

Calais Elementary

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crispy Chicken Sandwich Zucchini Noodles 02	Turkey or Bean Nachos Cheddar, Olives, Avocado, Salsa, Sour Cream and Corn 03	Mac and Cheese Bar Bacon, Ham, Apples, Peas and Broccoli 04	Cheese, Pepperoni or BBQ Chicken Pizza Garden Salad 05	**No School** 06
Popcorn Chicken Mashed Potatoes and Gravy Corn 09	Chicken or Cheese Quesadilla Salsa, Avocado and Sour Cream Corn Chowder 10	Turkey or Veggie Chili Corn Bread Green Salad 11	Chicken Nuggets French Fries Carrot Sticks 12	Hamburger, Cheese Burger or VT Bean Burger Potato Wedges Cole Slaw 13
Chicken Tenders Sweet Potato Tots Dipping Sauces 16	Turkey or Bean Burrito Salsa, Avocado and Sour Cream Corn and Tomato Salad 17	Turkey Dinner Mashed Potatoes & Gravy Peas & Carrots Biscuits 18	Grilled Cheese Tomato Soup Bean Salad 19	Fish Sticks Buttery Noodles Peas 20
Brunch Scrambled Eggs, Turkey Sausage Patty (Vegetarian Option), Hash Brown Potato and French Toast Sticks 23	Cheese, Pepperoni or Ham & Pineapple Pizza Caesar Salad 24	**No School** 25	**No School** 26	**No School** 27
Corn Dog or Veggie Corn Dog Baked Beans Carrot Sticks 30				



This is an equal opportunity provider. Menu subject to change. Daily lunch options include Peanut Butter and Jelly Sandwich. All meals include choice of milk, fruit and vegetable.

NOVEMBER 2026