WHAT'S ON THE MENU?

BIC K-12
NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancake and Turkey Sausage Stick **Craisins** Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**3** Turkey Sausage Breakfast Pizza Fresh Pear Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**4** RS Lucky Charms Cereal LF Mozzarella String Cheese Fresh Orange Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**5** Blueberry Bash Waffles Fresh Apple Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**6** WG Chocolate Chip Muffin LF Mozzarella String Cheese **Craisins** Apple or Grape Juice White 1% Milk or FF Chocolate Milk
9 Mini Maple Pancakes **Craisins** Apple or Fruit Punch White 1% Milk or FF Chocolate Milk	**10** Trix Cereal Bar LF Mozzarella String Cheese Fresh Apple Apple or Fruit Punch White 1% Milk or FF Chocolate Milk	**11** Vanilla Yogurt Vanilla Goldfish Graham Crackers Fresh Orange Apple or Fruit Punch White 1% Milk or FF Chocolate Milk	**12** Cocoa Puffs Cereal LF Mozzarella String Cheese Fresh Pear Apple or Fruit Punch White 1% Milk or FF Chocolate Milk	**13** WG Blueberry Muffin LF Mozzarella String Cheese **Craisins** Apple or Fruit Punch White 1% Milk or FF Chocolate Milk
16 Mini Maple Waffles **Craisins** Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**17** Vanilla Yogurt Vanilla Goldfish Graham Crackers Fresh Apple Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**18** Cinnamon Toast Crunch Mini French Toast Bites Fresh Pear Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**19** RS Trix Cereal LF Mozzarella String Cheese Fresh Orange Apple or Grape Juice White 1% Milk or FF Chocolate Milk	**20** WG Sausage Kolache **Craisins** Apple or Grape Juice White 1% Milk or FF Chocolate Milk
23	**24**	**25**	**26**	**27**
30 Mini Cinnis **Craisins** Apple or Fruit Punch White 1% Milk or FF Chocolate Milk				

ABBREVIATIONS

FF- Fat Free
LF- Low Fat
RS- Low Sugar
VEG- Vegetarian
WG- Whole Grain

If you have a food allergy or intolerance, please notify us.

Milk Options

White 1% Milk or Fat Free Chocolate Milk

Fort Worth ISD | Chartwells K12
Child Nutrition

This Institution is an Equal Opportunity Provider

Monthly Fun Events

Eat a Cranberry Day

Download on the App Store

Menus Available in Your Language

Check out daily menus right here!

android