

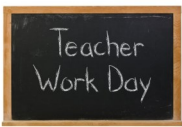


**Limited Diet
Options
Available Daily!**

**OREGON HARVEST FOR
SCHOOLS**
Farm to School
connects schools with farms
and producers with the goal of
serving healthy local foods in
school
cafeterias and
improving student
nutrition. Providing agricul-
ture, health, and nutrition
opportunities and
supporting local &
regional farmers and produc-
ers www.farmtoschool.org

St. Helens High School Lunch Menu November 2026

First Breakfast &
Lunch are Free for all
Students!

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Main: Loaded Nacho Fries. Pizzeria: Fresh Baked Pizza Grill: Chicken Burgers Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>3</p> <p>Main: Chicken Yakisoba Pizzeria: Fresh Baked Pizza Grill: Hot Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>4</p> <p>Main: Taco Salad Pizzeria: Fresh Baked Pizza Grill: Chicken Strips Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>5</p> <p>Main: Lunch brunch Pizzeria: Fresh Baked Pizza Grill: Corn Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>6</p> <p>Main: Zenner's German Sausages Pizzeria: Fresh Baked Pizza Grill: Malibu Chicken Burgers Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>
<p>9</p> <p>Main: Chicken & Waffles Pizzeria: Fresh Baked Pizza Grill: Hot Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>10</p> 	<p>11</p> 	<p>12</p> <p>Main: Walking Tacos Pizzeria: Fresh Baked Pizza Grill: Corn Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>13</p> <p>Main: Potato Bar Pizzeria: Fresh Baked Pizza Grill: Hot Ham & Cheese Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>
<p>16</p> <p>Main: Pulled Pork Sandwiches Pizzeria: Fresh Baked Pizza Grill: Chicken Strips Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>17</p> <p>Main: Popcorn Chicken Bowls Pizzeria: Fresh Baked Pizza Grill: Hot Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>18</p> <p>Main: Chicken & Cheese Quesadillas Pizzeria: Fresh Baked Pizza Grill: Chicken Burgers Deli: Assorted Sand. & Salads Burger bar: Tillamook</p>	<p>19</p> <p>Main: Fish & Chips Pizzeria: Fresh Baked Pizza Grill: Chicken Burgers Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>	<p>20</p> <p>Main: Thanksgiving Turkey Meal Pizzeria: Fresh Baked Pizza Grill: Corn Dogs Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>
<p>23</p> 	<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 
<p>30</p> <p>Main: Tostadas Pizzeria: Fresh Baked Pizza Grill: Chicken Strips Deli: Assorted Sand. & Salads Burger bar: Tillamook cheeseburgers & fries</p>				

This institution is an equal opportunity provider.

Menu is Subject to Change

Minimum 80% of grains served are whole grain
Milk offered daily: 1% White,
Skim, & Fat Free Chocolate
Daily Salad Bar with:
Seasonal Fruits & Vegetables that include
Dark Green, Red/Orange, Beans/Peas,
Starchy and Additional.
Limited diet options available daily.