ASHLAND MIDDLE SCHOOL

NOVEMBER 2026
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Saucy Lasagna Roll Ups (V) Garlicky Green Beans Kale Citrus Salad Garlic Knot	3 Chicken Fajitas with Soft Tortilla Sauteed Onions & Peppers (V) Salsa & Sour Cream Mexican Rice	4 Tony's Individual Pizza (V) Caesar Salad	5 Roast Turkey Dinner Mashed Potatoes, Sweet Peas Cranberry Sauce, Gravy Dinner Roll	6 Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans, Honey Carrots
9 Chicken Cheddar Bacon Ranch Sandwich Roasted Butternut Squash Smiley Fries	10 **Teachers Professional Development** **Half Day Bagged Lunch** **Bagel Fun Lunch** **Or Sunbutter & Jelly Sandwich**	11 **Veterans' Day** **No School**	12 Steak & Cheese Sub Onions and Peppers Apple Cranberry Kale Salad	13 Crispy Chicken Tenders Roasted Baby Potatoes Buttered Corn
16 Hamburger, Cheeseburger, Veggie Burger (V) French Fries	17 Marvelous Mac N' Cheese with Peas (V) Seasoned Kale Chips Dinner Roll	18 Pizza Party! (V) Caesar Salad	19 Cheese Omelet (V) Sausage, Hashbrown Potatoes Blueberry Crisp	20 BBQ Chicken Sandwich Mashed Sweet Potatoes Three Bean Salad
23 Pork Carnitas on a Soft Tortilla (V) Onions & Peppers Cilantro Lime Rice Tomato, Corn & Black Bean Fiesta Salad	24 Chicken or Eggplant Parm Sandwich (V) Garlicky Broccoli Kale Caesar Salad	25 **Early Release** **Half Day Bagged Lunch** **Bagel Fun Lunch** **Or Sunbutter & Jelly Sandwich**	26 **Thanksgiving Recess** **NO SCHOOL**	27 **Thanksgiving Recess** **NO SCHOOL**
Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans				

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.