Student Paid- $3.30
Student Reduced- Free
Adult Lunch- $5.50

NOVEMBER ELEMENTARY LUNCH MENU

SERVED DAILY

White Milk & 1% Chocolate Milk
*Yogurt Meal with String Cheese,
*Assorted Salads
*Fresh Deli Sandwich

HARVEST OF THE MONTH:

Winter Squash like butternut, acorn, spaghetti. and pumpkins are in harvested in November. We are all familiar the flakey sweet pumpkin pie this time of year, however Pilgrims would make their pumpkin pie by hollowing out a pumpkin and fill it with apples, fruits, spice and sugar, then bake it.



For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

MON	TUE	WED	THU	FRI
*Pizza Sticks with Homemade Dipping Sauce *Ham & Cheese Sandwich Seasoned Pasta Romaine Salad Fresh Vegetables with Dip Assorted Fruit 2	*Corn Dog Nuggets with Cornbread *Ham & Cheese Sandwich Baked Beans Fresh Vegetables with Dip Assorted Fruit 3	*French Toast Sticks with Syrup Sausage Links Hash Brown Patty *Ham & Cheese Sandwich Fresh Vegetables with Dip Assorted Fruit 4	*Raiders App Sampler* Chicken Tenders, Pretzel Rod Mozzarella Sticks *Ham & Cheese Sandwich Steamed Green Beans Fresh Vegetables with Dip Assorted Fruit 5	*Stuffed Crust Pizza Romaine Salad *Ham & Cheese Sandwich Fresh Vegetables with Dip Assorted Fruit Apple Cider Donut 6
*Sweet & Sour Chicken over Steamed Rice Steamed Broccoli *Turkey & Cheese Sandwich Fresh Vegetables with Dip Assorted Fruit 9	*Pillsbury Cinnamon Roll with Yogurt & String Cheese Hash Brown Patty *Turkey & Cheese Sandwich Fresh Vegetables with Dip Assorted Fruit 10	*Chicken Tender Hoagie Smiley Fries *Turkey & Cheese Sandwich Tossed Salad Fresh Vegetables with Dip Assorted Fruit Fresh Baked Cookie 11	*Beef & Cheese Nachos with Lettuce & Tomato *Turkey & Cheese Sandwich Steamed Corn Fiesta Beans Fresh Vegetables with Dip Assorted Fruit 12	*Cheeseburger or Bacon Cheeseburger on Bun *Turkey & Cheese Sandwich Curly Fries Baked Beans Fresh Vegetables with Dip Assorted Fruit 13
*Chicken Nuggets with Dinner Roll *Ham & Cheese Sandwich French Fries Steamed Green Beans Fresh Vegetables with Dip Assorted Fruit 16	*Homemade Macaroni & Cheese with Dinner Roll *Ham & Cheese Sandwich Steamed Baby Carrots Spinach Salad Fresh Vegetables with Dip Assorted Fruit 17	*Dutch Waffle with Sausage Links *Ham & Cheese Sandwich Hash Brown Patty Fresh Vegetables with Dip Assorted Fruit 18	**Holiday Meal** Roasted Turkey with Mashed Potatoes and Gravy Sweet Potatoes Steamed White Sweet Corn Fresh Fruit Cup Blend Cranberry Sauce Fresh Baked Biscuit Pumpkin Cake with Icing 19	*Pepperoni or Cheese Pizza Romaine Salad *Ham & Cheese Sandwich Fresh Vegetables with Dip Assorted Fruit Mini Ice Cream Sandwich 20

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MON	TUE	WED	THU	FRI
				
***Hot Dog on Bun** ***Ham & Cheese Sandwich** **Smile Fries** **Steamed Mixed Vegetables** **Fresh Vegetables with Dip** **Assorted Fruit** 30	***Penne Pasta & Meatballs with Marinara Sauce** **Mozzarella Filled Breadstick** ***Ham & Cheese Sandwich** **Romaine Salad** **Fresh Vegetables with Dip** **Assorted Fruit** 1	***Bacon, Egg & Cheese Breakfast Sandwich** **Tater Tots** ***Ham & Cheese Sandwich** **Fresh Vegetables with Dip** **Assorted Fruit** 2	20 ***Taco with Tortilla Chips** **Fiesta Beans** **Steamed Corn** **Shredded Lettuce & Diced Tomatoes** ***Ham and Cheese Sandwich** **Fresh Vegetables with Dip** **Assorted Fruit** 3	***Big Daddy's Pepperoni or Cheese Pizza** **Curly Fries** **Romaine Salad** ***Ham & Cheese Sandwich** **Fresh Vegetables with Dip** **Assorted Fruit** **Strawberry Cake** 4

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