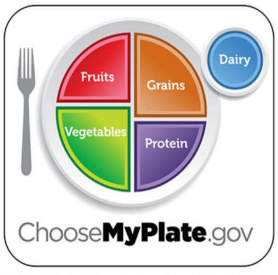
Lunch Menu

Pre-K Menu

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Superintendent Conference Day	3 Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk	4 NY Beef Burger *beef burger on a freshly toasted bun* Oven Baked Fries Mandarin Oranges Unflavored Low Fat Milk	5 Crispy Chicken Sandwich *warm crispy breaded chicken on a bun prepared in-house* Baked Beans Strawberry Cup Unflavored Low Fat Milk	6 Classic Cheese Pizza *whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese* Steamed Broccoli Pineapple Cup Unflavored Low Fat Milk
9 Mozzarella Sticks *crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce* Tomato Sauce Dip Buttered Corn Applesauce Unflavored Low Fat Milk MEATLESS MONDAY	10 Chicken Nuggets *crispy breaded chicken nuggets perfect for dipping in your favorite sauce* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk		12 Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce* Baked Beans Strawberry Cup Unflavored Low Fat Milk	13 Classic Cheese Pizza *whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese* Steamed Broccoli Pineapple Cup Unflavored Low Fat Milk Unflavored Low Fat Milk
16 Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Buttered Corn Applesauce Unflavored Low Fat Milk MEATLESS MONDAY	17 Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk	18 Beef Hot Dog on Bun *juicy beef hot dog on a soft bun* Oven Baked Fries Mandarin Oranges Unflavored Low Fat Milk	19 Crispy Popcorn Chicken *crispy breaded chicken bites baked to perfection* Baked Beans Strawberry Cup Unflavored Low Fat Milk	20 Classic Cheese Pizza *whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese* Steamed Broccoli Pineapple Cup Unflavored Low Fat Milk
23 Cheesy Stuffed Bread Sticks *baked bread sticks filled with melted cheese* Tomato Sauce Dip Steamed Peas Applesauce Unflavored Low Fat Milk MEATLESS MONDAY	24 Crispy Chicken Sandwich *warm crispy breaded chicken on a bun prepared in-house* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Cheese Quesadilla *freshly grilled flour tortilla with melted cheese* Mild Salsa Buttered Corn Applesauce Unflavored Low Fat Milk MEATLESS MONDAY				

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Adult Meal - $5.023+ Tax

All Students are eligible to receive a free meal at lunch.

MENU SUBJECT TO CHANGE

Fresh Fruit and Vegetable available daily

Other lunch options available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service , Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients