CARMEL MIDDLE SCHOOL
COUGARS

Daily Bulletin
Wednesday, October 28th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

Today is Day THREE of National Red Ribbon Week, and we LOVED seeing so many of you choosing **Hugs Not Drugs** by wearing PJs to school yesterday. In fact, Ms. Silva's first period class had the majority of her students wearing pajamas! Congratulations! We hope you enjoy your treats. Today, we are Spreading the Aloha by choosing to live a healthy lifestyle and helping our friends do the same. Please be sure to stop and read an 8th grader's Aloha Sweatshirt today. The message is an important one and should always be remembered. Teachers, please complete the form that Mrs. Wells emailed to you this morning to let us know how many students are showing commitment to the Red Ribbon Pledge by wearing **Hawaiian Gear** or **Aloha Sweatshirts.** As the week continues, we hope you will make positive choices and join in on our final two dress-up days:
Tomorrow - CMS is Proud to be Drug Free. **Wear Carmel Gear or LOTS of Red!**
Friday - **Scare Away Drugs.** Be sure to wear your Halloween Costume for this fun minimum day!

CMS Sports News:

Come on out to the gym this afternoon and cheer on our 8th Grade Girls Volleyball team when they host the DLAMP school in the gym at 4:00 pm. **Go Cougars!!**

Last weekend, many CMS families participated in the Pebble Beach Zombie Run hosted by the fire department. The cross-country team is so excited to announce that our runner Auggie Hopkins-Camp finished in 1st place and Quinn Albright finished in 2nd! Both completed the race in under 18 minutes! Congratulations to all of the runners.

Tomorrow is the last day to sign up for the CMS GeoBee. Do you know your countries, capitals, and continents? Put your geography skills to the test in the CMS Geography Bee! Haven't signed up yet? No worries! Just swing by your Social Studies teacher or a librarian to get on the roster. The preliminary round is November 4th - don't miss out on the fun!

Today marks the final opportunity to make your best guess on the weight of our library pumpkin! Visit the Library website and try your hand at estimating the pumpkin's weight in kilograms. The lucky winner will carry this captivating gourd home Tomorrow!

Attention all Science Olympians: Please make sure you have filled out the Science Olympiad application on the Google Classroom page before Thursday's lunchtime meeting being held in Mr. Guzzis room. See you Thursday!

Yesterday at Wiffler's Park, the ***M Dawg Elites*** took on the ***Littletown Lemonades*** in Game 1 of their best-of-three series. Finn O'Neal got things rolling for the Elites with a two-run homer in the top of the first, but after that, the scoreboard was filled with goose eggs for most of the game. It turned into a pitching highlight reel, as a new Wiffler's Park record was set for the most strikeouts in a single game! It looks like the playoff nerves got the best of the hitters, but the ***M Dawg Elites*** did just enough to hold on for a hard-fought 2-1 victory and take a 1-0 series lead. Today's action continues with Game 2 of the ALCS, featuring the ***Silva Swagasaurs*** taking on the **Krislyn Krushers.**

Other Lunchtime Activities:

Today's INK-tober's Word of the Day is **TROPHY.** Bring a pen and paper to the library at lunchtime!

The Hive meets in room C-11A during lunch to build, draw, create. Come hang out! Everyone is welcome

The Handwork Club meets in Room C11. All skill levels are welcome, and supplies will be provided.

Today's Menus: **Breakfast**: Sausage, Egg, and Cheese Sandwich, Chocolate Chip Muffin, and Cinnamon Chex
Lunch: Domino's Pepperoni & Cheese Pizza, Spicy Chicken Sandwich, BBQ Brisket Sandwich, or a Popcorn Chicken Salad.

Happy Birthday to: