

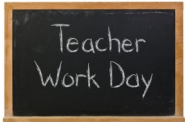
Oregon Harvest For Schools

Farm to school connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health and nutrition opportunities and supporting local & regional farmers and producers.

www.farmtoschool.org

Lewis & Clark Elementary Breakfast Menu November 2026

First Breakfast & Lunch
are Free for all Students!

Mon	Tue	Wed	Thu	Fri
2 Waffles & Berries Assorted Cereal Assorted BF Bars & breads Yogurt Parfait Juice Fruit	3 Bagelfuls Assorted Cereal Assorted BF Bars & breads Yogurt Parfait Juice Fruit	4 BF Sandwich Assorted Cereal Assorted BF Bars & breads Yogurt Parfait Juice Fruit	5 Cheese omelet & Roasted Potatoes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	6 Cinnamon rolls Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
9 Maple Waffles Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	10 	11 	12 Assorted frudel Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	13 Donuts Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
16 BF Burritos Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	17 Pancake on a stick Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	18 Egg & Cheese Eng. Muffin Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	19 Cheese Omelet & Roasted Potatoes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	20 Super Bread Variety Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
23 	24 	25 	26 	27 
30 Pancakes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit				

This institution is an equal opportunity provider.

Menu Subject to Change

Minimum 80% of grains served are whole grain
Milk offered daily– 1% White,
Skim, & Fat Free Chocolate
Daily Salad Bar with:
Seasonal Fruits & Vegetables that include
Dark Green, Red/Orange, Beans/Peas,
Starchy and Additional.