

If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site.

Five food components are offered at lunch daily: **Meat/Meat Alternate, Grain, Fruit, Vegetable, and Milk.** To make a meal, students must select foods from at least 3 components in the required serving sizes. At least one item must be ½ c fruit or ½ c vegetable.

Milk choices include 1% white milk or fat-free flavored milk

November is Good Nutrition Month!

All students are eligible for universal free lunch in the Scranton School District

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
Grilled Cheese Cheese or Pepperoni Pizza Baked Beans Fresh Broccoli Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice 2		Nacho Cheese Walking Taco Cheese or Pepperoni Pizza Steamed Carrots Cucumber Slices Fresh Garden Salad Diced Pears Fresh Apple Slices 4	Turkey Barbacoa Soft Tacos w/ Cheese Cheese or Pepperoni Pizza Steamed Corn Fresh Green Pepper Strips Fresh Spinach Salad Pineapple Chunks Fresh Orange 5	Bacon Cheeseburger Cheese or Pepperoni Pizza Crinkle Cut Fries Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 6	Available Daily Made To Order Deli Sunbutter & Jelly Sandwiches Daily Grill Options -Breaded Chicken Sandwich -Buffalo Chicken Sandwich -Cheeseburger -Hot Dog
L T O Buffalo Cheese Max Pizza Sticks Cheese Pizza Buffalo Chicken Pizza Crinkle Cut French Fries Fresh Celery Sticks Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice 9	L T O Beef Nachos w/ Tortilla Rounds Cheese Pizza Buffalo Chicken Pizza Mexican Style Street Corn Fresh Tomato Wedges Fresh Spinach Salad Diced Peaches Fresh Orange 10		L T O Corn Dog Cheese Pizza Buffalo Chicken Pizza Tater Tots Fresh Cucumber Slices Fresh Spinach Salad Pineapple Chunks Fresh Orange 12	L T O Cheesy Baked Penne Cheese Pizza Buffalo Chicken Pizza Campfire Baked Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 13	Daily Grill Features 11-2 TO 11-6 Grilled Cheese Sandwich 11-9 TO 11-13 Spicy Popcorn Chicken w/ Breadstick 11-16 TO 11-20 Breaded Fish Sandwich 11-23 TO 11-25 Cheese Stuffed Bosco Breadsticks
Beef Soft Tacos Cheese Pizza Chicken Sausage Pizza Kickin' Pinto Beans Fresh Tomato Wedges Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice 16	Early Dismissal Bagged Lunch Breaded Chicken Sandwich Fresh Baby Carrots Fresh Apple Milk 17	Mini Maple Pancakes Scrambled Eggs Cheese Pizza Chicken Sausage Pizza Tater Tots Fresh Celery Sticks Fresh Garden Salad Diced Pears Fresh Apple Slices 18	Friendsgiving Meal Roasted Turkey Slices w/ Biscuit Cheese & Chicken Sausage Pizza Mashed Potatoes w/ gravy Seasoned Green Beans Fresh Spinach Salad Pineapple Chunks Fresh Orange	Buffalo Popcorn Chicken Mac & Cheese Cheese Pizza Chicken Sausage Pizza Steamed Green Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 20	
Chili Orange Glazed Popcorn Chicken w/ Rice Cheese Pizza Pepperoni Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice 23	Breaded Chicken Sandwich w/ Signature "Scranton" Sauce Cheese Pizza Pepperoni Pizza Campfire Beans Fresh Broccoli Fresh Spinach Salad Diced Peaches Fresh Orange 24	Early Dismissal Bagged Lunch Galaxy Pizza Fresh Baby Carrots Fresh Apple Slices Milk 25			
NO SCHOOL 30	Good Friends Good Food 	LIMITED TIME OFFER Pepperoni Calzone & Pizza Ranch NOVEMBER 9TH TO NOVEMBER 13TH FRIENDSGIVING LUNCH NOVEMBER 19TH			Pepperoni Calzone & Pizza-Ranch FLAKY BISCUIT DOUGH FILLED WITH RICOTTA, MOZZARELLA, PARMESAN, PEPPERONI, AND ITALIAN SEASONINGS. SERVED WITH A SIDE OF PIZZA RANCH.