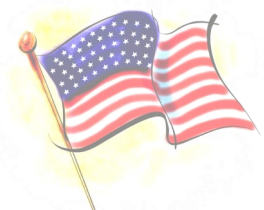
November 2026

RUGBY PUBLIC SCHOOLS BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancakes **Lasagna Rollups** **Garlic Toast**	**3** Breakfast Pizza **Tator Tot Hotdish** **Corn**	**4** Muffins String Cheese **Corn Dogs** **Baked Beans** Early Out 1:30	**5** Breakfast Sandwich **Meatballs with Gravy** **Mashed Potatoes** **Vegetables**	**6** Yogurt & Grahams **Pizza** **Green Beans**
9 Pop-Tarts String Cheese **Hot Dogs** **Mac & Cheese**	**10** Mini Cinnis **Tacos** **Cheesy Refried Beans**	**11**  No School Veterans' Day	**12** French Toast Sticks **Hamburger** **French Fries**	**13** Yogurt & Granola **Orange Chicken** **Rice**
16 Breakfast Bites **Popcorn Chicken** **Mashed Potatoes** **Gravy**	**17** Mini Donuts **Chili** **Breadsticks**	**18** Muffin String Cheese **Grilled Cheese** **Tomato Soup**	**19** Cream Cheese Bagel **Spaghetti with Meat Sauce** **Garlic Toast**	**20** Yogurt & Grahams **Pizza** **Green Beans** Early Out 1:30
23 Little Johns **BBQ Pork Sandwich** **Waffle Fries**	**24** Benefit Bars **Hot Ham & Cheese** **Baked Beans**	**25** Muffin String Cheese **Crispitos with Cheese Sauce** **Rice** Early Out 1:30	**26**  	**27**
30 Breakfast Breads **Beef Stroganoff** **Noodles** **Vegetables**	*~Ely Breakfast: Cereal, toast, peanut butter, jelly, fruit, 1% & 2% white milk, skim chocolate milk, and fruit juice are offered daily.* *~High school breakfasts are grab-and-go Power Packs served from the breakfast cart (no fixed menu.)* *~Bread, peanut butter, jelly, salad bar with various fruits and vegetables, 1% & 2% white milk, and skim chocolate milk are offered daily at lunch.* *~All bread offerings are whole grain.* ***~Menu items may change at the last minute due to disruption in supply.*** This institution is an Equal Opportunity Provider.			

Kindness is the language which the deaf can hear and the blind can see. ~~ *Mark Twain*