❤ 2026

SOCIAL EMOTIONAL learning

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Quarter 1

Unit 1 : Skills for Learning Students gained skills through the *Second Step* curriculum to help themselves learn, including how to focus their attention, listen carefully, use self-talk to stay on task, and be assertive when asking for help with schoolwork.

Kindergarten

- Demonstrate the Listening Rules (eyes watching, ears listening, voice quiet, body still)
- Focusing attention using eyes, ear, and brain in the context of a game
- Following directions using eyes, ears and brain in the context of a game
- Demonstrate self talk for remembering directions in the context of a drawing game

1st Grade

- Demonstrate the Listening Rules (eyes watching, ears listening, voice quiet, body still)
- Demonstrate listening skills and following directions within the context of a game
- Demonstrate self-talk strategies for remembering directions

2nd Grade

- Determine respectful responses to scenarios
- Identify examples of focusing attention and listening
- Identify classroom distractions
- Demonstrate using self-talk in response to scenarios

3rd Grade

- Apply focusing-attention and listening skills in response to scenarios
- Identify classroom distractions
- Demonstrate assertive communication skills in response to scenarios

4th Grade

- Define respect and empathy
- Demonstrate listening-with-attention skills
- Identify passive, aggressive, and assertive responses
- Demonstrate assertive responses with their partners

5th Grade

- Define respect and empathy
- Demonstrate listening-with-attention skills
- Identify passive, aggressive, and assertive responses
- Demonstrate assertive responses with their partner



★ Join **www.secondstep.org** with the activation key below to watch videos about the *Second Step* program and get information about what your student is learning.

Kindergarten activation key: **SSPK FAMI LY70**	2nd Grade activation key: **SSP2 FAMI LY72**	4th Grade activation key: **SSP4 FAMI LY74**
1st Grade activation key: **SSP1 FAMI LY71**	3rd Grade activation key: **SSP3 FAMI LY73**	5th Grade activation key: **SSP5 FAMI LY75**