ESE...where Every Student Excels

SHARK BITES

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NOVEMBER 2026

Mrs. Terry's November Message:

Greetings Schoeffner Shark Families,

What a busy October we had at ESE! We celebrated National 4-H Month, Red Ribbon Week, and Trunk or Treat. Students also gave back through donations supporting United Way and breast cancer awareness. We recognized Quarter 1 Shark-tastic behavior with grade-level Glow Parties and welcomed families for our Quarter 1 Awards Ceremonies and Parent/Teacher Conferences.

Our PTO added to the fun by providing a Shark Attack treat for students and lunch for our staff during one of our conference days. Thank you to our PTO and the many families who volunteered at special events, donated candy, and participated in Trunk or Treat. Your support helps make these experiences possible!

In November, students will explore the **We Are Connected** mindset, learning that everyone has something valuable to contribute and that our actions affect those around us. Through kindness, respect, and teamwork, we can build strong relationships and help everyone feel a sense of belonging. We will encourage students to include others, appreciate differences, ask for help when needed, and recognize the people who support them. At home, ask your child, **"What did you do today to help someone feel included?"**

Our 4-H Club will help us put this mindset into action by sponsoring a **food drive November 9–18**. We will collect **boxes of macaroni and cheese and cans or packets of gravy** for the local food pantry, Matthew 25:35. Thank you in advance for your generosity and for helping us care for our neighbors.

We also look forward to welcoming new members into ESE's Elementary Beta Club. Fourth and fifth grade students with a cumulative GPA of **3.75 or higher**, based on the 2025-2026 school year and Quarter 1 of the 2026–2027 school year, will be invited to participate. National Beta emphasizes academic achievement, character, leadership, and service, giving members opportunities to make a positive difference in their schools and communities. Our **2026-2027 Beta Induction Ceremony will take place on November 4 from 6:00-7:00 p.m.**

Mark your calendars for our **Annual Cake BINGO on Tuesday, November 10**! This fun family event is one you won't want to miss.

Staying connected also means keeping families informed. Each **Sunday at 6:30 p.m.**, I send an email with reminders and information about the week ahead. If you are not receiving these emails, please let me know so we can check your contact information and update it if needed. You can also find updates through teacher broadcasts, the ESE and PTO Facebook pages, and the calendar in this newsletter.

Thank you for your continued partnership and for helping make ESE a place where every Shark belongs, learns, and grows. **Together We Bloom!**

We are excited to welcome families to join their children for lunch! Our outdoor covered classroom provides a designated space for students to enjoy this special time with their guests.

Because seating is outdoors, we cannot accommodate lunch visitors during inclement weather. If the weather is uncertain, please call the school before your visit to confirm that lunch visitors can be accommodated.

Please review these guidelines to help ensure a safe and enjoyable experience for everyone:

- **Lunch Schedule:** Check with your child's teacher to confirm the class's lunchtime. Some classes attend recess before lunch, so please plan accordingly.
- **Guest Lunches:** Guests may purchase a school lunch for **$5.30**, payable in cash at the cafeteria. **Exact change is required.**
- **Visitor Check-In:** All guests must present a valid photo ID at the school office. Please allow a few extra minutes to check in.
- **Meeting Your Child:** After you check in, our school office specialist will notify a lunch monitor, who will bring your child to meet you.
- **District Bag Policy:** All visitors must follow the district's bag policy.
- **Lunch Seating:** Guests may eat only with their own child; classmates and friends may not join. Please remain in the designated seating area throughout the lunch period.
- **Recess and Classrooms:** Guests may not accompany students to recess or class before or after lunch.
- **Half Days:** Lunch visitors cannot be accommodated on half days.
- **Schedule Changes:** Any changes affecting lunch visits will be shared in my weekly Sunday message.

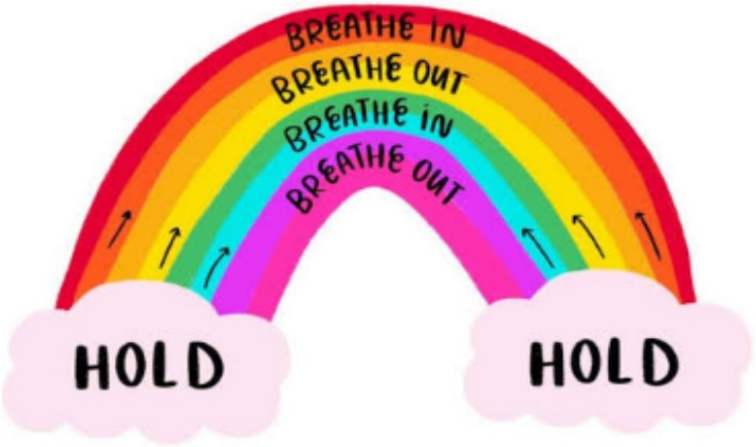
Thank you for your cooperation and support. We look forward to sharing this opportunity for families to spend time together at ESE!

