CARMEL MIDDLE SCHOOL
COUGARS

Daily Bulletin
Tuesday, October 27th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

Today is Day TWO of National Red Ribbon Week. Throughout the week, we hope you will reflect on the importance of making positive and healthy choices so we can all live long and successful lives by staying drug and alcohol-free. Today, we are choosing **Hugs Not Drugs**. If you are wearing your Pajamas, be sure your teacher includes you in today's count. Teachers, please complete the form that Mrs. Wells emailed you this morning. Congratulations to Ms. Moreno's first period class. They had 100% of their students showing that they are superheroes by supporting this year's Red Ribbon Theme, **"Make a Difference. Be a Hero. Stay Drug Free."** We hope you enjoy your treat!
Here are the rest of the dress-up days:
Tomorrow - **Spread the Aloha. Wear Hawaiian Gear.** 8th Graders, you can wear your Aloha Sweatshirts.
Thursday - CMS is Proud to be Drug Free. **Wear Carmel Gear or LOTS of Red!**
Friday - **Scare Away Drugs.** Be sure to wear your Halloween Costume for this fun minimum day!

Good luck to our soccer and volleyball teams in their games today!

Our 7th and 8th grade Boys and Girls Volleyball Teams will travel to Sacred Heart for their afternoon matches.

While the Boys and Girls Soccer Team will compete in their MTAJL playoff games! The girls will travel to North Monterey County while the boys take on Seaside Middle School at Cutino Park.

Last but not least, our 6th Grade Girls Volleyball Team will be hosting the 6th Grade Co-ed team from San Benancio Middle School for their last game of the season at 4:30pm. Come on out to the gym and cheer them on!
Go Cougars!!

Wiffle News: The playoffs continued yesterday when the ***Silva Stegosaurus's*** took on the ***Krislyn Crushers*** in the battle of the heavyweights to see who would move on in the **Tournament of Donuts.** The Stegosauruses immediately jumped out in front with a three-point lead which was solidified in the second thanks to a grand slam by Jeffrey Malone. The Crushers forged a slight comeback thanks to a home run by Heath Heisinger, but it wasn't enough to put a dent in the stegosauruses armor as the dinosaurs came away with the 7-5 victory. Who will be sent home and out of the tournament today? Come on out to Wiffler's Park to see the ***Littletown Lemonades*** take on the ***M Dawg Elites.***

The time has arrived! The 30th Annual CMS Chess Tournament will begin next week. If you are interested, ensure that you sign up in room C-6 this week. Your name will be placed into a single elimination bracket. If you win, you advance in the bracket. This will continue until a new champion is crowned. Please, only sign up if you have the intention of participating. Thank you. And... remember the advice of the old chess master, Emmanual Lasker, "If you see a good move, look for a better one."

Other Lunchtime Activities:

Today's INK-tober's word of the day is **DUMB.** Break out that sketch paper and pens and let your imagination take you where it may. Hope to see you today or any day during this month at lunch in the Library!

The Christian Fellowship Club meets today during lunch in Miss Little's room D4.

The Kindness Club meets with Ms. Sheridan in Room C1.

Today's Menus: Breakfast: French Toast Sticks, UBR Oatmeal Bar, and Trix Cereal.
Lunch: Butter or Orange Chicken w/fried rice, a Cheeseburger, Cheesy Pull Aparts w/marinara, or a Turkey Sandwich.

Happy Birthday to: