Meyersdale Area School District
Breakfast Menu

October 2026

Director of Food & Nutrition
Alexandra Miller | Phone: 814.634.0617 | Email: milleralynn@masd.net

Monday	Tuesday	Wednesday	Thursday	Friday
Eat well, feel great, be amazing.			1 **Dutch Waffle w/ Powdered Sugar** Assorted Cereal w/ WG Crackers Banana Muffin Mandarin Oranges	2 **Cheese Omelet w/ WG Crackers** Assorted Cereal w/ WG Crackers Goody Bun Diced Pears
5 **Breakfast Pizza** Assorted Cereal w/ WG Crackers Strawberry Puff Pancakes Fresh Banana	6 **Iced Donut w/ Sprinkles** Assorted Cereal w/ WG Crackers Chocolate Banana Benefit Bar 100% Fruit Juice	7 **Chicken Biscuit** Assorted Cereal w/ WG Crackers Grape Filled Crescent Applesauce	8 **Fruit & Yogurt Parfait w/ Granola** Assorted Cereal w/ WG Crackers Pull-A-Part Donut Diced Peaches	9 **Fresh Cinnamon Roll** Assorted Cereal w/ WG Crackers Confetti Pancakes Diced Pears
12 **ACT 80 DAY** **NO SCHOOL**	13 **Breakfast Pizza** Assorted Cereal w/ WG Crackers Blueberry Muffin Diced Peaches	14 **Scrambled Eggs w/ Toast** Assorted Cereal w/ WG Crackers Mini Chocolate Chip French Toast Applesauce	15 **Waffles** Assorted Cereal w/ WG Crackers Strawberry Cream Cheese Mini Bagel 100% Fruit Juice	16 **Bacon, Egg & Cheese on English Muffin** Assorted Cereal w/ WG Crackers Soft Filled Cinnamon Toast Crunch Bar Fresh Apple Slices
19 **Omelet w/ WG Crackers** Assorted Cereal w/ WG Crackers Chocolate FIlled Crescent Diced Pears	20 **Pancakes w/ Bacon** Assorted Cereal w/ WG Crackers Banana Muffin Mandarin Oranges	21 **Ham, Egg & Cheese on a Biscuit** Assorted Cereal w/ WG Crackers Cinna-Mini Fresh Banana	22 **Dutch Waffle w/ Powdered Sugar** Assorted Cereal w/ WG Crackers Cherry Frudel Craisins	23 **French Toast Sticks** Assorted Cereal w/ WG Crackers Pull-A-Part Donut Diced Peaches
26 **Pancake Bites** Assorted Cereal w/ WG Crackers Celebration Bar Blueberry w/ Whip	27 **Breakfast Pizza** Assorted Cereal w/ WG Crackers Strawberry Puff Pancakes Applesauce	28 **Sausage, Egg & Cheese on English Muffin** Assorted Cereal w/ WG Crackers Mini Cinnamon Waffles 100% Fruit Juice	29 **Fresh Cinnamon Roll** Assorted Cereal w/ WG Crackers Cocoa Chip Benefit Bar Crisp Apple	30 **Halloween Donut!** Assorted Cereal w/ WG Crackers Mini French Toast Pineapple Tidbits

National School Lunch Week

Daily Milk Options: Whole White Milk, FF Chocolate Milk

USDA is an equal opportunity provider, employer, and lender.
Menu subject to change.

Meyersdale Area School District
Breakfast Menu

November 2026

Fresh Eats CAFETERIA

Director of Food & Nutrition
Alexandra Miller | Phone: 814.634.0617 | Email: milleralynn@masd.net

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Dutch Waffle w/ Powdered Sugar** Assorted Cereal w/ WG Crackers Banana Muffin Mandarin Oranges	**3** **Cheese Omelet w/ WG Crackers** Assorted Cereal w/ WG Crackers Goody Bun Diced Pears	**4** **Breakfast Pizza** Assorted Cereal w/ WG Crackers Strawberry Puff Pancakes Pineapple Tidbits	**5** **Chicken Biscuit** Assorted Cereal w/ WG Crackers Grape Filled Crescent Applesauce	**6** **Act 80 Day** NO SCHOOL
9 **Pancake Bites** Assorted Cereal w/ WG Crackers Celebration Bar Fresh Banana	**10** **Fruit & Yogurt Parfait w/ Granola** Assorted Cereal w/ WG Crackers Pull-A-Part Donut Diced Peaches	**11** **Fresh Cinnamon Roll** Assorted Cereal w/ WG Crackers Confetti Pancakes Diced Pears	**12** **Bacon, Egg & Cheese on English Muffin** Assorted Cereal w/ WG Crackers Soft Filled Cinnamon Toast Crunch Bar Fresh Apple Slices	**13** **Sausage Biscuit** Assorted Cereal w/ WG Crackers Strawberry Cream Cheese Mini Bagel 100% Fruit Juice
16 **Scrambled Eggs w/ Toast** Assorted Cereal w/ WG Crackers Mini Chocolate Chip French Toast Applesauce	**17** **Breakfast Pizza** Assorted Cereal w/ WG Crackers Chocolate Filled Crescent Pineapple Tidbits	**18** **Iced Donut w/ Sprinkles** Assorted Cereal w/ WG Crackers Chocolate Banana Benefit Bar 100% Fruit Juice	**19** **Cheese Omelet w/ WG Crackers** Assorted Cereal w/ WG Crackers Goody Ring Diced Pears	**20** **Dutch Waffle w/ Powdered Sugar** Assorted Cereal w/ WG Crackers Blueberry Muffin Mandarin Oranges
23 **Fresh Cinnamon Roll** Assorted Cereal w/ WG Crackers Confetti Pancakes Diced Pears	**24** **French Toast Sticks** Assorted Cereal w/ WG Crackers Pumpkin Roll Diced Peaches	**25** **Pancake Bites** Assorted Cereal w/ WG Crackers Celebration Bar Fresh Banana	 **NO SCHOOL**	 **NO SCHOOL**
30 **NO SCHOOL**	 **Let someone know you're thankful for them.**			

Daily Milk Options: Whole White Milk, 1% Chocolate Milk

USDA is an equal opportunity provider, employer, and lender.
Menu subject to change.

The Nutrition Group