NOVEMBER 2026

Health-e Pro

MON	TUE	WED	THU	FRI
2 **Fun Shaped Chicken Nuggets.** Corn, Dinner Roll A	3 **No School**	4 **Ernies Pizza,** Quinoa Salad B	5 **All Beef Hotdog on a whole grain bun** Baked Beans C	6 **Loaded Beef Nachos** Vegetable Fried Rice D
9 **Chicken Enchilada Empanada** Chickpea Salad E	10 **Beef Meatball Sub w/Mozz Cheese Sauce.** Green beans F	11 **Cheese Pizza Boli** Garden Salad A	12 **Mac & Cheese Carrots,** Cornbread B	13 **Maple Pancake Puffs, Chicken Sausage, Hashbrown** C
16 **Chicken Tenders** Green Beans D	17 **Pasta with beef meat sauce** Garden Salad E	18 **Ernies Pizza,** Quinoa Salad F	19 **Roasted Turkey Mashed Potato Mashed Yams Stuffing & Gravy** A	20 **Grilled Cheese Tomato Soup** B
23 **Chicken & Cheese sub French Fries**  C	24 **Hamburger or Cheeseburger** Sweet Potato Fries D	25 **No School**	26 **No School**	27 **No School**
30 **Chicken Nuggets Corn** Dinner Roll E				

ANNOUNCEMENTS

Available Every Day

Choice of Fruit & Milk!

Bento Bag:
Yogurt, cheese stick, cheerio bowl, apple slices, carrot sticks

Made to Order Sandwich:
Choice of sliced wheat bread, **gluten free bread** and wraps. Turkey, Ham, Tuna, Cheese, Sunbutter & Jelly.

Made to Order Salad:
Protein choices: Chicken. Beans, Turkey, Ham, Egg, Cheese.

November 23
National Eat a Cranberry Day



MEAL PRICES

Lunch	$3.60
Extra Entree (Hearty)	$1.75
Milk	$ .65
Chips	$1.10
Ice Cream	$1.75

To add money to Account:
- Mypaymentsplus.com
- Cash in a labeled envelope
- Checks made payable to BRS Lunch Program
- Label Meal or General Account

Meal account = 1 complete meal per day

General = ala carte items, milk, ice cream, snacks, extra entree

NOTES

Milk is offered with all meals. Choice of Mountain Dairy Whole White Milk or Fat Free Chocolate. **Lactaid Free Milk** is available upon request.
Rainbow Traw is offered every day. Choices may consist of cucumber, broccoli, carrot, tomato, peppers, salads, beans, fresh and canned fruit.
Whenever possible local produce is used.

A complete school lunch includes 5 meal components: Milk, Fruit, Vegetable, Grains, and Meat/Meat Alternate. Students must select at least 3 of these 5 components, and one of the selections must be at least a ½ cup serving of a fruit or a vegetable.

For detailed menu and nutritional information click the link below
View the Current Cafeteria Menu

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