

Actualización semanal del asesor

Semana del 26 de octubre de 2026

Este boletín semanal está aquí para ayudar a estudiantes, padres y personal a mantenerse al tanto de lo que sucede en Samohi. Los asesores esperan que le dediquen un momento a leerlo. Encontrarán mucha información útil, así como excelentes oportunidades que les esperan.

Puede encontrar información adicional sobre lo que sucede día a día en la escuela secundaria Santa Monica a través del Boletín Azul: <https://www.smmusd.org/BB>. También publicaremos información en nuestra página de Instagram para asesores. Síguenos. [@Samo_Advisors](https://www.instagram.com/Samo_Advisors).

Samohi Schedule for 2026-2027		
Monday, Tuesday, Friday	Wednesdays EVEN Flex <i>No AM classes on these days</i>	Thursdays ODD Flex
Period A 7:20 – 8:22 AM Period 1 8:30 – 9:25 AM Homeroom 9:34 – 9:43 AM Period 2 9:43 – 10:38 AM Break 10:38 – 10:40 AM Period 3 10:49 – 11:44 AM Period 4 11:53 – 12:48 PM LUNCH 12:48 – 1:23 PM Period 5 1:32 – 2:27 PM Period 6 2:36 – 3:31 PM	<i>Staff Meeting 7:40 – 8:40 AM</i> Period 2 8:55 – 10:24 AM Break 10:24 – 10:26 AM Period 4 10:35 – 12:04 PM Flex-Time 12:13 – 1:03 PM LUNCH 1:03 – 1:38 PM Period 6 1:47 – 3:16 PM	Period A 7:20 – 8:22 AM Period 1 8:30 – 9:59 AM Break 9:59 – 10:01 AM Period 3 10:10 – 11:39 AM Flex-Time 11:48 – 12:39 AM LUNCH 12:39 – 1:14 PM Period 5 1:23 – 2:52 PM <i>Staff Meeting 3:10 – 3:40 PM</i>

Enlaces populares

Asistencia	Permisos de trabajo	Centro Universitario y de Orientación Profesional
Registro AP	Inscripción para el Súper Sábado	Centro de Servicios de Bienestar

Asistencia

Para informar sobre la ausencia de un estudiante, envíe un correo electrónico a la Casa correspondiente a su estudiante.

AsistenciaSHouse@smmusd.org Ext. 71139

AsistenciaAHouse@smmusd.org Ext. 71208

AsistenciaMHouse@smmusd.org Ext. 71281

AsistenciaOHouse@smmusd.org Ext. 71381

AsistenciaPBL@smmusd.org Ext. 71177

NO ENVÍE CORREOS ELECTRÓNICOS A LOS ASESORES, YA QUE NO PUEDEN EXCLUIR SUS AUSENCIAS.

[Recuperación de asistencia/tardanzas](#)

Reunión de planificación académica el 11/10 a las 18:00 h por Zoom.



RESERVA LA FECHA

Presentación del asesor sobre la planificación académica

10 de noviembre^{el}

A las 18:00

Les invitamos a unirse a los asesores, quienes les brindarán información para la planificación académica de sus hijos el próximo año. El enlace de Zoom se enviará la semana anterior a la presentación. ¡Los esperamos el 10 de noviembre!

Enlaces escolares

¡La plataforma de preparación universitaria y profesional de nuestro distrito! SchoolLinks está diseñada pensando en los estudiantes para ayudarlos a prepararse para la universidad, la vida y el mundo laboral. Como tutor, tendrá la oportunidad de acompañar a su hijo/a en su proceso de exploración de opciones universitarias y profesionales, y conversar con él/ella sobre su futuro.

Consulta estos recursos para obtener más información sobre tu cuenta de SchoolLinks:

- [Cómo acceder a tu cuenta de Guardian](#)
- [Descripción general de la cuenta Guardian](#)

El lugar de Margaret

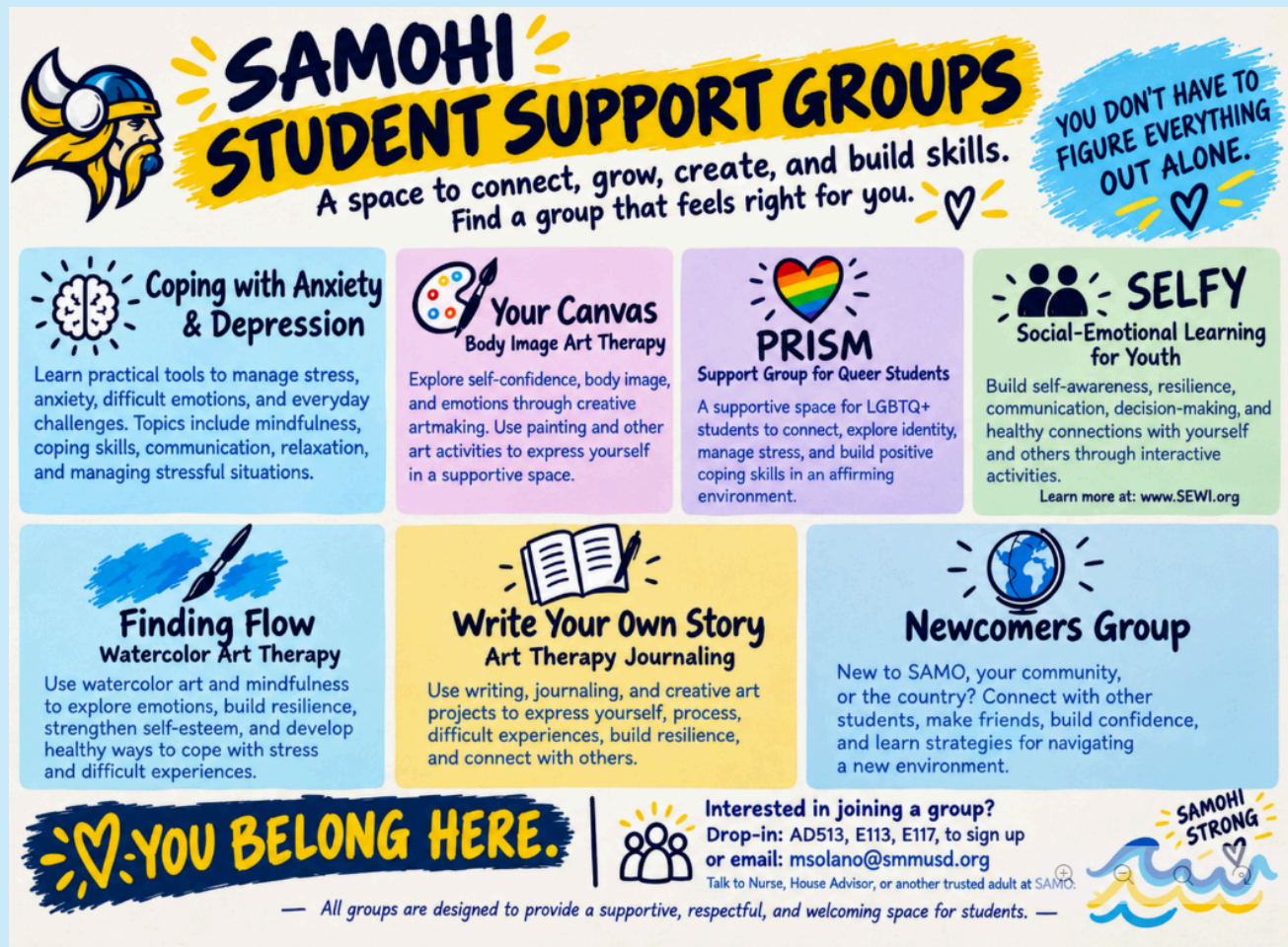
Margaret's Place regresa para el año escolar 2026-27, ¡continuando nuestro trabajo vital para romper el ciclo de la violencia! Nuestra consejera, Lara DeSanto, LMFT, ATR, está disponible diariamente en el salón E117 para apoyar a nuestros estudiantes. Los servicios que se brindan incluyen consejería gratuita para aquellos afectados o en riesgo de trauma, violencia y relaciones tóxicas, así como grupos de arteterapia y recreación terapéutica durante el tiempo flexible de los miércoles. Para obtener más detalles, consulte el boletín informativo de otoño de Margaret's Place ([edición para padres/tutores](#) y [edición para estudiantes](#)). También puedes comunicarte directamente con Lara si tienes alguna pregunta escribiendo a LDeSanto@smmusd.org.

