November 2026-Fridley Middle School Breakfast

FRIDLEY PUBLIC SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Brekkie Assorted Cereal Assorted Fruit Milk Choice	3 No School	4 Snack N Waffles PBJ Assorted Cereal Assorted Fruit Milk Choice	5 Mini Pancakes Pancake on Stick Assorted Cereal Assorted Fruit Milk Choice	6 Pumpkin Donut Holes Apple Cider Donuts Assorted Cereal Assorted Fruit Milk Choice
9 Benefit Bar Assorted Cereal Assorted Fruit Milk Choice	10 Assorted Mini Cinni Sausage Breakfast Pizza Assorted Cereal Assorted Fruit Milk Choice	11 Mini Pancakes Pancake on Stick Assorted Cereal Assorted Fruit Milk Choice	12 Nature Valley Round Breakfast Yogurt Parfait Assorted Cereal Assorted Fruit Milk Choice	13 No School
16 Assorted Muffins Assorted Cereal Assorted Fruit Milk Choice	17 Puffy Pancakes French Toast Sticks Assorted Cereal Assorted Fruit Milk Choice	18 Assorted Donuts Assorted Cereal Assorted Fruit Milk Choice	19 Assorted Bread Slices Cheesy Breakfast Bagels Assorted Cereal Assorted Fruit Milk Choice	20 Cooks Choice Assorted Cereal Assorted Fruit Milk Choice
23 Brekkie Assorted Cereal Assorted Fruit Milk Choice	24 Snack N Waffles PBJ Assorted Cereal Assorted Fruit Milk Choice	25 No School	26 No School	27 No School
30 Benefit Bar Breakfast Egg Roll Assorted Cereal Assorted Fruit Milk Choice	1 Assorted Mini Cinni Sausage Breakfast Pizza Assorted Cereal Assorted Fruit Milk Choice	2 Mini Pancakes Pancake on Stick Assorted Fruit Milk Choice	3 Nature Valley Round Breakfast Yogurt Parfait Assorted Cereal Assorted Fruit Milk Choice	4 School Made Muffins Assorted Cereal Assorted Fruit Milk Choice

This institution is an equal opportunity provider. Due to supply chain issues, menu is subject to change based on availability. Please see online interactive menu for most up to date menu information. Limited quantities of alternate options are available.

FRIDLEY FRESH
fridley public schools nutrition services