

ELEMENTARY MENU

NOVEMBER 2026



Grab N' Go Breakfast

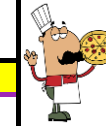
USDA requires that 3 of the 4 items

(Grain, Fruit/Juice, Milk)

A Fruit / Vegetable Must be taken for a complete reimbursable meal.

100% Fruit Juice Option - 4 oz

Additional Fruit Choices may include: Raisins or Craisins, Fresh Apples Or Oranges



LUNCH

Daily Alternate Choices:

School Made PBJ Sandwich

Salads, Grab n Go Snackables

Uncrustables (PB & Jelly Sandwich)

Hummus Snackable Meal

Daily Cold Vegetable Alternates

Baby Carrots Offered Daily



Garden Salad offered Daily w/choice of Dressing

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Baby Carrots, Cucumber Slices and Celery Sticks

Cup/Frozen Fruits can include:

Applesauce, Mandarin Oranges

Mixed Fruit, Peaches, Pears, Pineapple

Tidbits

Menu Subject to Change

Breakfast

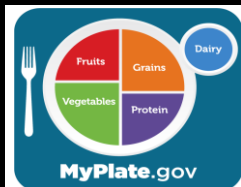
Lunch

Breakfast

Lunch

Breakfast

Lunch



CAFETERIA HELP NEEDED. NOW HIRING CAFETERIA SUBSTITUTE WORKERS DAY SHIFT - NO WEEKENDS OR HOLIDAYS. EARN WHILE THEY LEARN! Please apply at the Connellsville Area SD Administrative Office 732 Rockridge Road, Connellsville PA 15425 Food Service Office 724 628-3300 Ext 1316/1317

Student must select a minimum of 3 items for a reimbursable meal. One must be a Fruit or Vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>11/2/2026</u>	<u>11/3/2026</u>	<u>11/4/2026</u>	<u>11/5/2026</u>	<u>11/6/2026</u>
Breakfast Pizza	ACT 80 DAY NO SCHOOL	French Toast Sticks w/Syrup	Breakfast Sandwich	Warm Cinnamon Roll
Fruit Juice & Milk		Fruit Juice & Milk	Fruit Juice & Milk	Fruit Juice & Milk
School Made Italian Dunkers with Meatballs & Sauce or Pepperoni & Cheese Grab'n Go <u>Vegetables and Fruit</u> Seasoned Green Beans Assorted Fruit Variety		Chicken Alfredo Pasta Garlic Breadstick or Pepperoni & Cheese Grab'n Go <u>Vegetables and Fruit</u> Broccoli Normandy Assorted Fruit Variety WG Cookie	Chicken Tenders w/ with Schoolmade WG Roll or Pepperoni & Cheese Grab'n Go <u>Vegetables and Fruit</u> Seasoned Corn # Whipped Potatoes w/Gravy Assorted Fruit Variety	Deep Dish Personal Pan Pizza OR Chicken Patty on a Bun <u>Vegetables and Fruit</u> Seasoned Curly Fries Assorted Fruit Variety Italian Icee Treat
<u>11/9/2026</u>	<u>11/10/2026</u>	<u>11/11/2026</u>	<u>11/12/2026</u>	<u>11/13/2026</u>
Breakfast Pizza	Chicken & Biscuit Sandwich		Breakfast Pocket - Egg, Cheese & Sausage	Pancakes w/Syrup
Fruit Juice & Milk	Fruit Juice & Milk		Fruit Juice & Milk	Fruit Juice & Milk
Cheeseburger or Hamburger on a Bun w/Pickles OR Ham & Cheese Snackable <u>Vegetables and Fruit</u> Oven Baked Potato Smiles Assorted Fruit Variety Jello Cup	French Toast Sticks w/Syrup Sausage Patty OR Ham & Cheese Snackable <u>Vegetables and Fruit</u> Hash Brown Patty Assorted Fruit Variety 100% Fruit Juice		Popcorn Chicken Bowl Dinner Roll OR Ham & Cheese Snackable <u>Vegetables and Fruit</u> Whipped Potatoes and Gravy Corn Assorted Fruit Variety	School Made Pizza w/wo Pepperoni OR Chicken Patty on a Bun <u>Vegetables and Fruit</u> Sweet Potato Fries & Side Salad Assorted Fruit Variety
<u>11/16/2026</u>	<u>11/17/2026</u>	<u>11/18/2026</u>	<u>11/19/2026</u>	<u>11/20/2026</u>
Breakfast Pizza	Confetti "Birthday" Snack'n Waffle	Egg Bites (2) Bacon & Cheese	Breakfast Sandwich	Warm Cinnamon Roll
Fruit Juice & Milk	Fruit Juice & Milk	Fruit Juice & Milk & WG Cracker	Fruit Juice & Milk	Fruit Juice & Milk
Chicken Nuggets w/WG Roll OR Yogurt Snackable <u>Vegetables and Fruit</u> Tater Tots Assorted Fruit Variety WG Cookie	<u>Stir Fry Day!!</u> Orange Chicken w/Roll OR Yogurt Snackable <u>Vegetables and Fruit</u> Stir Fry Rice & Veggies Assorted Fruit Variety Fortune Cookie	Ham & Cheese on a Pretzel Bun Sandwich OR Yogurt Snackable <u>Vegetables and Fruit</u> Crinkle Cut Fries Assorted Fruit Variety Jello Cup	Turkey Roast w/Roll Homemade Stuffing OR Yogurt Snackable <u>Vegetables and Fruit</u> Whipped Potatoes w/Gravy Corn & Cranberry Sauce Assorted Fruit Variety	Deep Dish Personal Pan Pizza OR Chicken Patty on a Bun <u>Vegetables and Fruit</u> Seasoned Curly Fries Assorted Fruit Variety Italian Icee Cup