Matriz de tutorías 2026-2027

Samohi Tutoring Matrix				
Program	Description		Location	Time
On Campus				
	Teacher Office Hours	Approaching your teacher should always be the first step when seeking extra help. All Samohi teachers offer individualized tutoring for their current students. You can sign up to see them during Flex-Time, or ask them what other times they are available.	Varies	Wed & Thu Flex-Time Check with your teacher for other times
	Tutoring at Samohi Library	Peer tutors are available <u>every day</u> at lunch and after school. IG: @samohipeertutoring Teachers are available for questions in the Library after school on these days: --Mon: Spanish --Tues: Research --Wed: English --Thu: Chemistry & Math	Library, Language 210	Mon-Fri at lunch Mon-Thu after school until 5:00pm
	AP Writing Center	The Writing Center is staffed by 2 retired AP English teachers and focuses on 11th/12th graders who need help in English or with college applications	Discovery-205A	Wed & Thu Flex-Time (sign up on Enriching Students)
Off-Campus				
	Virginia Park Teen Center	A quiet place for working on assignments & receiving help. There is a library of school textbooks available in the homework room, computer lab & homework help. There is no fee but youth must enroll to participate.	2200 Virginia Ave. (Pico & 23rd)	Mon-Fri, 2:45pm – 7:00p
	Santa Monica College Tutoring Centers	For students taking courses at SMC, Tutoring Centers are offered for free for most courses. There are Tutoring Centers in 8 locations throughout campus and also available online. To make an appointment, go to https://www.smc.edu/student-support/academic-support/tutoring-centers	Various locations on campus & online	Various times
	Boys & Girls Club College Bound	Individual & group tutoring, individual & family counseling, dinner, and college counseling. Requires \$20/year Membership	1220 Lincoln Blvd (Lincoln & Wilshire)	Mon-Thu, 4:15pm - 7:00pm
	Police Activities League	Homework assistance. The site includes computer access. For members only.	1401 Olympic Blvd. (Olympic & 14th)	Mon-Fri, 2:30pm-7:30pm
	Pico Youth & Family Center	Academic tutoring for all subjects is available, starting Nov 2025	1460 4th Street, Suite 302 (4th & Broadway, above Burton Store)	Varies, call ahead for times at (310) 396-7101
Online				
	Santa Monica Library Brainfuse HelpNow	Online live tutoring, homework help, standardized test prep, writing feedback, and job/resume/interview coaching for Gr3-College, in math, science, English, & social studies. Spanish- and Chinese-speaking tutors are available. Access using your LA County Library card and PIN number (free).	SMPL Brainfuse	Sun-Sat, 1:00pm – 10:00pm
	LA Public Library Tutor.com	Live, one-to-one tutoring every day, in English or Spanish. K-12 and adult learners in all subjects, including AP-level classes, test prep from The Princeton Review, career tutoring, and parent coaching. Access with a library card (free). Professionally trained tutors communicate in a virtual classroom with chat and two-way white boards.	LAPL Tutor.com	Sun-Sat, 11:00am – 11:00pm

[Documental en directo](#)

GRUPOS DE APOYO ESTUDIANTIL SAMOHI



SAMOHI STUDENT SUPPORT GROUPS
A space to connect, grow, create, and build skills.
Find a group that feels right for you. ♥

YOU DON'T HAVE TO FIGURE EVERYTHING OUT ALONE. ♥

- Coping with Anxiety & Depression**
Learn practical tools to manage stress, anxiety, difficult emotions, and everyday challenges. Topics include mindfulness, coping skills, communication, relaxation, and managing stressful situations.
- Your Canvas**
Body Image Art Therapy
Explore self-confidence, body image, and emotions through creative artmaking. Use painting and other art activities to express yourself in a supportive space.
- PRISM**
Support Group for Queer Students
A supportive space for LGBTQ+ students to connect, explore identity, manage stress, and build positive coping skills in an affirming environment.
- SELFY**
Social-Emotional Learning for Youth
Build self-awareness, resilience, communication, decision-making, and healthy connections with yourself and others through interactive activities.
Learn more at: www.SEWI.org
- Finding Flow**
Watercolor Art Therapy
Use watercolor art and mindfulness to explore emotions, build resilience, strengthen self-esteem, and develop healthy ways to cope with stress and difficult experiences.
- Write Your Own Story**
Art Therapy Journaling
Use writing, journaling, and creative art projects to express yourself, process, difficult experiences, build resilience, and connect with others.
- Newcomers Group**
New to SAMO, your community, or the country? Connect with other students, make friends, build confidence, and learn strategies for navigating a new environment.

