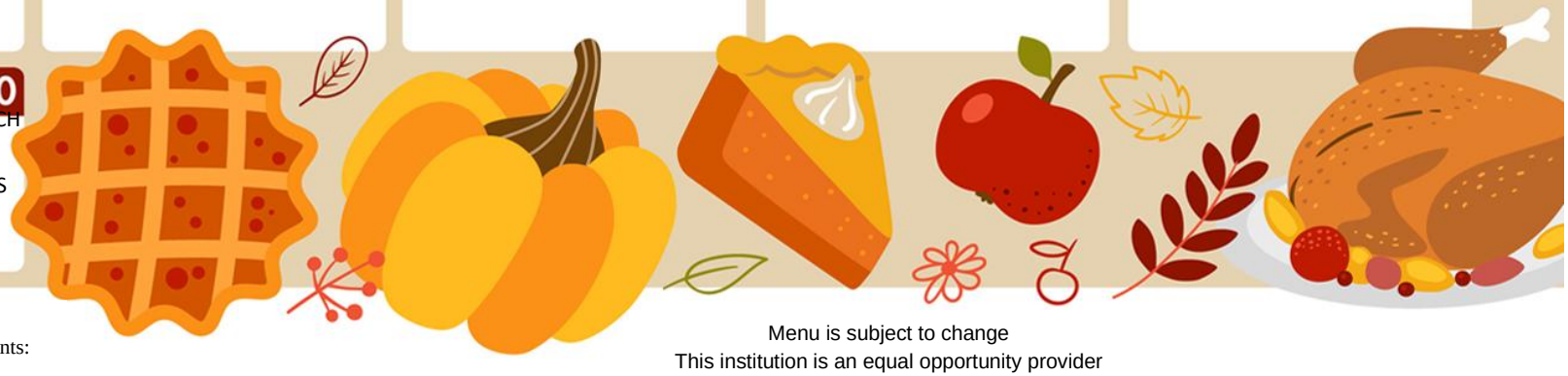
BREAKFAST

NOVEMBER 2026

Mountain Lakes High School
Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Choice of: 1. PANCAKE & SAUSAGE SANDWICH 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**3** Choice of: 1.FRENCH TOAST STICKS & SAUSAGE 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**4** Choice of: 1. HOMEMADE MUFFIN 2. YOGURT & TOAST 3. CEREAL & GRAHAM CRACKERS	**5** Choice of: 1. SCRAMBLED EGGS & TOAST 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**6** Choice of: 1. YOGURT & TOAST 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS
9 Choice of: 1. BREAKFAST PIZZA 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**10** Choice of: 1. SCRAMBLED EGGS & TOAST 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**11** Choice of: 1. HOMEMADE MUFFIN 2. YOGURT & TOAST 3. CEREAL & GRAHAM CRACKERS	**12** Choice of: 1. BREAKFAST BURRITO 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**13** Choice of: 1. FRUIT & YOGURT PARFAIT 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS
16 Choice of: 1. PANCAKE & SAUSAGE SANDWICH 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**17** Choice of: 1. FRENCH TOAST STICKS & SAUSAGE 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**18** Choice of: 1. HOMEMADE MUFFIN 2. YOGURT & TOAST 3. CEREAL & GRAHAM CRACKERS	**19** Choice of: 1. SCRAMBLED EGGS & TOAST 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS	**20** Choice of: 1. YOGURT & TOAST 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS
23	**24**	**25**	**26**	**27**
30 Choice of: 1. PANCAKE & SAUSAGE SANDWICH 2. BAGEL & CREAM CHEESE 3. CEREAL & GRAHAM CRACKERS				



Choice of one entree per day.
All breakfasts are offered the following components:
2 Oz Grains, 1 cup fruit and 1 Cup Milk.
Milk choices are 1% white or Fat Free Chocolate.
A variety of fruit and vegetables are offered each day

Menu is subject to change
This institution is an equal opportunity provider
Student meals provided at no charge
Adult lunch $5.75
Adult breakfast $4.25