



NOVEMBER 2026

Kingston & Poulsbo Middle Schools



USDA Meal Requirements
Breakfast & Lunch

Monday

Breakfast: WG French Toast **2**
Lunch:
~ Super Nachos
~ Bacon Cheeseburger
~ French Bread Pizza
~ Chicken Caesar Wrap

Breakfast: WG Long John **9**
Lunch:
~ Super Nachos
~ Bacon Cheeseburger
~ French Bread Pizza
~ Chicken Caesar Wrap

Breakfast: WG Bagel & CC **16**
Lunch:
~ Super Nachos
~ Bacon Cheeseburger
~ French Bread Pizza
~ Chicken Caesar Wrap

Breakfast: WG Muffin & Yogurt **23**
Lunch:
~ Super Nachos
~ Bacon Cheeseburger
~ French Bread Pizza
~ Chicken Caesar Wrap

Breakfast: WG French Toast **30**
Lunch:
~ Super Nachos
~ Bacon Cheeseburger
~ French Bread Pizza
~ Chicken Caesar Wrap

Tuesday

Breakfast: WG Bagel & CC **3**
Lunch:
~ Chicken Drumstick w/ Mashed Potatoes & Gravy and WG Roll
~ Western Burger
~ Specialty Pizza
~ Taco Salad

Breakfast: Breakfast Burrito **10**
Lunch:
~ Mac & Cheese w/ WG Roll
~ Western Burger
~ Specialty Pizza
~ Taco Salad

Breakfast: Mini Bagel - Strawberry **17**
Lunch:
~ Baked Ziti w/ WG Roll
~ Western Burger
~ Specialty Pizza
~ Taco Salad

Breakfast: Breakfast Burrito **24**
Lunch:
~ Turkey Gravy w/ Mashed Potatoes and WG Roll
~ Western Burger
~ Specialty Pizza
~ Taco Salad

Wednesday

Breakfast: WG Muffin & Yogurt **4**
Lunch:
~ Beef Burrito
~ Pepperoni Ripper
~ Chicken Caesar Salad w/ WG Roll
~ Turkey Deli Sandwich w/ Chips



Breakfast: WG Waffles **18**
Lunch:
~ Baked Cheese Stix & Tomato Soup
~ Pepperoni Ripper
~ Crispy Chicken Salad w/ WG Roll
~ Turkey Deli Sandwich w/ Chips

Breakfast: Chicken & Biscuit **25**
½ Day
All Grades / All Schools
Breakfast Only
No Lunch Service

Thursday

Breakfast: WG Long John **5**
Lunch:
~ Orange Chicken & Rice
~ Specialty Pizza
~ Deli Sandwich w/ Chips
~ Turkey Bacon Wrap

Breakfast: Mini Cinni **12**
Lunch:
~ Teriyaki Chicken & Rice
~ Specialty Pizza
~ Turkey Bacon Wrap
~ Deli Sandwich w/ Chips

Breakfast: WG Long John **19**
Lunch:
~ Baked Salmon & Rice w/ Broccoli
~ Spicy Chicken Sandwich
~ Specialty Pizza
~ Deli Sandwich w/ Chips



Friday

Breakfast: Monte Cristo **6**
Lunch:
~ Chicken & Waffles
~ Bacon Cheeseburger
~ French Bread Pizza
~ PB&J Lunch

Breakfast: Breakfast Sandwich **13**
Lunch:
~ Chili & Cornbread
~ Bacon Cheeseburger
~ French Bread Pizza
~ Yogurt Lunch

Breakfast: WG Muffin & Yogurt **20**
Lunch:
~ Brunch for Lunch
~ Bacon Cheeseburger
~ French Bread Pizza
~ Yogurt Lunch



BREAKFAST

4-5 Choices Daily and includes both fruit & milk.

Price: \$3.00 or FREE if eligible.

Payments are made thru: [Skyward Family Access](#)

This institution is an equal opportunity provider.

Food & Nutrition Services: (360) 396-3279

LUNCH

8-10 Choices Daily and includes milk and unlimited trips to the "Fruit & Veggie Offering Bar"

Price: \$4.25 or FREE if eligible.

Payments are made thru: [Skyward Family Access](#)