♥ YOU BELONG HERE.

Interested in joining a group?
Drop-in: AD513, E113, E117, to sign up
or email: msolano@smmusc.org
Talk to Nurse, House Advisor, or another trusted adult at SAMO.

— All groups are designed to provide a supportive, respectful, and welcoming space for students. —

SAMOHI STRONG

Servicios de salud mental

La preparatoria Santa Monica se complace en presentar a la Sra. Maura Solano, MSW, quien se une a nuestro equipo como la nueva consejera bilingüe de bienestar. La Sra. Maura coordinará los servicios de salud mental en todo el campus, brindando asistencia esencial con intervenciones para la asistencia escolar y respuesta a crisis. Los estudiantes pueden encontrarla en el salón E113 del Vikes Hub, un espacio de apoyo donde todos pueden acceder a útiles escolares y productos de higiene necesarios.

Para quienes busquen apoyo psicológico constante, les recomendamos contactar a su tutor/a, a la Sra. Maura, enfermera escolar, o a la Sra. Lotan, coordinadora de salud mental, ubicada en la oficina AD502. Les informamos que en las próximas semanas el servicio de asesoramiento sin cita previa estará completamente operativo en la oficina AD513 del edificio administrativo. Además, los grupos de asesoramiento comenzarán en octubre; ¡pronto les daremos más detalles!

La Clínica para Adolescentes Samohi está disponible para nuestros estudiantes todos los jueves por la mañana en la sala Ad103c, ubicada justo enfrente de la enfermería. Esta clínica ofrece servicios esenciales como vacunación, exámenes físicos para deportistas, atención médica general y apoyo personalizado en materia de salud reproductiva.



SAMOH

HEALTH & WELLNESS SERVICES

Take care of yourself so you can be your best.

YOU'VE GOT THIS!

We're here for you. You matter.



TEEN CLINIC

Come here for:

- ✓ Sports physicals
- ✓ Immunizations
- ✓ First aid
- ✓ Prescription medications
- ✓ Minor injuries
- ✓ Vision and hearing test
- ✓ Birth control
- ✓ Care for ongoing conditions
- ✓ Pregnancy test

WHEN: Thursdays 8:30 a.m. to 11:45 a.m.

WHERE: Admin 103C

Walk-ins are welcome or schedule an appt at nurse's office.



NURSE'S OFFICE

Come here for:

- ♥ Headaches
- ♥ Sore throats
- ♥ Upset stomach
- ♥ Menstrual cramps
- ♥ Feminine products
- ♥ Info on reproductive health

WHEN: Regular school days and hours

WHERE: Nurse's Office - Admin 203

Walk-ins welcome or by appointments.

HYDRATE REST REFILL REPEAT



MENTAL HEALTH SERVICES / SUBSTANCE USE PREVENTION AND TREATMENT

It's okay to ask for help.

- ✓ Assistance with depression, stress, anxiety, trauma, relationship difficulties, grief and loss, etc.
- ✓ Individual and group therapy available.
- ✓ Counseling for students who need support with substance use or completion of mandated hours for on-campus drug infractions.

Talk to your house advisor, nurse, wellness counselor or mental health coordinator to get connected.

Services can be provided in person and over telehealth.

WE CARE. WE LISTEN. WE'RE HERE FOR YOU.

WELCOME TO VIKING'S HUB



AT SAMOHI!



RESOURCES & SUPPLIES

Hygiene kits, school supplies, resources & more!



SUPPORT & A WELCOMING SPACE

Drop in during lunch & flex time for support!



WORKSHOPS & ACTIVITIES

Topics include mindfulness, test taking strategies, navigating high school & more!



WHERE: Viking's Hub in E113



WHEN: Monday, Tuesday, Thursday, Friday
During Lunch & Flex Time



FACILITATOR: Ms. Maura (She, Her)

STOP BY. TAKE A BREAK. WE'RE HERE FOR YOU!

Oportunidad de beca para estudiantes: Feria de becas Infinite, 27/02/2027

El YMCA de la familia Collins & Katz organizará una feria de becas el 27 de febrero de 2027. En esta feria estarán representadas entre 30 y 35 universidades de todo el país, ¡listas para otorgar becas al instante!

COLLEGE SCHOLARSHIP FAIR



THE CENTER FOR
COMMUNITY
WELL-BEING.



February 27, 2027



10:00 AM-2:00 PM



Collins & Katz Family YMCA
1466 S. Westgate Ave, Los Angeles, CA 90023

**FREE
EVENT!**

Students Are Encouraged To Bring Several Copies Of The Following Documents:

- Unofficial transcript (3.0 G.P.A. or better is ideal; however, some colleges and universities will accept lower GPA's)
- ACT/SAT scores or documentation showing that students are registered to take either exam
- Résumé

- **Meet Colleges**
- **Explore Scholarships**
- **Get College Ready**
- **Access Resources**
- **Learn About Career Paths**

SCAN ME



**Register
Today!**



SPONSORED BY



THE CENTER FOR
COMMUNITY
WELL-BEING.



MOHELA

Oportunidades de empleo en la YMCA



**We are
HIRING**

JOIN OUR TEAM!

Membership Sales Representative (4782)
Swim Lesson Instructor (5036)
Lifeguard (4955)
Personal Trainer (4907 & 4390)



SCAN TO APPLY TODAY!

COLLINS & KATZ FAMILY YMCA
1466 S. Westgate Ave. Los Angeles, 90025
P 310 477 1511 W ymcaLA.org

Why you'll love being part of the team:

- Supportive team environment
- Flexible hours
- Opportunities for training and advancement



Make Waves That Matter

Join a team dedicated to safety, belonging, and community well-being.

As a Y lifeguard or swim instructor, you'll help people stay safe around water and discover the joy of swimming. Make a difference where it matters most—right at the water's edge.