Counselor Connection
November 2026

Self -Regulation

Self-regulation is the ability to monitor and control your emotions. Self-regulation is like a child's internal braking system. Just like a car needs good brakes to stop safely, kids need self-regulation to pause when their emotions or energy get too high. When your child is upset, encourage them to press their "Pause" button and choose a calming strategy below.

Rainbow Breathing

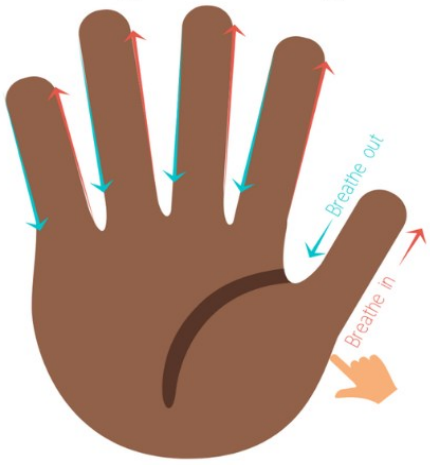




5 Senses
(Name 1 thing you can see, hear, smell, touch & taste)

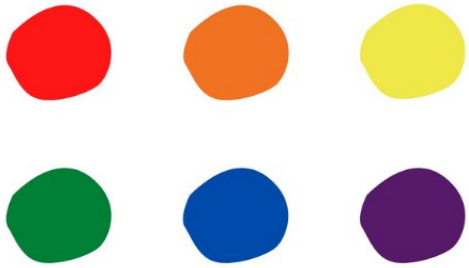


5 Finger Breathing





RAINBOW
Grounding Technique



Look around and find the colors of the rainbow in order

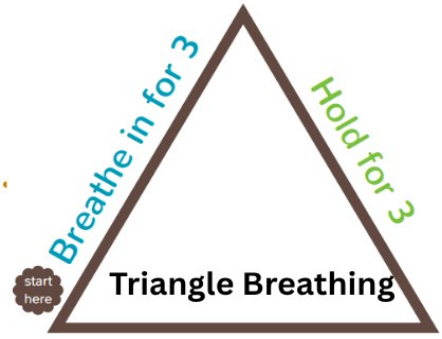
Cookie Candle Breathing

Smell the cookie



Blow out the candle





Breathe out for 3

Sick Child? Send to School or Keep Home?

Helping Our Students Stay Healthy and Ready to Learn!

Give thanks

✅ WHEN IS IT OKAY TO GO TO SCHOOL?

Your child may attend school if they have any of the following symptoms, provided they are feeling well enough to participate in regular school activities:

- Mild, vague complaints of aches, pains, or fatigue.
- One episode of vomiting or diarrhea without any other symptoms.
- An ear infection without a fever. Your child does not need to stay home but should receive appropriate medical treatment.

Please keep your child home if they have a fever or pain that interferes with normal daily activities.

🏠 WHEN SHOULD YOUR CHILD STAY HOME?

- Runny Nose or Cough: Sniffles, a runny nose, and/or a cough, unless symptoms are related to a diagnosed condition such as asthma or seasonal allergies.
- Fever: A temperature of 101°F or higher. Your child must be fever-free for at least 24 hours without fever-reducing medication before returning to school.
- Eye Infection (Pink Eye): Thick mucus or pus draining from the eye, redness, eye pain, or eyelids that are matted shut after sleeping. Your child must have received 24 hours of antibiotic treatment and/or have approval from their medical provider before returning to school.
- Sore Throat: A sore throat accompanied by fever and/or swollen glands in the neck. Children diagnosed with strep throat may return after 24 hours of antibiotic treatment, or as otherwise directed by their medical provider.
- Vomiting: Two or more episodes within the past 24 hours.
- Diarrhea: Three or more watery stools within a 24-hour period, especially if your child appears or feels ill.
- Rash: A rash accompanied by fever or itching. Heat rashes and allergic reactions are not contagious, but please contact your child's medical provider if you are unsure of the cause.
- Head Lice or Scabies: Children must receive appropriate treatment before returning to school. For head lice, children must be free of live (moving) lice. Upon returning to school after treatment at home, students must be checked by the school nurse.

