

WHAT'S ON THE MENU?

**LUNCH PK
NOVEMBER 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breaded Beef Sticks with Roll Garlic Mashed Potatoes and Peppered Gravy Chilled Peaches White 1% Milk	3 Saucy Meatballs and Spaghetti Steamed Broccoli Chilled Diced Pears White 1% Milk	4 Crispy Chicken Tenders and WG Waffles Savory Green Beans Chilled Mixed Fruit White 1% Milk 	5 Build Your Own Nachos (Beef/Chicken) with Cheese and Salsa Seasoned Black Beans Chilled Sliced Pears White 1% Milk c 	6 Hamburger Smiley Potatoes Cinnamon Apple Slices White 1% Milk
9 Chicken Nuggets with Dinner Roll Steamed Broccoli Applesauce White 1% Milk	10 Orange Chicken with Brown Rice Glazed Carrots Chilled Pears White 1% Milk	11 WG French Toast Sticks with Powdered Sugar with Turkey Sausage Patty Roasted Corn Chilled Mixed Fruit White 1% Milk 	12 Chicken Enchiladas with Mexican Rice and Salsa Refried Beans Chilled Peaches White 1% Milk	13 Cheese Pizza Savory Green Beans Chilled Mixed Fruit White 1% Milk
16 Chicken and Mashed Potato Bowl with Dinner Roll Steamed Broccoli Applesauce White 1% Milk	17 Beef Chili Frito Pie with Cheese Sauce Black Beans Chilled Diced Pears White 1% Milk 	18 Crispy Chicken Tenders with WG Waffles Savory Green Beans Chilled Mixed Fruit White 1% Milk 	19 Soft Beef Tacos with Lettuce, Tomato and Cheddar Garnish Mexicali Corn Chilled Diced Pears White 1% Milk	20 Hamburger Tater Tots Cinnamon Apple Slices White 1% Milk 
23	24	25	26	27
				
30 Cheesy Chicken Quesadilla with Salsa Refried Beans Applesauce White 1% Milk				

ABBREVIATIONS

FF- Fat Free
 LF- Low Fat
 VEG- Vegetarian
 WG- Whole Grain

If you have a food allergy or intolerance, please notify us.

Fort Worth ISD | Chartwells K-12

Child Nutrition

This Institution is an Equal Opportunity Provider

Monthly Fun Events

BREAKFAST FOR LUNCH

BUILD YOUR OWN NACHOS DAY

FRITO PIE

LUCKY TRAY DAY



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