Now Hiring Lifeguards & Swim Instructors



Requisitions 5036 & 4955

Swim Instructors:
Ages 16+

Lifeguards:
Ages 18+

COLLINS & KATZ FAMILY YMCA
1466 S Westgate Ave. Los Angeles 90025
P 310 477 1511
W ymcaLA.org

For more information, contact:
AmandaKasimoff@ymcaLA.org

Academia Juvenil del FBI

La Academia Juvenil del FBI en Los Ángeles ofrece a los estudiantes de secundaria una oportunidad única para conocer a fondo el trabajo del Buró Federal de Investigaciones (FBI). Los participantes pasarán el día con personal activo del FBI y aprenderán sobre las diversas responsabilidades y áreas de misión de la Oficina.

Los estudiantes explorarán diversos temas, como la historia del FBI, investigaciones antiterroristas, ciberdelincuencia, delitos de cuello blanco, contrainteligencia, análisis de pruebas, operaciones de equipos SWAT, investigaciones de delitos violentos y análisis del comportamiento. A lo largo del día, los participantes escucharán directamente a agentes especiales, analistas de inteligencia, especialistas en idiomas y personal profesional que trabajan en estos casos y apoyan la misión del FBI.

La Academia está aceptando solicitudes de estudiantes de segundo, tercer y cuarto año de preparatoria. Las actividades escolares, la participación en la comunidad y la experiencia de liderazgo también se tendrán en cuenta en el proceso de selección.

Para solicitar(<https://www.fbi.gov/contact-us/field-offices/losangeles/community-outreach>)

La próxima Academia Juvenil del FBI de Los Ángeles tendrá lugar el **Viernes, 4 de diciembre de 2026, de 10:00 a 16:00 horas** en la oficina del FBI en Los Ángeles, Westwood.

[Descarga la aplicación de Teen Academy](#)

Esta solicitud y cualquier material complementario deben recibirse antes de **Lunes, 26 de octubre de 2026**, para revisión.

Para cualquier consulta, póngase en contacto con: FBILATeenAcademy@fbi.gov.

Club de Niños y Niñas de Santa Mónica

**BOYS & GIRLS CLUBS
OF SANTA MONICA**

JOIN THE CLUB AND BUILD YOUR FUTURE



Join the Club at SAMOHI today!

Explore potential careers, develop real skills, and make your mark on the community. Whether you're planning for college, starting your first job, or just figuring out what's next, the Club gives you the tools and support to succeed.

Time: T & Th, 4 - 5:30
Where: Samohi, Room L206

**LEARN
MORE**



smbgc.org

Objetos perdidos y encontrados

¿Tu estudiante perdió o encontró algo? Envíalo a la oficina de objetos perdidos, ubicada en la sala de libros de texto del Edificio Discovery. Los objetos perdidos deben reportarse de inmediato a la oficina de la residencia estudiantil.

Oportunidad de voluntariado – Blood Cancer United

Blood Cancer
United
Student Visionaries
of the Year

Are you the next
Student Visionary of the Year?



About Blood Cancer United

- We are the **largest national non-profit** dedicated to fighting all **100+ types of blood cancer** including leukemia, lymphoma, & myeloma.
- Founded in 1949, for 77 years, we have **invested more than \$1.8 billion** towards our mission to cure blood cancer & improve the life for patients & their families.
- Through our three core pillars **we fund research, provide support services, & advocate for access** to treatment & care.



About Student Visionaries of the Year

- Student Visionaries of the Year is a **philanthropic leadership program** ranked #4 on the 2026 US top 30 peer-to-peer fundraising programs.
- It is designed for **passionate high school leaders** who boldly imagine a better world & fearlessly push forward to put an end to cancer.



Why participate?

- Gain professional skills** - Foster skills like networking, project management, communication, financial literacy, time planning, & public speaking to help you **stand out among your peers**.
- Make an impact** - Be a part of the last generation to see cancer. Provide a monumental impact in the fight. Last year in Greater Los Angeles Student Visionaries of the Year teams **raised a record-breaking \$3.3 million dollars** to end blood cancer! And nationally, these incredible student led teams raised a record breaking **\$51 million+**!
- Receive recognition** - Build your resume, earn service hours, & a letter of recommendation.



How it works

- Applicants can either be **nominated** by a leadership committee member or **apply** via the QR code to the left.
- After your nomination/application has been reviewed a Blood Cancer United staff member will schedule an **interview**.
- If you are accepted, you will then begin the **goal planning** process prior to the start of the **7-week competition**.



ROLLING ADMISSIONS JUN 1 - OCT 1 2026

Blood Cancer
United
Student Visionaries
of the Year

Student Visionaries of the Year
Alumni



The most significant change I've noticed is my ability to speak with confidence and conviction in professional settings. Specifically, I have become much more comfortable giving pitches to important people, expanding my network with professionals in my field of interest (healthcare, business, and finance), and public speaking (at Grand Finale). Also, I can't possibly stress just how much being a part of SVOY has improved my leadership, event planning, and organization skills.

Skye Kirby - Vistamar School
2025 South Bay Student Visionaries of the Year Candidate



Before joining the program, I was afraid of becoming overwhelmed and doubted my ability to handle challenging situations. Through the intensive training and work involved, I learned that far more is achievable than I originally believed, and it made a huge impact on my ability to share my personal cancer journey and story. The experience also helped me become more confident and comfortable approaching people about opportunities that could improve my future. One of the most valuable lessons I learned is that many opportunities begin simply by having the confidence to ask.

Lily Sagharian - Burbank High School Alum; current UCLA student
2024 Los Angeles Student Visionaries of the Year Candidate
2025 Greater Los Angeles Honored Hero



Being a part of this organization has enriched my life with so much purpose and opportunity. This program has not only opened doors for me in school and extracurriculars, but connected me to a cause that is larger than myself. Getting to work with such caring, talented people at a young age has given me such a valuable perspective on life! This summer, I will be 1 of 12 students from across the country (out of 1800+ applicants) attending Clark Scholars at Texas Tech University, which is one of the most competitive high school research internships in the US. SVOY has taught me to work hard towards my dreams, and to not be so afraid of failure. I know this lesson will bring me more success in the future!

