November GDS Menu

	MON	TUES	WED	THU	FRI
WEEK OF 11/2	Original or Spicy Chicken Patty Sandwich on a WG Bun Seasoned Corn Fresh Celery Sticks Strawberries	Orange Chicken over Steamed Golden Rice Steamed Broccoli Edamame Pineapple Tidbits Fortune Cookie	Big Daddy's Pizza Caesar Romaine Salad Fresh Baby Carrots Diced Peaches	NEW WG Rotini w/ Homemade Beef Meat Sauce **Zucchini Parmesan** Fresh Grape Tomatoes Mandarin Oranges	Homemade Grilled Cheese w/Tomato Soup Warm Butter Carrots Fresh Cucumber Slices 100% Fruit Juice Slushie
WEEK OF 11/9	No School	Mini Corn Dogs Baked Tater Tots Honey Glazed Carrots Fresh Celery Sticks 100% Fruit Juice Cup	Tony's Deep Dish Pizza Seasoned Peas Ranch Romaine Salad Fresh Orange Wedges	**WI Local Food Day** WG French Toast Sticks w/Local Pork Sausage Links Roasted Sweet Potatoes 100% Veggie & Fruit Juice Blend Fresh Local Apple Slices Homemade Cranberry Sauce (local cranberries)	Build-A-Burger Bar on a WG Bun Baked Beans Fresh Red Pepper Strips Diced Pears
WEEK OF 11/16	Baked Chicken Nuggets w/WG SunChips Seasoned Mixed Veggies Fresh Celery Sticks Warm Cinnamon Apples	NEW Homemade Butter Chicken over Steamed Brown Rice Steamed Broccoli Fresh Baby Carrots Blueberries	Cheese Pizza Dippers w/Pizza Sauce Garlickly Green Beans Fresh Grape Tomatoes Applesauce Cup	BYO Nacho Bar w/Homemade Beef Taco Filling & Top n Go Chips Cheesy Refried Beans Fresh Red Pepper Strips Homemade Pineapple Salsa Craisins	Popcorn Chicken Bowl over Mashed Potatoes WG Dinner Roll w/Butter Seasoned Corn Fresh Cucumber Slices Fresh Orange Wedges
WEEK OF 11/23	Baked Chicken Tenders w/WG Dinner Roll Seasoned Corn Fresh Baby Carrots 100% Fruit Juice Cup	Fluffy WG Pancakes w/Local Pork Sausage Links Baked Hash Brown Patty Fresh Celery Sticks Dragon Veggie Juice Strawberries	No School	No School	No School
COLD LINE OPTIONS	Silver Eagle Sub Combo Chicken Caesar Salad PB&J Combo Parfait Combo	Chicken Caesar Wrap Combo Chef Salad PB&J Combo Parfait Combo	Banh Mi Fusion Sub Combo Popcorn Chicken Salad PB&J Combo Parfait Combo	NEW Mediterranean Veggie Wrap Chef Salad PB&J Combo Parfait Combo	Chicken Bacon Ranch Wrap Chicken Caesar Salad PB&J Combo Parfait Combo

Menu items are subject to change based on availability. This institution is an equal opportunity provider.

Thanks for eating with us!
Monona Grove School Nutrition

Cranberries are the state fruit of Wisconsin!



Celebrate Wisconsin Local Food Day on Thursday, November 12th

Join us for lunch on Thursday, November 12th to have homemade cranberry sauce, using locally grown cranberries!

This is just one farm to school event that our nutrition program participates in each school year.

Did You Know?

About 60% of all cranberries grown in the United States come from Wisconsin!

Cranberries are the top fruit crop grown and sold in Wisconsin.

Cranberries are an indigenous food.

Cranberry Fun Fact:

Cranberries do not grow under water! Instead they grow on vines in a bog.

Farmers will flood the bog with more water when the cranberries are ready to be harvested because..

Raw cranberries have air pockets inside them that let them float on water!

CRANBERRY

Hoocąke / Piakemenan / Mashkiigimin / O'nunátsyal / Bokmenen
Ho-Chunk / Menominee / Ojibwe / Oneida / Potawatomi