ELEMENTARY MENU

NOVEMBER 2026



PRFSD

Pittsburgh Regional Food Service Directors

**Hot Breakfast 5 Days a Week and
Daily Grab N' Go (option) Breakfast**

**USDA requires that 3 of the 4 items
(Grain, Fruit/Juice, Milk)
Must be taken for a complete
Breakfast Meal. One of those items
must be a fruit / vegetable**

**Additional Fruit Choices may include:
Raisins or Craisins, Fresh Apples Or
Oranges**



Daily Alternate Choices:

**School Made PBJ Sandwich
Salads, Grab n Go Snackables
Uncrustables (PB & Jelly Sandwich)
Hummus Snackable Meal**

**Apples, Apple Slices, Oranges,
Grapes, Bananas, Strawberries, Baby
Carrots, Cucumber Slices and Celery
Sticks**



Menu Subject to Change

Breakfast

Lunch

Breakfast

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>11/23/2026</u>	<u>11/24/2026</u>	<u>11/25/2026</u>	<u>11/26/2026</u>	<u>11/27/2026</u>
Breakfast Pizza	Funnel Cake w/Syrup	IN SERVICE DAY CLERICAL DAY		
Fruit Juice & Milk	Fruit Juice & Milk			
Mini Corn Dogs WG Crackers OR Hummus Snackable <u>Vegetables and Fruit</u> Smiley Potatoes Oven Baked Beans Assorted Fruit Variety	Bosco Sticks w/ Marinara Sauce OR Hummus Snackable <u>Vegetables and Fruit</u> Seasoned Green Beans Assorted Fruit Variety WG Cookie			
<u>11/30/2026</u>	<u>12/1/2026</u>	<u>12/2/2026</u>	<u>12/3/2026</u>	<u>12/4/2026</u>
Holiday Break 11/26 thru 11/30/26	Maple Snack'n Waffles	French Toast Sticks w/Syrup	Breakfast Pockey - Egg, Cheese & Sausage	Pancakes w/Syrup
	Fruit Juice & Milk	Fruit Juice & Milk	Fruit Juice & Milk	Fruit Juice & Milk
	Cheeseburger or Hamburger on a Bun w/Pickles OR Turkey & Cheese Snackable <u>Vegetables and Fruit</u> Crinkle Cut Fries Assorted Fruit Variety	Tostito Chips w/Taco Meat, Cheese Sauce & Salsa & Roll OR Turkey & Cheese Snackable <u>Vegetables and Fruit</u> Tater Tots & Baked Beans Assorted Fruit Variety	Popcorn Chicken Bowl Dinner Roll OR Turkey & Cheese Snackable <u>Vegetables and Fruit</u> Seasoned Corn # Whipped Potatoes w/Gravy Assorted Fruit Variety	School Made Pizza w/wo Pepperoni OR Chicken Patty on a Bun <u>Vegetables and Fruit</u> Sweet Potato Fries & Side Salad Assorted Fruit Variety

Seasonal Fall Foods



Apples & Pears - These fruits are full of Fiber and Vitamins
Winter Squash - Butternut & Acorn Squash provide Vitamins A & C to Support your Immune System
Kale and Chard /Dark Leafy Greens - Help you with digestion and overall health
Beets & Sweet Potatoes - Offer great antioxidants and essential nutrients

REVISED 10/14/2026

Student Meals

Breakfast - (1) Free Reimbursable Meal per school day
Lunch - (1) Free Reimbursable Meal per school day

Adult Meals

Adult Breakfast \$3.25
Adult Lunch \$5.25

Menu Subject to Change