Owen Hess - West Ranch High School
2025 Gold Coast Student Visionaries of the Year Candidate
2027 Greater LA Leadership Committee Region Advisor

86% of participants have
been accepted into a Top
100 nationally ranked
college



94% of participants credit
this program for helping
them get accepted into
the school of their choice



Recaudación de fondos anual para el árbol de Navidad del equipo de béisbol de Samohi

Esperamos que considere comprar su árbol de Navidad este año con nosotros. Puede adquirirlo a través de nuestra tienda en línea usando el enlace que aparece a continuación. El último día para comprar un árbol es el 15 de noviembre. Los árboles estarán disponibles para recoger en el campo de béisbol de Samohi el 5 de diciembre. Ofrecemos servicio de entrega por \$25 para quienes vivan en Santa Mónica. Comparta nuestra campaña de recaudación de fondos con cualquier persona que pueda estar interesada en apoyar nuestro programa.

Tienda online: <https://fundraiser4us.com/shop/SMHSbaseball/>

Eventos de otoño

**Belong.
Participate.
Thrive.**

- Fri 9/4: Home Football Game
- 9/14 - 9/18: HOCO Spirit Week!
- 9/15: Hispanic Heritage Month Event
- Fri 9/18: HOCO Rally & Football Game
- Sat 9/19: HOCO Dance
- Wed 9/23: Club Row
- Thu 9/24: Back to School Night
- 10/19 - 10/23: Fall Spirit Week
- 10/23: Fall Spirit Rally & Teacher LipSync



Excellence



Opportunity



Belonging

Samohi

Tarjetas TAP

Evite el atasco matutino al ir al trabajo **andar en bicicleta** o aprovecharse de su **pase de transporte estudiantil gratuito**;

Si necesita una tarjeta TAP nueva o un reemplazo por una que haya perdido, puede recogerlas en la oficina de su Cámara de Representantes o en la oficina principal durante el horario de atención habitual.

Para comenzar el ciclo escolar 2026-27, necesitará un código específico para registrarse o renovar su tarjeta. Puede obtenerlo en la oficina principal, en cualquier oficina de la residencia estudiantil o a través de este enlace digital:

- Se permite una sola presentación por estudiante de primaria o secundaria. [Solicita aquí tu código para el periodo 2026-27.](#)

Una vez que se active la tarjeta, sus beneficios de transporte para estudiantes permanecerán activos hasta el 30 de septiembre de 2027.

Por favor, guarde su tarjeta en un lugar seguro, ya que están diseñadas para ser reutilizadas y actualizadas cada año.

Súper sábado

El Súper Sábado es una oportunidad para que los estudiantes se inscriban y asistan a clases los sábados por la mañana para recuperar el tiempo perdido. Se espera que los estudiantes traigan su tarea y su Chromebook para completar sus trabajos y/o estudiar para las clases. Los estudiantes pueden inscribirse mediante un código QR en la oficina de la residencia estudiantil.

TARJETA ASB

¿Quieres ahorrar dinero este año? ¡**Compra una tarjeta ASB en el Vikes Inn por \$75!** Tu tarjeta incluye **Entrada a todos los partidos de la temporada regular en casa.**, más un **Entrada con descuento para el regreso a casa**, Además de muchos otros descuentos a lo largo del año, ¡se amortiza muy rápidamente! [Consulta aquí los descuentos de ASB.](#)

An ASB card is...

this symbol  on your student ID will give you benefits including discounts to local businesses, free entry to our football games, and so much more! It costs \$75 and lasts the entire school year.

INCLUDED DISCOUNTS

Free entry to SAMO football games
\$20 off Prom
\$15 off Homecoming
\$15 discount on yearbook
\$5 discount to school plays and concerts
Up to 3 free ID replacements

Handel's	10% off
Donut King	10% off
Sylvan Learning	\$29 subject evaluation for tutoring (reg \$99) 0\$ enrollment fee (reg \$99) (Total saving of \$168)
Pita House	10% off
Samo Oaxaca	10% off
Junior Cookies	15% off Merchandise 20% off 1 free chocolate chip cookie with any coffee or matcha drink (Must join the loyalty program) Buy one box of 8 cookies and get the 2nd box 50% off

**GET AN
ASB CARD!**

**All proceeds
go to Samohi
sports and
activities**

**Get special
discounts at
local
businesses**



Save over \$250 for the school year!

Jornada informativa de la Universidad de Cambridge en el Colegio Internacional de Los Ángeles / Lycée International (LILA) - Lunes 26 de octubre de 2026 | 18:00 – 19:30



UNIVERSITY OF
CAMBRIDGE



Study at Cambridge Information Evening

Monday 26th October 2026 | 6pm – 7:30pm
International School of Los Angeles / Lycée International (LILA)

Join Nathan Lamb from the office of Student Admissions & Access at the University of Cambridge for a presentation on studying in the UK and the Cambridge application process.

- What it is like to study at Cambridge?
- What grades do you need?
- How do you apply?
- Which programmes are on offer?
- How much does it cost?



[REGISTER
HERE](#)



Nathan Lamb, Regional Manager
Student Admissions & Access

Horario flexible

Samohi Flex-Time ofrece oportunidades educativas específicas durante la jornada escolar para intervención y enriquecimiento, con el fin de satisfacer mejor las necesidades individuales de cada estudiante. Nuestro objetivo es que Flex-Time contribuya al éxito académico de todos los estudiantes. Estos participarán activamente en su propio aprendizaje, desarrollando habilidades metacognitivas y de autogestión para promover su bienestar emocional, explorar sus pasiones y crecer en un entorno académico, productivo y centrado en sus objetivos.

	Office Hours	Library/Writing Center	College Center	Testing Center	Featured Flex-Time
What?	Teacher provides topic, structure, and focus for the room. The following are words that can frame a Flex-Time session: - Review - Refine - Re-explore - Reteach - Reconnect - Rehearse - Research	Student-driven, independent work: - Research - Computer work - Writing help	Location to work on college applications, scholarship applications, and financial aid forms. Additional workshops will be available to discuss how to get prepared for college.	A quiet location for a student to take a test or quiz. This must be pre-arranged with the teacher.	Enrichment opportunities for students involving presentations, assemblies, town hall meetings, and workshops focused on current events, hot topics, and other areas of interest.
Who?	Students sign up and/or teacher can request based on grade.	Students sign up	Students sign up (priority given to Seniors during certain times)	Teacher assigns. Pre-arranged between student and teacher	Students sign up

Información sobre retratos de graduación en White's Studios

SENIORS

Class of 2027

White's Studios
PHOTOGRAPHY SINCE 1898
Visit our website for studio locations.
www.whites-studios.com

