# Region 15 Middle School Lunch Menu

# November 2026

**Alternate Lunch Options Offered Daily**:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

Yogurt Parfait w/ Homemade Granola

Chicken Ceasar Salad

Or

**Deli Bar**
Choice of
Boar's Head
Turkey, Ham, Buffalo Chicken

Cheese: American, Provolone

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Jalapeno Peppers, Olives, Mayo, Mustard, Hot Sauce

**Lunch Pricing:**
Free: Free
Reduced: Free
Paid Students: Hot Lunch $4.05
Paid Students: Deli/Alternate $4.55
Milk only: $0.75

**All meals options are served with a fruit, two veggies and a milk. Choice of 1% white milk, non-fat chocolate milk & non-fat strawberry milk**

| Monday | Tuesday | Wednesday | Thursday | Friday |
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REMINDER

**Payment Options for Region 15 Families:**
**MySchoolBucks (Online)**: Add funds and view balances at **MySchoolBucks**. A small service fee applies.
**Checks or Cash**
Payable to *Region 15 Food Service Program*.
Middle & High Schools: Students may bring checks or cash directly to cafeteria staff.

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| 2<br>Mac & Cheese<br>Whole Grain Dinner Roll<br>Rainbow Fruit & Veggie Tray | 3<br>French Toast Sticks w/ Turkey Sausage<br>Rainbow Fruit & Veggie Tray<br>Middle School Half Day | 4<br>Bacon Egg and Cheese on Croissant w/ Hashbrown<br>Rainbow Fruit & Veggie Tray<br>Middle School Half Day | 5<br>Assorted Pizza<br>Rainbow Fruit & Veggie Tray<br>Middle School Half Day | 6<br>Chicken Nuggets<br>Oven Baked Fries<br>Dinner Roll<br>Rainbow Fruit & Veggie Tray |
| 9<br>Chicken Nachos w/ Salsa, Sour Cream<br>Rainbow Fruit and Veggie Tray | 10<br>Orange Chicken w/ Brown Rice<br>Rainbow Fruit & Veggie Tray | 11<br>Bosco Sticks w/ Marinara Sauce<br>Mixed Green Salad<br>Rainbow Fruit & Veggie Tray | 12<br>Popcorn Chicken<br>Oven Baked Fries<br>Dinner Roll<br>Rainbow Fruit & Veggie Tray | 13<br>Assorted Pizza<br>Mixed Green Salad<br>Rainbow Fruit & Veggie Tray |
| 16<br>Mozzarella Sticks w/ Marinara Sauce<br>Rainbow Fruit & Veggie Tray | 17<br>Hamburger or Cheeseburger<br>Whole Grain Bun<br>Oven Baked Fries<br>Rainbow Fruit & Veggie Tray | 18<br>Pasta with Meat Sauce<br>Whole Grain Dinner Roll<br>Rainbow Fruit & Veggie Tray | 19<br>Chicken Patty on Whole Grain Bun<br>Oven Baked Fries<br>Rainbow Fruit & Veggie Tray | 20<br>Assorted Pizza<br>Mixed Green Salad<br>Rainbow Fruit & Veggie Tray |
| 23<br>Chicken Tenders<br>Oven Baked Fries<br>Warm Turkey Pretzel<br>Rainbow Fruit & Veggie Tray | 24<br>Assorted Pizza<br>Mixed Green Salad<br>Turkey Cookie<br>Rainbow Fruit & Veggie Tray | 26 | 27<br>No School<br>Thanksgiving Recess | 28 |

Happy Thanksgiving

**All salads are made with Hydroponic Lettuce from H20 Farm in Guilford**

This institution Is an equal opportunity provider