💙 What If My Child Becomes Sick at School?

If your child develops any of the symptoms listed above during the school day, you will be contacted and asked to pick them up from school. Keeping sick children home when needed helps protect classmates, teachers, staff, and families while giving children time to rest and recover.

Thank you for partnering with us to maintain a healthy school environment!

Please do not hesitate to call or email me with any questions or concerns.

Warmly,

Abbie LeRouge, RN, BSN

Your School Nurse

LIBRARY NEWSLETTER

Dear Parents/Guardians,

My name is Lauren Bodie, librarian at Ethel Schoeffner Elementary. I look forward to working with all Schoeffner Sharks and families this school year! Most students will visit the library for library enrichment on a weekly or bi-weekly basis. You can reach me at Lbodie@wearescpps.org.

Library Tidbits

- 4th and 5th graders come to the library weekly and can check out 2-3 books each.
- 3rd graders come to the library every other week (B weeks) and can check out 2 books each. They can keep their books for up to 2 weeks.
- There are no late fees, but if a book is lost or damaged a fee will be charged to replace the book.
- A reading calendar will go home at the beginning of every month. If students read for at least 300 minutes a month, they can bring their signed log to the library to spin the prize wheel!
- Students that miss library enrichment can come to the library any day from 7:40-8:20 to get a book. 4th and 5th graders are able to come in with a pass at recess on A weeks.

Yearly Events

- Louisiana Young Reader's Choice Awards (Voting in January)
- Storybook Character Pumpkins (October)
- Mardi Gras Storybook Floats (February)
- Storybook Character Dress-Up Day
- Scholastic Book Fair

Online Databases

- WorldBook Kids is an online encyclopedia. The Kids version is geared to help our 3rd -5th students learn facts about topics for research with texts read aloud, videos, maps and much more! Visit www.worldbookonline.com today!
  - Log in with the student Google account.
- PebbleGo Next is a K–5+ digital learning platform that gives educators the resources to help every student grow their literacy skills while building essential science and social studies knowledge. With developmentally appropriate texts in English and Spanish, read-aloud audio, rich vocabulary support, and multimodal creation and learning tools, PebbleGo empowers every student to read, learn, explore, and create independently.
  - Log in with Username: Schoeffner Password: Sharks

Reading at Home

For parents

Show Interest

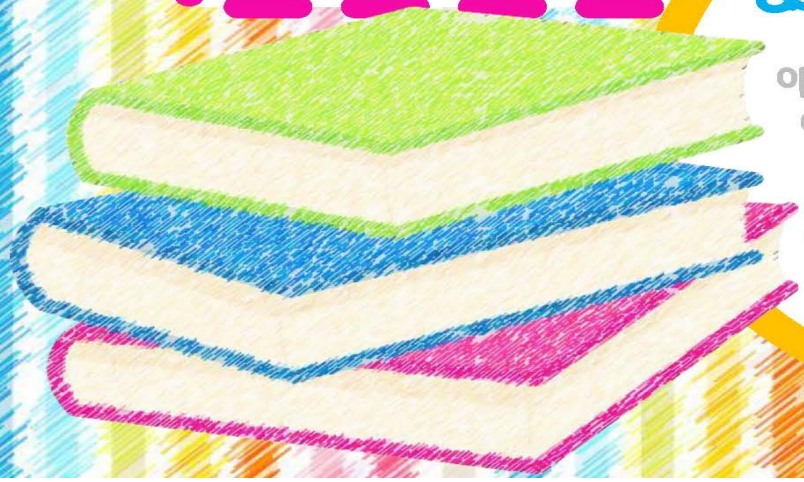
Showing genuine interest in what your child is reading is a simple form of encouragement for them.

Sit & Listen

Rather than just telling your child to go and read for a certain amount of time, take the opportunity to sit and listen to your child read.

ask questions

Ask your child questions and have conversation during and after reading. Doing so is a form of showing interest, allows them to create dialogue, and builds comprehension.



praise them!

Give praise at every opportunity! From sounding out a word correctly, to making connections, to completing a book, etc. Praise builds confidence that is invaluable!