**ON CAMPUS SENIOR PORTRAITS
ARE AVAILABLE TO BOOK NOW!**






5 EASY STEPS TO A GREAT YEARBOOK AND GRADUATION PORTRAITS!

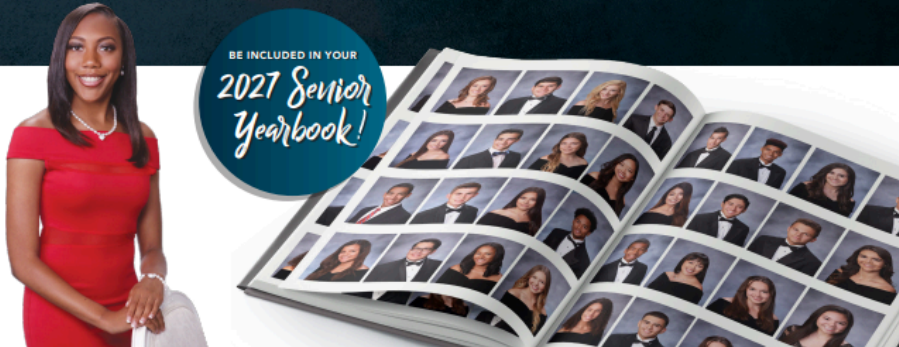
1. Decide which session is right for you and know what styles you want to include before you come into our studio.
2. Book your appointment online at www.Whites-Studios.com.
Don't Wait! Make your ON CAMPUS appointment right away.
3. Start thinking about the perfect hair styles and outfits for your session.
See our session tips on our website.
4. Try to show up early to your session. Be relaxed – you will look and feel better about your portrait session.
5. Submit your Yearbook photo as soon as you receive your preview sheets!

BOOK YOUR APPOINTMENT AT www.Whites-Studios.com

At the request of your High School Yearbook Staff, we are photographing the Class of 2027. With White's Studios, you are guaranteed to get plenty of variety. Be prepared to have a great experience and high quality senior portraits!

Visit our website to see your school's deadline to be photographed. Take advantage now of the only opportunity to have your portraits taken ON CAMPUS at your school and avoid the last minute rush.
Book your appointment TODAY!

BE INCLUDED IN YOUR
2027 Senior Yearbook!



SESSIONS



The Grad Session

16 poses

COMPLIMENTARY TUXEDO/DRAPE INCLUDED
Get down to the basics! With 16 poses, this session includes:

- » 4 yearbook poses
- » 5 cap & gown poses
- » 2 photographer's choice poses
- » 5 black & white poses
- » Online previews

SESSION FEE
\$45
Sales Tax Included

The Super Session

21 poses

COMPLIMENTARY TUXEDO/DRAPE INCLUDED
Make it exciting! In addition to the Grad session, get 1 extra style. With 21 poses, this session includes:

- » 4 yearbook poses
- » 5 cap & gown poses
- » 2 photographer's choice poses
- » 5 black & white poses
- » 5 poses from one additional style of your choice
- » Online previews

SESSION FEE
\$62
Sales Tax Included

The Custom Session

26 poses

COMPLIMENTARY TUXEDO/DRAPE INCLUDED
Our largest sitting session with the most options! In addition to the Super session, get 1 extra style. With 26 poses, this session includes:

- » 4 yearbook poses
- » 5 cap & gown poses
- » 2 photographer's choice poses
- » 5 black & white poses
- » 5 poses from one additional style of your choice
- » 5 poses from one other style of your choice
- » Online previews

SESSION FEE
\$79
Sales Tax IncludedPortrait prints are not included with the session fees listed.

YEARBOOK

Sample of our trends. Sample of our drapes.

PERSONALITY

Choice of 3/4 length or color key background to complement your clothing.

GENERATION

Pose with mom, dad, grandparents or siblings. Three people maximum including senior.

THEATRICAL

Close up or 3/4 length poses against a white background.

CAP & GOWN

Available in Black, White, Blue, Red, Burgundy, Brown, and Green.

GLAMOUR

Taken in fur or drapes for the ladies. You may opt with a necklace or earrings you provide.

YOUR OWN THING

An opportunity to be photographed with your sports uniform, musical instrument, or a prop you provide.Only the yearbook style is acceptable for yearbook publication.

MORE INFORMATION

WHAT'S INCLUDED IN OUR SENIOR PORTRAIT SESSIONS

	YEARBOOK CHOICE	GRAD	MOST POPULAR SUPER	CUSTOM
Price	\$28	\$45	\$62	\$79
Number of poses	6	16	21	26
Your own personal photographer	✓	✓	✓	✓
Image for your yearbook and submission to school	✓	✓	✓	✓
Cap & Gown included	✗	✓	✓	✓
Online previewing	✗	✓	✓	✓
Approximate studio time	5 - 10 min	10 - 20 min	20 - 30 min	30 - 40 min
Recommended number of outfits	1	1	2	3



Yearbook Choice Session 6 poses

COMPLIMENTARY TUXEDO/DRAPE INCLUDED

- » 4 yearbook poses
- » 2 photographer's choice poses
- » Online previews are not included

SESSION FEE
\$28
Sales Tax Included

SESSION FEE

The session fee covers taking your portraits, producing preview sheets, and mailing them to your home. It also covers making the reproduction photo to be printed in your school yearbook. All session fees are due at time of session.

YEARBOOK ONLY SESSION

You may have a yearbook only session for \$14.25 (sales tax included). Studio will choose your yearbook pose and no preview will be sent to you. You must call the studio to arrange this session.

[Book your appointment online at www.whites-studios.com](http://www.whites-studios.com)

Centro de encuentro juvenil Clare Matrix

CLARE | MATRIX
ClareMatrix.org

Youth Drop-in Center

Clare|Matrix is a substance use disorder prevention, rehabilitation, training and research center that incorporates it's worldwide recognized evidence-based Matrix Model to prevent addiction and support recovery. Spanish speaking services available.



