November Elementary Breakfast Menu

	MON	TUES	WED	THU	FRI
WEEK OF 11/2	WG BeneFIT Bar String Cheese Apple Crisps 100% Fruit Juice Milk	WG Mini Cinnis String Cheese Raisins 100% Fruit Juice Milk	WG UBR String Cheese Unsweetened Applesauce Cup 100% Fruit Juice Milk	WG Cheez-Its Yogurt Cup Fresh Local Apple Slices 100% Fruit Juice Milk	WG Mini Bagels String Cheese Craisins 100% Fruit Juice Milk
WEEK OF 11/9	No School	WG Cheddar Goldfish String Cheese Unsweetened Applesauce Cup 100% Fruit Juice Milk	WG Breakfast Bread Slice Varieties String Cheese Craisins 100% Fruit Juice Milk	WG Muffin Yogurt Cup Fresh Local Apple Slices 100% Fruit Juice Milk	WG Cereal Bar String Cheese Apple Crisps 100% Fruit Juice Milk
WEEK OF 11/16	WG BeneFIT Bar String Cheese Apple Crisps 100% Fruit Juice Milk	WG Mini Cinnis String Cheese Raisins 100% Fruit Juice Milk	WG UBR String Cheese Unsweetened Applesauce Cup 100% Fruit Juice Milk	WG Cheez-Its Yogurt Cup Fresh Local Apple Slices 100% Fruit Juice Milk	WG Mini Bagels String Cheese Craisins 100% Fruit Juice Milk
WEEK OF 11/23	WG Cheddar Goldfish String Cheese Unsweetened Applesauce Cup 100% Fruit Juice Milk	WG Cereal Bar String Cheese Raisins 100% Fruit Juice Milk	No School	No School	No School

Key: WG = Whole Grain; Tractor = Local Product

Menu items are subject to change based on availability. This institution is an equal opportunity provider.

Thanks for eating with us!
Monona Grove School Nutrition

Cranberries are the state fruit of Wisconsin!



Celebrate Wisconsin Local Food Day on Thursday, November 12th

Join us for lunch on Thursday, November 12th to have homemade cranberry sauce, using locally grown cranberries!

This is just one farm to school event that our nutrition program participates in each school year.

Did You Know?

About 60% of all cranberries grown in the United States come from Wisconsin!

Cranberries are the top fruit crop grown and sold in Wisconsin.

Cranberries are an indigenous food.

Cranberry Fun Fact:

Cranberries do not grow under water! Instead they grow on vines in a bog.

Farmers will flood the bog with more water when the cranberries are ready to be harvested because..

Raw cranberries have air pockets inside them that let them float on water!

CRANBERRY

Hoocąke / Piakemenan / Mashkiigimin / O'nunátsyal / Bokmenen
Ho-Chunk / Menominee / Ojibwe / Oneida / Potawatomi