October Students of the Month

Madelyn Long ~ Zachary Muller ~ Henry Ebeling ~ Raya Schlueter
Luna Kilburn ~ Yoan Ruiz ~ Lily Poplus ~ Riley Scardigli
Emily Deaton ~ Dominic Angelica ~ Shy Riley ~ Grayson Vinnett
Elijah Teel ~ Otis Ben ~ Thalia Fowler ~ Andrew McDonald
Reagan Long ~ Comi Liu ~ Johnny Clesi ~ Aibrean Crusto



SUPPORTING OUR READERS AND LEARNERS

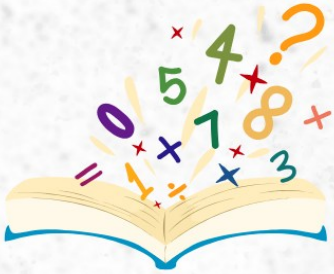
Our math and literacy support groups are in full swing at ESE! Using student data, we have created groups that provide targeted instruction based on students' learning needs. Through our Multi-Tiered System of Support (MTSS), we regularly monitor student progress to determine next steps and adjust support as needed.

If your child receives these services, you should have received a progress report sent home last month. Please reach out to your child's teacher with any questions about their progress or support.

At home, one simple way to support learning is to spend 15–20 minutes reading together each night. Regular reading helps children build vocabulary, strengthen fluency and comprehension, and grow in confidence. This time can include your child reading to you, taking turns reading pages, or listening as you read aloud.

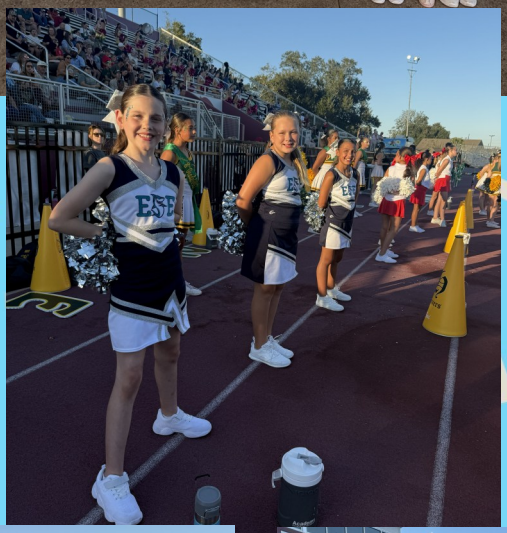
Keep it enjoyable! Let your child choose books that interest them, revisit favorites, and talk about what you read. Questions like "What was your favorite part?" or "What do you think will happen next?" can spark meaningful conversations.

Thank you for partnering with us to help every student grow. A few minutes spent sharing a book can become a special part of your family's day!



HMS 5th Grade Night









featuring the ESE Pep Squad

Student Data Is Protected by Design

Every reading interaction with Amira is governed by the same commitments, built into our technology, documented in policy and contract, and backed by independent oversight.

WHAT AMIRA NEVER DOES

Never sold. Never used for advertising.

Amira never sells student data or uses it for marketing or advertising. Period.

No biometric or psychographic profiles.

Amira does not create voiceprints, biometric identifiers, or psychographic profiles.

Used for one purpose: helping students become stronger readers.

Amira collects only the information needed to deliver educational services and support student learning. Student data is never sent to public platforms or third-party foundation models.

HOW DATA IS PROTECTED

De-identified. Encrypted. Access-controlled.

Audio recordings are de-identified, protected by encryption, and secured through controlled access and protected infrastructure.

U.S. student audio stays in the U.S.

For U.S. students, audio recordings are stored only in U.S.-located facilities and remain under Amira's direct control.

WHO STAYS IN CONTROL

Districts stay in control. Student data does not belong to Amira. Districts determine how long it is retained and may request deletion at any time.

INDEPENDENTLY VERIFIED AND ACCOUNTABLE

- SOC 2 Type II
- FERPA
- COPPA
- CISA Secure by Design Pledge
- Independent security and compliance audits

READING TOOL, NOT CHATBOT.

What happens when your child reads with Amira?

Reading with Amira is not reading with a chatbot. Unlike a chatbot, Amira is incapable of carrying on everyday conversations, building relationships with students, or responding to questions outside the student's assigned reading experience. When students read aloud with Amira, all audio is encrypted using the same technology utilized by major banks and anything response that Amira provides has been prevetted by a human reading expert.

1 READ

Student reads aloud

A student reads a passage into a microphone.

WHAT DOESN'T HAPPEN

The student is not chatting with AI.

2 PROTECT

Student audio inputs are encrypted

Student audio inputs are encrypted and securely sent to Amira.