OFFICE LOCATION

1002 Pico Boulevard
Santa Monica, CA
90405

For more information contact:

Peer Support Specialist
Morgan Want

MWant@clarematrix.org



(424)-519-0143

Outreach Specialist
Anthony Nguyen

ANguyen@clarematrix.org



(323)-523-3409

Services

- **Free Individual and group counseling:** in-person and/or virtually with a peer support specialist or substance use counselor.
- **Free Resource linkage:**
 - + Mental health services
 - + Physical health services
 - + Food
 - + Housing
 - + Work
 - + Education
 - + Clothes
 - + Financial aid
- **Free acces to prevention tools:**
 - + Overdose reversal nasal spray
 - + Fentanyl test strips
 - + Hygiene kits
 - + Condoms/Plan B
- **Free Substance use disorder prevention and education:** individual, group and in school/public assembly presentation formats.
- **Free Medication assisted treatment (MAT)** education and services. (16+)
- **Free AA/NA** Teen group resources.
- **Collaborations and membership with youth advocacy and advisory panels**

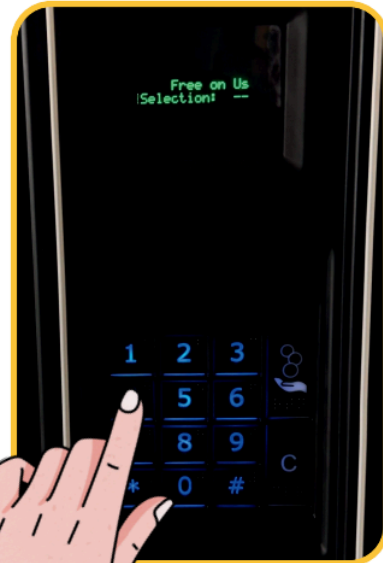
FREE Anonymous Prevention Vending

★ Overdose reversing naloxone nasal spray

★ Fentanyl testing strips

★ Hygiene kits

★ Condoms/Plan B



 **CLARE | MATRIX**
Saving Lives Through Recovery



**1002 Pico Blvd.
Santa Monica,
CA 90405**

Simply type in the item number and it will dispense below.

PRISM: Grupo de apoyo semanal para estudiantes LGBTQ+



Carrera navideña de Santa Mónica

 **Carrera navideña de Santa Mónica**
Santa Mónica, California
 Domingo, 13 de diciembre de 2026

¡Celebra las fiestas navideñas en uno de los eventos de running más festivos del sur de California! La Carrera Navideña de Santa Mónica reúne a corredores, caminantes, familias y miembros de la comunidad para disfrutar de un día lleno de diversión a lo largo de la hermosa costa de Santa Mónica. Los voluntarios desempeñan un papel fundamental para crear una experiencia segura, memorable y alegre para participantes de todas las edades.

Por favor, complete el formulario de Microsoft disponible aquí: [Registro de grupo](#)

Si tiene alguna pregunta, envíe un correo electrónico volunteer@venturesendurance.com y nuestro equipo estará encantado de ayudarle.

Fundación Marcha de las Mujeres



Passionate about social change? Curious about elections?

VOLUNTEER WITH US!

Whether you're into digital activism, community organizing, or voter engagement, our volunteer program has a spot for you!



SIGN UP: WWW.WOMENSMARCHFOUNDATION.ORG/VOLUNTEER

 (310) 200-0124 2456 Overland, Ave
info@womensmarchfoundation.org Los Angeles CA 90064

Clínica Familiar de Venecia

STUDENT HEALTH CENTER

Comprehensive health care right on campus
For SAMOHI and Olympic High School students



LICENSED PHYSICIAN

High quality care
you can trust.



CONFIDENTIAL SERVICES

Your privacy is
important to us.



SEE US TODAY

Same day
appointments
may be available.

COMPREHENSIVE HEALTHCARE SERVICES

PREVENTIVE & WELLNESS CARE

- Annual wellness exams
- Sports and school physicals
- Immunizations
- Health screenings
- Healthy lifestyle counseling

SICK VISITS & MINOR INJURIES

- Colds, flu, sore throat & ear infections
- Allergies
- Headaches & stomach aches
- Minor injuries & first aid
- Skin concerns such as acne & rashes

ONGOING HEALTH CONDITIONS

- Asthma
- Diabetes
- Weight management
- Nutrition concerns
- Eating disorders
- Medication management & prescription refills, when appropriate
- Menstrual health concerns

CONFIDENTIAL ADOLESCENT HEALTH

- Birth control counseling and services
- Pregnancy testing
- STI testing and treatment
- Sexual health education

** Parent consent is not required
for confidential services.*

NO COST / LOW COST

We bill insurance, collect
co-pays & self-pay fees,
as applicable.

NO HEALTH INSURANCE? NO PROBLEM!

Students may receive services
regardless of insurance status
or ability to pay.

VISIT US

AD-103C

Across from the nurse's office

THURSDAYS

8:30 a.m. - 11:45 a.m.

(310) 392-8636

Skip the scheduling prompt &
choose option 4

SCAN THE QR CODE

to complete the patient
consent form.

Parent or guardian
consent is required for
all medical services,
except confidential
services.



MEDICAL CARE

PROVIDED BY

Kimberly Grueneisen, MD
Licensed physician



Oportunidad de prácticas en campañas políticas para estudiantes de secundaria



BEN ALLEN
FOR INSURANCE COMMISSIONER

JOIN TEAM BEN!

CAMPAIGN INTERNSHIP

**VOTER OUTREACH
PHONEBANKING
& MORE!**



IN PERSON & VIRTUAL

- Gain statewide political experience
- Participate in statewide voter outreach before Election Day on Nov 3rd
- **Join us in person at our campaign headquarters in Venice (on Main Street!)**
- **Weekday evenings from 5-8 PM**

SIGN UP AT:

bit.ly/BenAllenVolunteers

EMAIL

ISABELLA@BENALLENCA.COM
WITH QUESTIONS

...

Jornada de descubrimiento de carreras en el ámbito de la salud femenina

UCLA DEPARTMENT OF OBSTETRICS & GYNECOLOGY PRESENTS

Women's Health Career Discovery Day

Curious about your career?

Apply now and explore your future in women's health!

Spend a day at UCLA interacting with medical professionals who are experts in their field. Learn about how they got to where they are today and see how you can join them in shaping the future of women's reproductive health.

Course Objectives

- Explore diverse career options and connect with physicians, nurses, midwives, researchers, and other healthcare professionals.
- Gain valuable insight on how to become successful in the medical field.
- Learn about why women's health matters.
- Participate in hands-on workshops and team challenges for a chance to win fun prizes!

What's included?

Light breakfast, lunch, and a networking reception will be offered to attendees.

How do I apply?

Learn more information and submit your application at the link below by

December 18, 2026.

www.tinyurl.com/UCLAWomensHealth 



When is it?

Saturday, April 3, 2027
8:00am-5:30pm, followed
by a networking reception

Where is it held?

