ASHLAND PRESCHOOL

NOVEMBER 2026
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Saucy Lasagna Roll Ups (V) Garlicky Green Beans Kale Citrus Salad Or Zee Zee's S'Mores Bar Fun Lunch (V))	3 Chicken Fajitas with Soft Tortilla (V) Mexican Rice Or Muffin Fun Lunch (V)	4 Tony's Individual Pizza (V) Caesar Salad Or Hummus & Pita Fun Lunch (V)	5 Roast Turkey Dinner Mashed Potatoes, Sweet Peas Cranberry Sauce & Gravy Or Bagel Fun Lunch (V)	6 Crispy Chicken Sandwich Baked Beans, Honey Carrots Or Fruit and Cheese Fun Lunch (V)
9 Turkey & Cheese Croissant Sandwich Roasted Butternut Squash & Smiley Fries Or Zee Zee's S'Mores Bar Fun Lunch	10 **Teachers Professional Development** Buttermilk Pancakes (V) Sausage, Hashbrown Potatoes & Real Maple Syrup Or Muffin Fun Lunch (V)	11 **Veterans' Day** **No School**	12 Steak & Cheese Sub Onions and Peppers Apple Cranberry Kale Salad Or Bagel Fun Lunch (V)	13 Crispy Chicken Tenders Roasted Baby Potatoes Buttered Corn Or Fruit and Cheese Fun Lunch (V)
16 Hamburger, Cheeseburger, Veggie Burger (V) French Fries Or Zee Zee's S'Mores Bar Fun Lunch (V)	17 Marvelous Mac N' Cheese with Peas (V) Or Muffin Fun Lunch (V)	18 Pizza Party! (V) Caesar Salad Or Hummus & Pita Fun Lunch (V)	19 Cheese Omelet (V) Sausage, Hashbrown Potatoes Blueberry Crisp Or Bagel Fun Lunch (V)	20 BBQ Chicken Sandwich Mashed Sweet Potatoes Three Bean Salad Or Fruit and Cheese Fun Lunch (V)
23 Chicken & Cheese Quesadilla (V) Cilantro Lime Rice & Tomato, Corn & Black Bean Fiesta Salad Or Zee Zee's S'Mores Bar Fun Lunch (V)	24 Chicken Parm or Eggplant Parm Sandwich (V) Smiley Fries Kale Caesar Salad Or Muffin Fun Lunch (V)	25 **Early Release** Eggo Waffles (V) Sausage, Hashbrown Potatoes, Real Maple Syrup Or Hummus & Pita Fun Lunch (V)	26 **Thanksgiving Recess** **NO SCHOOL**	27 **Thanksgiving Recess** **NO SCHOOL**
30 Muchos Nachos (V) Tortilla Chips with Seasoned Beef Or Zee Zee's S'Mores Bar Fun Lunch (V)				

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.