Student Paid- $3.50
Student Reduced- Free
Adult Lunch- $5.50

NOVEMBER HIGH SCHOOL LUNCH MENU

SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Assorted Pizza, *Hamburger,
*Cheeseburger,*Fresh Deli Sandwich
*Entree Salads, *PBJ Sandwich,

HARVEST OF THE MONTH:

Winter Squash like butternut, acorn, spaghetti. and pumpkins are in harvested in November. We are all familiar the flakey sweet pumpkin pie this time of year, however Pilgrims would make their pumpkin pie by hollowing out a pumpkin and fill it with apples, fruits, spice and sugar, then bake it.

For more information, menus, payment options, SchoolCafe.com, and more, please scan the QR code or visit elcosd.org and follow the tabs to Food Services

MON	TUE	WED	THU	FRI
Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!				
*Pizza Sticks with Homemade Dipping Sauce Seasoned Pasta Romaine Salad *Spicy Chicken Bites *BBQ Chicken Pizza Fresh Vegetables with Dip Assorted Fruit 2	*Teriyaki Beef or Fajita Chicken Rice Bowl Steamed Broccoli Queso Sauce *Cheesesteak Pizza Fresh Vegetables with Dip Assorted Fruit 3	*Popcorn Chicken Raider Bowl Dinner Roll Mashed Potatoes Steamed Corn *Hot Ham & Cheese Sandwich *Cheeseburger Pizza Fresh Vegetables with Dip Assorted Fruit 4	*Pasta Bar* Grilled Chicken or Meatballs Homemade Marinara or Alfredo Sauce Mozzarella Filled Breadstick Caesar Salad Fresh Vegetables with Dip Assorted Fruit 5	*Toasted Cheeseburger French Fries Baked Beans *White Pizza Fresh Vegetables with Dip Assorted Fruit Apple Cider Donut 6
*Chicken Nuggets with Dinner Roll French Fries *Hot Ham & Cheese on Pretzel Roll *Meat Lovers Pizza Fresh Vegetables with Dip Assorted Fruit 9	*Chicken Parmesan over Penne Pasta Garlic Knot *Cheesesteak Pizza Caesar Salad Fresh Vegetables with Dip Assorted Fruit 10	*General Tso Chicken over Rice Steamed Broccoli Fortune Cookie *Spicy Chicken Bites *Hawaiian Pizza Fresh Vegetables with Dip Assorted Fruit 11	*Beef & Cheese Nachos with Lettuce & Salsa *Crispy Chicken Sandwich *Hot Honey Pepperoni Pizza Refried Beans/Steamed Rice Fresh Vegetables with Dip Assorted Fruit 12	*French Toast Sticks Sausage Links Hash Brown Patty Pulled Pork BBQ Sandwich *Chicken Bacon Ranch Pizza Fresh Vegetables with Dip Assorted Fruit Homemade Apple Crisp 13
*Chicken Tender Hoagie Smiley Fries *Chicken Fajita Pizza Tossed Salad Fresh Vegetables with Dip Assorted Fruit Fresh Baked Cookie 16	*Mozzarella Sticks with Homemade Dipping Sauce Steamed Baby Carrots Seasoned Pasta *Spicy Chicken Bites *Fajita Chicken Pizza Fresh Vegetables with Dip Assorted Fruit 17	*Beef, Bean and Cheese Burrito Mexican Rice Chicken Bacon Ranch Sandwich *Hot Honey Pepperoni Pizza Fresh Vegetables with Dip Assorted Fruit 18	**Holiday Meal** Roasted Turkey with Mashed Potatoes and Gravy Steamed Sweet Corn Sweet Potatoes Fresh Fruit Cup Blend Cranberry Sauce Fresh Baked Biscuit Pumpkin Cake with Icing 19	*Pork Carnitas Totchos Roasted Vegetables Coleslaw *Hot & Spicy Chicken Sandwich *Buffalo Chicken Pizza Fresh Vegetables with Dip Assorted Fruit 20

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MON	TUE	WED	THU	FRI
				
Burger of the Month *Cowboy Burger French Fries Crispy Chicken Sandwich *Chicken Bacon Ranch Pizza Fresh Vegetables with Dip Assorted Fruit 30	*Homemade Macaroni & Cheese with Dinner Roll *Taco Pizza Steamed Baby Carrots Fresh Vegetables with Dip Assorted Fruit Mini Ice Cream Sandwich 1	*Pulled Pork on Roll Waffle Fries Baked Beans *Crispy Chicken Sandwich *Taco Pizza Fresh Vegetables with Dip Assorted Fruit 2	*Homemade Chicken Quesadilla Mexican Rice/Fiesta Beans Chicken Bacon Ranch Sandwich *Hot Honey Pepperoni Pizza Fresh Vegetables with Dip Assorted Fruit 3	*Chicken Nuggets with Cornbread French Fries *Hot Ham & Cheese on Pretzel Roll *Meat Lovers Pizza Fresh Vegetables with Dip Assorted Fruit 4

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