WHAT DOESN'T HAPPEN

Audio is not floating unproected on the web.

3 ANALYZE

Inputs are then evaluated and scored

Amira evaluates the student's reading input and generates a reading score.

WHAT DOESN'T HAPPEN

Audio is not used for open-ended AI conversation.

4 DELETE

Audio can be deleted

Once the reading scores are generated, audio can be deleted upon request.

WHAT DOESN'T HAPPEN

Audio is not kept forever.

5 INSIGHTS

Data supports instruction

If not deleted, data is de-identified—meaning it has all personal identifiers removed—and used for instructional purposes and teacher reporting.

WHAT DOESN'T HAPPEN

Student data is not sold or transferred to third parties.

6 CONTROL

Districts control retention

Districts determin how long retained data is kept. Data is deleted on a district-specified cadence or by request.

WHAT DOESN'T HAPPEN

Data retention is not open-ended, and data is not kept beyond district policy.

Amira never sells student data & never creates biometric data

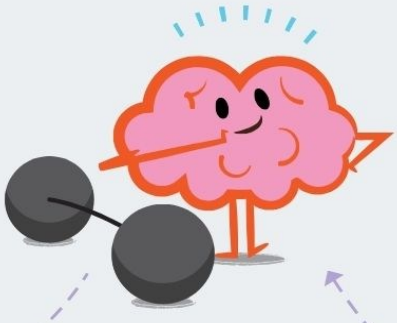
Learn more at the Amira Trust Center: amiralearning.com/amira-trust-center

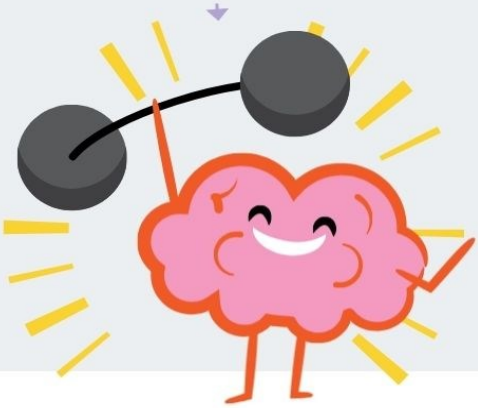
LOUISIANA MATH CHALLENGES



1 Log into your Zearn account

Students should log into Zearn and complete the lessons in the "Next Up" tab





2 Complete the target number of lessons!

Set a goal to complete 12 digital lessons



Want to help motivate your student to complete the challenge?

Here are tips for supporting your child's learning with Zearn Math. You can also reach out to your child's teacher for more information about their progress in the challenge.

ZEARN®

Zearn is the 501(c)(3) nonprofit educational organization behind Zearn Math, the top-rated math learning platform used by 1 in 4 elementary-school students and by more than 1 million middle-school students nationwide.

AMIRA
LEARNING

My Weekly Amira Tracker



Set a weekly reading goal with Amira. Color one pumpkin for each story, activity, or set number of minutes you read, and then the trophy if you meet your goal.

Name: _____ **Month:** _____ **My weekly goal:** _____

I AM TRACKING

☐ Stories | ☐ Activities | ☐ Minutes

Week 1
Dates: _____

Week 2
Dates: _____

Week 3
Dates: _____

Week 4
Dates: _____

Week 5
Dates: _____

ZEARN PUMPKIN PATCH CHALLENGE

Name: _____

Class: _____

MATH HARVEST LOG

Track your progress by checking off a box for each lesson completed. Complete 3 Zearn Math lessons each week to stay on track!



WEEK 1	☐ ☐ ☐	3 LESSONS
WEEK 2	☐ ☐ ☐	6 LESSONS
WEEK 3	☐ ☐ ☐	9 LESSONS
WEEK 4	☐ ☐ ☐	12+ LESSONS

ETHEL SCHOEFFNER ELEMENTARY 4-H Club

2026-2027

Meeting Schedule

*Members will be notified of any date changes.

4th - 5th graders:

~~Wednesday~~	~~September 23~~
~~Wednesday~~	~~October 28~~
Wednesday	November 18
Wednesday	December 16
Wednesday	January 27
Wednesday	February 24
Wednesday	March 24
Wednesday	April 28

**By invitation only

3rd graders:

3rd Grade Cloverbud Meetings will be held on Club Days during the school day. Listen to announcements and instructions from 4-H Leaders for more information.

