Seventh Grade Journey Day

LEADER

November 20, 2026

At Mason City Schools, we believe each Comet is on a journey to discover their **purpose and potential**. This Journey Day invites students to confidently step into the role of **LEADER**—not by title, but by action. This Journey Day is about discovering the unique ways students can **influence, inspire, and support others**. Whether leading by example, lending a voice to a cause, or organizing an idea into action, students will reflect on their leadership potential and take steps to strengthen it.

Aligned to our Portrait of a Comet, this day cultivates:

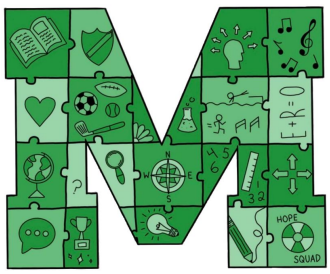
- **Earning Trust through Principled Choices** – Students explore how everyday decisions shape their leadership identity.
- **Developing and Sharing Their Voice** – Students build confidence in expressing themselves and advocating for others.
- **Engaging in Worthy Challenges** – Students try new roles and responsibilities to see themselves as capable of creating impact.
- **Adapting for the Future** – By growing interpersonal and intrapersonal skills, students develop leadership strategies that evolve with them.

Missions

**Required

Student Directions:

- **Moments with a Difference Maker**
  - **Leadership leaves a legacy. This is your opportunity to recognize someone whose leadership has made a lasting impact.**
  - **Students will invite their Difference Maker to MMS and create an artifact of gratitude to share with them**
- **Prepare for yOUR adventure on Friday**



Expeditions

**Optional

Expeditions Menu

This menu is packed with exciting, optional activities that let you show citizenship by investigating, campaigning and taking action.

How to Use It:

- **Explore the Menu:** Each section has different kinds of activities.
- **Talk with your student**: Students chose an activity and made a plan in Crew this week.
- **Dive In:** Get after it! Give your best effort and enjoy the adventure.
- **Repeat or Try Something New:** Love an activity? Try it again OR explore a new one next time.

Scan THIS QR Code for the MMS Choice Board:

or

https://bit.ly/3SmHhCF

Quests are Journey Day experiences offered by community partners. These optional experiences help students see how their gifts and interests can make an impact beyond the classroom, while building relationships with those who support and inspire them.

Scan THIS QR Code for Quests:

Eighth Grade Journey Day

LEADER

November 20, 2026

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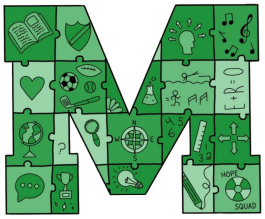
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- **Adapting for the Future** – By growing interpersonal and intrapersonal skills, students develop leadership strategies that evolve with them.

Missions

**Required

Student Instructions

- **Be the Difference Maker**
  - **Students will demonstrate leadership through service by creating gifts for students in another school community who is facing challenges**
  - **Through their kindness, creativity, and teamwork, they showed that leadership means caring for others and making a positive impact. By giving their time and talents to support students in need, they helped build connections and spread encouragement beyond our school walls.**
- **Prepare for yOUR adventure on Friday**



Expeditions

**Optional

Expeditions Menu

This menu is packed with exciting, optional activities that let you show citizenship by investigating, campaigning and taking action.

How to Use It:

- **Explore the Menu:** Each section has different kinds of activities.
- **Talk with your student**: Students chose an activity and made a plan in Crew this week.
- **Dive In:** Get after it! Give your best effort and enjoy the adventure.
- **Repeat or Try Something New:** Love an activity? Try it again OR explore a new one next time.

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7-12 MODIFIED JOURNEY DAY CHOICE BOARD

On each Journey Day, choose activities from your choice board that help you practice **Portrait of a Comet** skills.
Mark or fill in each square as you go so that you can share with your classmates!

Adaptability	Critical Thinking	Integrity	Communication	Empathy
Practice typing on a keyboard or device.	Practice your interviewing skills with family members.	Choice Activity!	Order your own lunch or dinner at a restaurant.	Complete a job around the house for someone who needs help
Listen to new music or make your own.	Sort and put away household items (socks, dishes, games).	Make a menu for dinner and help prepare the meal.	Practice introducing yourself to family members then try it in the community.	Choice Activity!
Create your own activity. _____	Make a list and purchase items at the grocery store on a budget.	Pick up your room without being asked.	Choice Activity!	Write a kind note or draw a picture to share with someone.
Choice Activity!	Create a picture about YOU that shows your strengths & interests.	Do something kind for a family member.	Draw a picture that shows how you are feeling today and share it with a family member.	Get help with creating a sensory bin for a calming experience.
Try a new activity or food.	Choice Activity!	Sort/Fold/Put away your own laundry.	Take turns when playing a game with someone you know.	Create your own activity. _____