UCLA Campus

Who should attend?

Students in Grades 10-12
*Ideal for those who are
interested in a career in
women's reproductive
healthcare.*

*Parents/guardians: please
note this is a drop-off event.
Space is limited to accepted
participants only.*

What is the cost of attendance?

Applicants who are selected to attend are required to pay a registration fee of \$200.

Have questions?

Reach out to
OBGYNMedEd@mednet.ucla.edu

UCLA Health

David Geffen
School of Medicine



Festival anual de las HBCU

La Iglesia Bautista de Alfred Street presenta su 24.º Festival Anual de Universidades y Colegios Históricamente Negros (HBCU, por sus siglas en inglés), un evento híbrido que se celebrará del 13 al

14 de noviembre de 2026. El festival está dedicado a conectar a los estudiantes de secundaria y sus familias con las HBCU y las oportunidades de becas.

Más de 70 universidades estarán representadas durante el evento de dos días. Muchas ofrecerán decisiones de admisión inmediatas, realizarán audiciones musicales, eximirán del pago de tasas de solicitud, ofrecerán becas, etc. Además, se llevarán a cabo seminarios y presentaciones de expositores para ayudar a los estudiantes a comprender el proceso de solicitud de admisión universitaria, buscar oportunidades de ayuda financiera y familiarizarse con la vida en el campus.

Desde 2003, esta feria universitaria única en su género ha conectado a más de 60.000 asistentes con instituciones académicas.

En el festival de otoño de 2025, ASBC recibió a más de 12 000 asistentes, se emitieron 1913 resoluciones de admisión en el lugar y se otorgaron más de 8,1 millones de dólares en becas y exenciones de matrícula a miles de estudiantes. Además, en 2025, Google se asoció con The Thurgood Marshall College Fund (TMCf) para establecer aproximadamente 200 000 dólares en becas. Los estudiantes de último año que asistieron tuvieron la oportunidad de solicitar estas becas, que se otorgaron en mayo de 2026.

<https://hbcufest.alfredstreet.org/e/24th-annual-alfred-street-baptist-church-hbcu-fest#Overview>

República de California del Sur



SOUTHERN CALIFORNIA
REGIONAL
OCCUPATIONAL
CENTER

Your Future. Reimagined.
2303 CRENSHAW BLVD.
TORRANCE, CA 90501
310.224.4280
INFO@SCROC.K12.CA.US

RSVP:
2303 CRENSHAW BLVD.
TORRANCE, CA 90501
310.224.4280
INFO@SCROC.K12.CA.US



Explore the ROC

**Tour**
Take a guided tour of SoCal ROC's campus and classrooms! Support student learning and receive hands-on services provided by skilled students.

**Discover**
Discover the 30+ courses and programs offered in the School of Art & Design, School of Engineering & Design, School of Health Sciences, and School of Public & Consumer Services!

**Connect**
Connect with SoCal ROC faculty, staff, and Student Ambassadors!



NOV. 12 :: 5:00 PM - 7:00 PM



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Explorar el ROC

**Hacer una Gira**
Realice una visita guiada de las clases de SoCal ROC. Apoye el aprendizaje de los estudiantes y reciba servicios prácticos brindados por estudiantes capacitados.

**Descubrir**
Descubra los más de 30 cursos y programas que se ofrecen en la Escuela de Arte y Diseño, la Escuela de Ingeniería y Diseño, la Escuela de Ciencias de la Salud y la Escuela de Servicios Públicos y al Consumidor.

**Conectar**
Conéctese con los profesores, el personal y los estudiantes embajadores de SoCal ROC.



12 DE NOV. :: 5:00 - 7:00 PM



SOUTHERN CALIFORNIA
REGIONAL
OCCUPATIONAL
CENTER

Tu Futuro. Reimaginado.
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INFO@SCROC.K12.CA.US

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Concurso de vídeos de servicio público sobre la violencia en las relaciones de pareja adolescentes



Lights. Camera. Take Action.

Teen Dating Violence PSA Video Contest

- **STEP 1: WHO CAN ENTER?**
 - Los Angeles County middle & high school students (grades 6–12, ages 13–18)
 - Individuals or in a team up to 3
- **STEP 2: READ THE RULES**
 - Scan the **QR Code** for rules & regulations
- **STEP 3: COMPLETE ENTRY FORM**
 - Scan the **QR Code** to fill out and **SIGN** Official Entry Form
- **STEP 4: UPLOAD VIDEO**
 - Upload your video entry on YouTube or Vimeo (unlisted) and email your completed entry form and the link to: **LADA-PSAcontest@da.lacounty.gov**
- **STEP 5: YOU'RE DONE!**
 - Best of luck!



SCAN QR CODE HERE



ENTRY DEADLINE:
DECEMBER 31, 2026



WIN & GET RECOGNIZED

1st, 2nd & 3rd place winners receive a trophy and will be featured on the Los Angeles County District Attorney's Office social media channels.

Special recognition ceremony with the District Attorney — stay tuned!

USE YOUR CREATIVITY. USE YOUR VOICE. MAKE AN IMPACT.

Ignite Positive Change in Relationships – Small Sparks Create Big Shifts

Taller de sostenibilidad para estudiantes



SustainableWorks
Environmental Education and Action



STUDENT SUSTAINABILITY WORKSHOP

Reduce Your Environmental Impact & Potentially Earn Extra Credit!

Fall 2026

6-Week Program | 90 min per week | Limited Space



SCAN HERE



**Held weekly on Thursdays at Santa Monica High School
3:00 PM - 4:30 PM (Discovery Building 309)**

Schedule

Meeting Topic	Date
 Mtg 1. Water	Oct. 29
 Mtg 2. Energy	Nov. 05
 Mtg 3. Chemicals	Nov. 12
 Mtg 4. Food	Nov. 19
No Workshops	Nov. 26
 Mtg 5. Waste	Dec. 03
 Mtg 6. Shopping	Dec. 10

Program Benefits:

- Boost your college resume
- Learn practical solutions
- Earn a certificate of completion
- Conserve resources & make a difference

Program Requirements:

- Attend all 6 meetings
- Weekly Action Items
- Complete 2 sustainability surveys

There is an optional opportunity to complete 3 hours of community service

Workshops funded by Santa Monica College

The workshop is FREE. there is no cost to attend

Having trouble signing up or have questions? Please email
SGP@sustainableworks.org