MEETING TIME:

3:05 PM - 4:15 PM

ETHEL SCHOEFFNER 4-H LEADERS:

MRS. MATHERNE, MRS. KELLER, AND MRS. PERRET

SHARKS

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  Daylight Saving Ends	2	3 Election Day NO SCHOOL	4 5th Grade Full Band Rehearsal 3:00-3:50 PM Beta Induction 6:00 PM	5	6	7
8	9	10 5th Grade Full Band Rehearsal 3:00-3:50 PM Pep Squad Practice 3:00-4:30 PM Cake Bingo Doors Open @ 5:15 PM *Ticket Required for Admission*	11  Student Holiday Faculty Professional Development	12 2nd Quarter Progress Reports go home	13	14
15	16	17 5th Grade Full Band Rehearsal 3:00-3:50 PM Pep Squad Practice 3:00-4:30 PM	18 4H Meeting *4th & 5th Grade Only* 3:00-4:15 PM	19	20	21
22	23	24	25	26 	27	28
29	30	1 December	2	3	4	5



November 2026 Elementary Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.

AVAILABLE DAILY

Monday
Sunbutter Sandwich
Tuesday
Charley Box
Wednesday
Deli Sandwich
Thursday
Entrée Salad
Friday
Sunbutter Sandwich

Every complete meal we serve comes with your choice of low fat or nonfat milk!



Monday, November 2	Tuesday, November 3	Weds, November 4	Thursday, November 5	Friday, November 6
Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chicken Tenders Waffles Green Beans Steamed Carrots Sliced Peaches		**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Turkey & Sausage Gumbo Steamed Rice Potato Salad, Crackers Cucumber/Tomato Salad Banana	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Orange Chicken Fried Rice Edamame Beans Asian Salad Mandarin Oranges	**Breakfast** Muffin w/Cheese Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Mini Corn Dogs Crinkle Cut Fries Carrots & Celery w/Ranch Orange Wedges Cookie

@TheDaycareTeacher

Fun Turkey Facts for Kids to Enjoy!

Only male turkeys, called toms, gobble. Female turkeys, or hens, make softer sounds.

A group of turkeys is called a flock or a rafter.

A turkey's head changes color (red, blue, or white) based on its mood.



Turkeys have excellent eyesight and can see nearly 360 degrees.

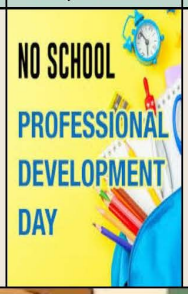
A baby turkey is called a poult.

Turkeys sleep in trees to stay safe from predators.

Benjamin Franklin admired turkeys and thought they were more respectable than bald eagles.

Turkeys have over 5,000 feathers.

Wild turkeys can run up to 20 mph and fly at 55 mph for short distances.

Monday, November 9	Tuesday, November 10	Weds, November 11	Thursday, November 12	Friday, November 13
Breakfast Pancake Sausage Bites Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Roasted Chicken Mashed Potatoes & Gravy Cal Blend Veggies Garlic Bread Cinnamon Apples	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Jambalaya Broccoli Florets Steamed Carrots Dinner Roll Pineapple Tidbits		**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chili w/Cheese Steamed Corn Garden Salad, Fritos Banana Cake or Crisp	**Breakfast** Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Pear Halves

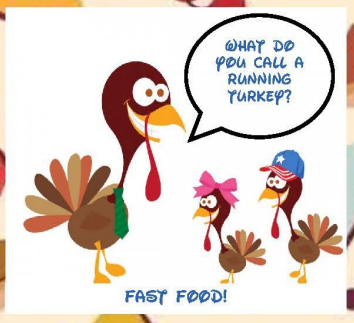
Monday, November 16	Tuesday, November 17	Weds, November 18	Thursday, November 19	Friday, November 20
Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Sweet & Sour Meatballs Mashed Potatoes Steamed Carrots Dinner Roll Sliced Peaches	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Nacho's w/Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Apple Wedges	**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Italian Bake Broccoli Florets Italian Salad Garlic Bread Banana	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Thanksgiving Feast** Sliced Turkey w/Gravy Rice Dressing Sweet Potato Soufflé Green Beans, Dinner Roll Fresh Fruit, Jello w/Topping	**Breakfast** Parfait Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Fresh Hot Pizza Marinara Sauce Green Beans Fresh Orange Wedges



Thanksgiving

No school November 23-27

See you Monday, November 30th!



Monday, November 30
Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chicken Tenders Waffles Green Beans Steamed Carrots Sliced Peaches

